



At Epping Secondary College our relationships and behaviours are guided by the values **RESPECT, COMMITMENT, HONESTY, FAIRNESS AND PERSEVERANCE**

Issue 5

August 2015

Important Dates

Mission for Space



YEAR 9 COMMUNITY MUSIC
LIVE PERFORMANCE



Epping Secondary College students, including Emily, Tayla, Taylor, Aron and Deanna, are on a soulful journey to buy a portable classroom that can be used by anyone with a passion for music.

AUGUST

Monday 3—Friday 7
Writer's Festival

Monday 10-Friday 14
Year 8 Camp

Thursday 13
CURRICULUM DAY
STUDENTS NOT REQUIRED AT SCHOOL

Thursday 20
Market Day

Thursday 27
Market Day
All Year 7s Immunisations

SEPTEMBER

Tuesday 9
Night At the Museum

Tuesday 15
STUDENT FREE DAY
Parent/Teacher Interviews
11am - 8pm

Friday 18
Year 10 Formal
LAST DAY of TERM
1:00pm Dismissal

PAYMENT WINDOW TIME CHANGES

Recess 11.24 – 11.48am
Lunchtime 1.00 - 1.54pm
NO COLLECTION OF MONEY BEFORE SCHOOL

August 2015

Principal's Report



I dedicate my entire report this month to recognising and praising our amazing students, for focusing their many skills and powers towards making a difference and actively contributing to their school and beyond to others across the globe. I am particularly impressed with the many efforts that are being made by different groups of students across the school in supporting good causes and doing good deeds that benefit others. These are the very qualities that we have been consciously promoting in our students through not only the leadership program but also the Positive Psychology focus and our school values and ethos.

You will see at the front of this newsletter the article from the front page of the local Whittlesea Leader newspaper featuring Epping Secondary College students. These students are members of the year 9 Community Elective, the Community Music class. The class was on a mission last term to raise money for a "music" portable. As the music program has grown over the years, the school is in need of more music spaces to cater for the extra classes, so the students took it upon themselves to be proactive and do something about the situation. They decided to organise a music concert as part of the fund-raising efforts and were successful in getting this full front page article in the local paper, which is an amazing achievement. This has promoted both their cause and of course the school and our music program in the wider community. A surprise on the night was the auctioning of staff performances, which was a great idea and did raise extra funds. Mr Talarico (Music Coordinator) played a lively piece on his famous piano accordion which had the audience moving and grooving while Mr Dyer (Assistant Principal) and Ms Letts (Performing Arts Coordinator) sung a duet swooning the romantics among us.

What is most impressive is that the Whittlesea Leader article actually prompted members of the local council to contact the Department of Education, so we now have a music portable being installed for 2016.

This term the SRC has launched a major fundraising strategy to support the 40 Hour Famine Cause. It has a very ambitious goal and the students are determined to do everything possible to achieve this. A major strategy and one never before attempted was to address the staff at a staff meeting and then proceed to auction members of the SRC to the staff as helpers and assistants. This was the most animated and energised staff meeting that I have ever attended as the very talented auctioneer and commentator Daniel Pietrobuono (School Captain) both motivated and entertained the staff raising over \$1,000. Again another example of what our students are capable of.

Another group of students are committed to raising awareness of gender difference and tolerance for same sex attracted individuals, (LGBTQA). They addressed school assemblies and staff meetings to both inform and present a compelling case for tolerance and understanding in our community. In addition to this they have conducted a number of fund raising activities.

We should be extremely proud of our students. Where most young people can be very self-centred caring only about themselves and focusing on their own needs and entitlements, many of our students are choosing to direct their energies to caring for others. I congratulate them on their leadership, their compassion, their sense of citizenship and community.

Helene Alamidis
PRINCIPAL



Students were given the once in a lifetime opportunity to see the complex interior of one of the state's lifesaving emergency helicopter ambulances.

Gratitude Corner

Who is someone at ESC you admire and why?

Focus on Admiration:

"I admire Ms Alamidis for having the responsibility to take care of the whole school and to speak in front of 800 students at the assembly to make sure that the school and students are doing their best."

"I admire Gaurav Thakkar in 8G, because he is so hard working and really persistent. I believe these qualities will give him a bright future."



"I admire Carlos Mraovic in 8G for being caring and friendly when I first moved to this school and that he always sticks by my side no matter what happens. He is a true friend and shows a lot of caring and friendship."

"I admire Costas Lambrou of 8H, because he is always cheerful and makes everyone laugh."



YEAR 10

CAREER AWARENESS WEEK

On Monday 20th – Friday 24th July all Year 10 Students took part in a week long program of activities and sessions designed specifically to stimulate their thinking about work and their future careers and aspirations.

As part of their Industry and Enterprise studies, students have been learning about the world of work, different industry sectors as well as important workplace issues such as Occupational Health and Safety.

During **CAREER AWARENESS WEEK** students were exposed to a number of different sessions including listening to guest speakers from real industry and business, visiting tertiary institutions, La Trobe University in Bundoora and Kangan TAFE in Broadmeadows, Q&A sessions with past Epping Secondary College students as well as working in small teams to create their own board games based on the iconic 1960's game, "The Game of Life".

Parents were invited to attend an information evening which was held at the Plenty Ranges Arts and Convention Centre in South Morang. Thank you to Mr Malcom, Mr Mulholland, Ms Greenhill and Ms Mitrevski who presented on the night. Students, parents and guardians left with a comprehensive understanding of the different senior options including VCE, VETis & VCAL.

Monday 20th July – Friday 24th July





CAREER AWARENESS WEEK promotes the importance of careers information, advice and guidance in helping Year 10s at Epping Secondary College make decisions about careers, courses and training.

The program would not have been successful without the support of guest speakers and helpful teaching staff here at the college.

A big thank you to the Year 10 students who approached each day with an open mind and positive attitude.

A special thank you to the parents and guardians who made the effort to attend the Parent Information Evening and the subject selection day/night the following Wednesday.

Students were presented with a lot of information, they listened intently to guest speakers and took notes which assisted them in making informed choices. As a result students came prepared to their subject selection interviews and it was evident that they were more confident when taking charge of their career path and selecting their subjects for 2016. ***Congratulations and thank you to all who participated.***

Ms Basinski & Mr Malcolm
Careers Education Coordinators



August 2015

Uni Bridges



LA TROBE
UNIVERSITY

Uni-Bridges is an association with La Trobe University for students who have expressed an interest in pursuing Science and/or Engineering at university. The program includes a strong outreach program organised by La Trobe to support and motivate students toward tertiary study in these fields.

Pictured below: Y10 students doing a microbiological study on pathogenic bacteria.

Pictured below: Y12 students working on the synthesis and analysis of aspirin.



August 2015

Quantum Y11 Chemistry



“The Art of Nanotechnology”



On 15th and 22nd August, the Year 11 Chemistry students had the privilege of attending Quantum Victoria – Centre of Excellence & Innovation in Science & Mathematics. The aim of this excursion was for students to have a hands on learning experience relating to the fields and applications of Nanotechnology.

Whilst at Quantum students synthesised gold nano-particles and learnt that due to the size of the particles they react with light differently and the gold appeared red, instead of the yellow we all know and love.

Students participated in an exciting eLearning activity using the incredibly engaging Amazing Race format to review and consolidate their knowledge of nanotechnology and also participated in an inquiry based learning activity to authenticate artwork using a series of qualitative and quantitative tests.

This was a fantastic experience for students, allowing them to develop a better understanding of the fields and applications of nanotechnology and how important it is to industry and particularly to medicine.

Comments from students included:

“Today’s excursion was refreshingly fun and interesting. It was fun because our curiosities were stimulated and everyone actually enjoyed learning”. – **Afreen**

“I thought today was really good. Learnt a lot more than expected, the experiments were fun which made everyone more interested in learning”. – **Jake**

“I just wanted to say thank you so much for the excursion, it was a great experience and well organized. I had a really good time, everyone was cooperating well with each other and I would like to send very big appreciation to Quantum Victoria”. – **Hussein**

I was very pleased with all the students who attended, as they made Epping Secondary College proud.

Ms. Anderson



August 2015

Elevate Program

On Monday 13th July, Year 10 students participated in a student elevation workshop run by Elevate Education. This workshop was designed to facilitate a smooth transition that students are currently undergoing, called PRE VCE. This important phase of their education marks the transition period where students learn the important elements of VCE life.

Elevate Education is a company that has developed a different approach to study skills. This approach has been based off research from top performing students in VCE. This approach actually makes study skills work and gets the best out of students. At the college we are fortunate to run a number of Elevate sessions across Years 10 – 12 so the skills taught will make a tangible difference to students results.

During the 'Student Elevation' workshop, students were educated on a number of key components that impact on student success including:

- Average verse peak performing student study techniques,
- The potential impacts of positive beliefs,
- The importance of formulating S.M.A.R.T goals
-

This was an extremely positive experience for all Year 10 students which was affirmed by great student feedback including;

"This has inspired me to work harder at achieving better results"

"This has motivated me to find out what career pathway I want to follow post VCE"

"This was a great presentation that was funny and engaging"



We wish all Year 10 students the best of luck with this exciting phase of their education.

Senior Years Team

August 2015

VCE Biology - G-Tac



DNA manipulation tool and techniques – At GTAC

Bacteria transformed to produce Green Fluorescent Protein

Students from year 12 Biology went to GTAC, Gene Technology Access Centre in the city. They worked with restriction enzymes and gel electrophoresis to determine if the gene for Green Fluorescent Protein (GFP) has been successfully inserted into the plasmid of bacteria. It was a real hands-on, fun learning experience which also prepared students well for a SAC.

Mr Vogdanis/Mr Rifo

August 2015

Writers Festival



George Ivanoff

Over the course of one week, our year 7 and 8 students participated in the school's Writers' Festival. Students had the opportunity to hear from a diverse range of writers including: Paul Collins, Archie Fusillo, Andrew McDonald, George Ivanoff, Sandro Olivo and Bec Kavanagh. In the mornings, students listened to writers speak to their whole year level; in the afternoons they were able to participate in smaller workshops and learn about creative writing techniques and tips.

Orania Theoharidis
English KLA Coordinator



Bec Kavanagh



Archie Fusillo



Andrew McDonald



Helen Krionas





This year once again students from Epping Secondary College actively participated in the School of Rock Regional Concert on Thursday June 25th, held at The Manor on High in Epping. Many students from the North Western region showcased the enormous talent we have across the region and students from our college have once again made the school proud.

Students across year 7-10, including our VCE Year 11 Music Performance class, performed wonderfully and were able to engage and entertain an audience of over 500 people.

I would like to thank all the students who performed. They are a credit to both Ms Letts and Mr Talarico who helped prepare the students for this event.

MUSICAL FUTURES ENGAGING STUDENTS TO NEW HEIGHTS

Away from school engaging with music is a common place, day-to-day activity for most young people. Musical Futures takes a student's personal connection with music outside of school and brings it into the classroom. It turns, what is for many students the least engaging of their school subjects, into an enjoyable learning and creative environment. Musical Futures approach to teaching and learning reshapes the way that both students and teachers engage with music in school. Musical Futures

- is 100% practical providing more opportunities to play (or sing), more often
- Engages both students and teachers through new and imaginative musical activities and the use of music technologies.
- Involves whole classes of students engaged in music making that includes performing, recording and composing
- Brings students passion for music into the classroom, driving their own learning and sharing their experiences and skills with others
- Incorporates the learning of technique, notation and other forms of written instruction as part of the process practical music making
- Creates authentic musical experiences for students as they make music in groups with friends
- Non-formal teaching and informal learning approaches allow teachers to develop new roles as mentors, coaches and guides. Teachers become another musician in the classroom
- Supports schools existing teachers, increasing their skills and confidence and enabling them to deliver high quality music learning.

This model of Music Learning initiated at Epping Secondary College has created an incredibly invigorating musical experience for all our students and since its evolution students are now experiencing exciting and invigorating musical experiences in the classroom.

EPPING YOU ROCK!



YEAR 10

TASMANIA CAMP

Monday 22nd June - Friday 26th June

On Monday 22nd June, fifty Year 10 students and five teachers departed for a five day adventure south to the island of Tasmania.

DAY ONE

We travelled to Port Melbourne by coach where we boarded the **Spirit of Tasmania** for an overnight sea crossing. We were all feeling very excited as we stood on the top deck and watched the Melbourne skyline slowly fade away.

DAY TWO

It was an early morning start as we were woken by the ship's wake up announcement at 5:45am! Disembarkation occurred at 6:30am. To our surprise **Devonport** was beautiful and sunny and much warmer than Melbourne! After breakfast we made our way down to **Launceston** for a city sights tour. It was time to stretch our legs and **Cataract Gorge** was the perfect location. After many photos and a short hike around the gorge it was time to hop back on the coach as we drove down to **Hobart**, stopping at the town of **Ross** for lunch.

DAY THREE

It was time to buy some souvenirs to bring home as we took great pleasure wandering through the Chocolate Shop at the **Cadburys Chocolate Factory**, a definite highlight of the camp. We then headed to **Port Arthur**. Both teachers and students were in awe as we walked the grounds and heard stories about early convict settlement. After dinner, we all put on a brave face going on a 90 minute **ghost tour**. Walking through the 1844 penitentiary, the hospital and the prison was an unnerving yet fascinating experience.

DAY FOUR

We marvelled at the stunning Tasmanian coastline as we visited **Devils Kitchen**, **Tasman's Arch** and the **Blowhole**. We then headed back to Hobart where we strolled around **Constitution Dock**, **Battery Point** and **Salamanca Place**. Before we knew it, it was time to return to the **Spirit of Tasmania** for our journey across Bass Strait.





Year 10 Tasmania Camp was an incredible experience, the fifty students that attended were absolutely phenomenal.

Many new memories were made, friendships were formed and a ton of photos were taken.

Our week spent away from the mainland seemed to fly by, learning outside of the traditional classroom was an experience shared by all who attended.

Ms Basinski & Mr Hayman

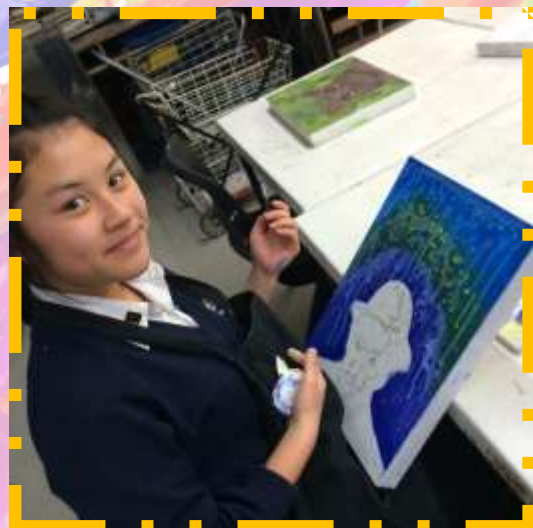
YR 10 CO ORDINATORS

***A BIG THANK YOU to Ms Kanidiadis, Mr Hastie & Mr Rogneda
who accompanied us on this amazing adventure***



August 2015

LIFE DRAWINGS



Year 9 Community Arts students have been busy fundraising for the Assylum Seeker Resource Centre. Teachers have pledged \$10.00 each to have a canvas painted by a student. This money will then be donated to the ASRC. Teachers have commissioned students to paint an image that the teachers have chosen. The images range from welcoming refugees to other personally relevant images. The students have taken to this task with enthusiasm and are doing a fine job creating some interesting artworks. They are particularly mindful of the quality of the works as they know they will be purchased by the teachers or donated to the school. I am very proud of their efforts so far and can't wait to see the finished products. Well done Community Arts students!

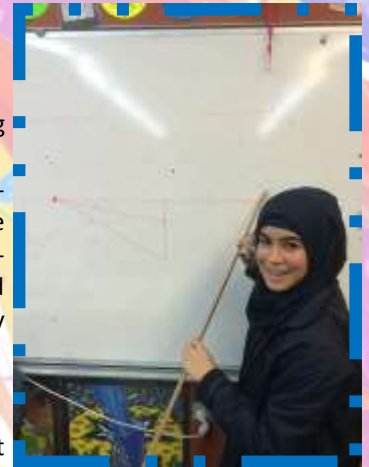
August 2015

Y9's TEACHING Y7's ART



THE YEAR 7 PERSPECTIVE

Hi, we are Natalie and Daisy from 7F.
On the 21st and 22nd May, the class 7F was taught by 3 year 9's during an art class. Their names were Helen, Zahraa and Pam.
We were taught about vanishing points, horizon lines and 3 dimensional shapes. They were able to teach us by using a new perspective on drawing. We learnt how to draw by using 1 and 2 different vanishing points. All students were able to connect to them in a new and interesting way. We found them excellent as teachers and very friendly and approachable students.



THE YEAR 9 PERSPECTIVE

On Thursday 21st and Friday 22nd, Helen, Pam and I (Zahraa) taught a year 7 art class. We taught them about 1 and 2 point perspective.

The students seemed very interested. They asked questions and were very keen to learn something new.

We planned the lessons two weeks before the class. We wrote a time schedule and presented the students with two separate handouts which we designed ourselves. The handouts displayed the steps of 1 and 2 point perspective.

This teaching lesson was a way to improve our leaderships skills and tested our ability to work as a team. It was a great experience.

8E ART MURAL

8E have been working on a mystery mural for the last month. Each student was given a fragment of a painting which, when assembled, became one of Gustav Klimt's famous artworks. The students did not know which artwork they were creating until the final day when all the pieces were assembled together to create a large finished piece that included 45 canvas tiles.

The artwork was Klimt's, 'Hygieia' which was part of a larger mural around themes of life and death called, 'Medicine'. It was created for the University of Vienna's Great Hall between 1900-1907. 'Hygieia' stood with the Aesculapian snake around her arm and the cup of Lethe in her hand. The snake was symbolic from ancient Greek times and has come to be used widely as a symbol for the medical profession.



Medicine eventually came into the possession of a Jewish family, and in 1938 the painting was seized by Germany. In 1943, after a final exhibition, they were moved to Schloss Immendorf, a castle in Lower Austria, for protection. In May 1945 the painting was destroyed as retreating German SS forces set fire to the castle to prevent it falling into enemy hands. All that remains now are preparatory sketches and a few photographs. Only one photograph remains of the complete painting of Medicine, taken just before it was destroyed. Nova Cinema has just released a new film about one of Klimt's works, "Adele Bloch-Bauer". The film is called, "Woman in Gold".



8E have worked beautifully on this project and the outcome is stunning. Well done to each and every student for your excellent commitment to a great project.

"Art is a line around your thoughts."

- Gustav Klimt

Kerry Kaskamanidis
Art teacher





Multicultural Day



On 26th June, the term 2 end of term assembly celebrated our multiculturalism at the college. Students were encouraged to wear something on this day which celebrated all the different heritage and cultural backgrounds at our wonderful school. Students were asked to bring a gold coin donation and we raised \$650 this term which will go towards the organisation State School Relief (SSR). This service helps disadvantaged families and students across Victoria and in our school with purchasing school text books, school equipment and school uniforms. The other half of the money was donated to the 40 Hour Famine and will assist students goal of raising \$40, 000 this year to help eradicate world hunger.



The day focused on the Multicultural diversity at the college and the broader Australian community, which attracts people from all over the world to work and live down under. The annual Multicultural Day aims to embrace the message that 'everyone belongs' and celebrate the cultures that make Australia and our college so diverse. The values of inclusiveness, respect and belonging are fundamental to the development of Epping and Australia's successful multicultural framework. These values are at the core of what Multicultural Day is about. This is a fantastic time to reflect on and celebrate the rich patchwork of cultures which make Australia such a fantastic place to live. The stories which make up the broader Australian narrative are varied and unique and the Multicultural Day aims to bring to light the amazing diversity amongst Australia's citizens. The multicultural diversity in Australia is the envy of many governments around the world today and something we should all be proud of. The assembly consisted of students performing traditional songs and poetry which reflected their cultural heritage. We also had Elgaili Man-



gati a youth guest speaker from the Centre for Multicultural Youth, talk to students about his experiences and challenges as a refugee from Sudan and his transition into fitting into life in Melbourne. Elgaili has been involved in the Spectrum Migrant Resource Centre which organises soccer tournaments for young people of migrant and refugee backgrounds. Elgaili thrilled students by finishing his speech with a rap he wrote and performed live at the assembly. Many students could relate to the fear, trepidation and loneliness of fitting into and adjusting to life in Australia. Belvinder Singh and Chantelle Gegachias spoke to students about the 40 Hour Famine and the world hunger epidemic. They also informed students of the United Nations Summit they attended earlier in the term which had a focus on the LGBTIQ* community and how we can be more inclusive as a school community to all. Overall, it was a great assembly which celebrated our school community.

Sarah Dempster





Macedonian Poetry Competition



Year 7

1st Natalie Carroll

William Blacklaw
Mario Mitrovski
Robert Mitrovski

Year 8

2nd Martin Sapkaroski

Kai Cooper
Grace Lozanovski
Anthony Miloseski
Kristian Mitrovski
Vesna Paskoska
Lachlan Stavrevski

Year 10

Andrijana Grncarevska
Bianca Kazanovska
Chelsea Pavlovski
Angela Todorovska

The Macedonian poetry competition is an annual event our school took part in last term which is one of the exciting events of the year. We all memorised a beautiful Macedonian poem and recited it to the judges. We spent the day taking part in fun activities with students from other schools. At the end three winners were announced. It was a great and memorable experience that challenged and encouraged us to appreciate our ability to learn and to perform a poem in another language.

Bianca Kazanovska Year 10

Dante Alighieri Poetry Competition

Emily Findlay-Parsons

Hannah Fitzgerald
Toni Gebert
Ashlee Haby
Jasmeen Kaur
Chelsey Lillis
Zahraa Majedy
Tayana Masnic
Emily Multari
Sophia Petroustos
Tayla Westgarth
Aron Raward
Stephanie Di Teodoro
Bella Trovatello

Finalista

Merito
Partecipazione
Merito
Merito
Lode
Lode
Lode
Merito
Lode
Lode
Lode
Pregio
Lode



August 2015

SRC Report

Hi everyone! Here is a quick rundown of SRC events that have occurred this term.

In term 1, our facilities team undertook an audit of each classroom as one of our goals was to ensure that there was a working clock in every room, to deter students checking their phones. After meeting with Ms Alamidis and presenting the results and our recommendations, we are happy to say that every classroom at ESC now has a working clock!

After our Year 11 representative Molly Lynch contacted Whittlesea Council, the council and VISY provided a training session for the SRC and the VCAL Environment elective class. We have been working together to roll out the six 240L recycle bins we have been given by the council. The bins have now been placed in six key areas and are located right next to the normal waste bin but can be identified by their yellow lid. There are also posters on these bins as well as in each unit with clear instructions as to what can and can't be thrown into them. At the end of the year, we will evaluate the success of these bins and will be able to apply to the council for more bins for the school yard.

We would like to propose that recycling bins be placed in every classroom - at the very least, a paper recycling bin in each classroom. There is currently a huge amount of waste paper that gets thrown into the landfill bins and it needs a solution. One solution could be the small Ecobins that are used in a many schools, workplaces and public spaces with great success. Obviously, we are still looking at the logistics of implementing this idea as well as looking at how we would fund it but we think they are a necessary next step for improving our school environment and engaging our students in this important issue.

Our main fundraising efforts this year have been the Out of Uniform days at the end of each term. During Term 2, we decided to trial a new way of collecting this money to make it more consistent and fairer for all students. Money was collected in HG for the week leading up to the assembly which gave homegroup teachers time to follow up with their students. This meant that we raised nearly twice the amount of money in Term 2 with \$647 being collected. Obviously, this isn't 100% but is a huge improvement and we are looking at ways to further improve this process.

Term 3 will be a big term for us in terms of fundraising as the student leaders have set a very impressive school goal for 40 Hour Famine Fundraising: \$40 000. We are hoping 800 students and staff will raise \$50 each to reach this goal. The student leaders auctioned themselves off as personal assistants for staff during the Week 3 staff meeting and raised over \$1500! Clearly, the staff need all the help they can get!

Over the Term 2 holidays, Ayesha and Tabitha attended the SRC Congress at Ormond College at the University of Melbourne. This Congress is the culmination of the Regional Conferences held around the state. Run by students for students and attended by the Minister for Education and Minister for Youth Affairs, VicSRC Congress brings students together from all across the state to debate, decide and act on the issues that really matter to Victorian students. Ayesha and Tabitha have come back to Term 3 energised and ready to implement a whole range of new ideas such as our new Action Plan template. We are hoping that this template will help us be more accountable and take the steps for making change clearer.

Don't forget to come and see us if you have any issues that you want the SRC to look into and keep raising money for the 40 Hour Famine!

The SRC Newsletter Team

August 2015

SRC State Congress



We were given the opportunity to attend a 3 day Congress Camp at Ormond College in Melbourne University. We had an amazing time meeting inspiring people from 58 other schools around the state! There were many workshops to develop our leadership skills and really understand the amount of power we have as young advocates of change. We learnt about public speaking, teamwork and collaboration, how to present a compelling argument and using social media as a campaign to just to name a few. On the first day we were divided into issues groups of Bullying, School Funding, Facilities, School Culture, Student Well-being and Welfare, School Clusters, School Leadership and Governance, Teacher-Student Relationships, Environmental Issues and Curriculum.

One of the first workshops we were a part of, was a session with the Minister for Education, who was also acting premier at the time. He spoke to us about the value of student voice within today's society, and we were given the chance to ask him various questions. In our issues groups, we had to come up with a belief statement, which was a resolution our group brought to the Congress parliamentary- style debate. Each group had to prepare a 3 minute compelling presentation of our belief statements. After we presented our belief statements, the proposals were voted on by other students. If our idea was passed, they would be worked on by the VicSRC in the coming year.

At the end of action packed Day 1 we had a wonderful Harry Potter themed gala dinner, as all of Ormond College had a very Harry Potter look to it. The energy was definitely pumping through each and every one of us all through the party as we dressed up in our Harry Potter costumes and ate, laughed and danced courtesy of an inspirational rap duo called Flybz. People really went all out with some magnificent costumes and the night itself was truly magical!

While we had a lot of fun during Congress we were also part of many serious activities where we learnt many skills to take back to the school SRC. Congress camp was an amazing experience and we hope to engage more students to become involved next year.

Ayesha and Tabitha

Recycling Program

We are from the VCAL environmental elective and we have been enforcing recycling in our school. We believe that having these bins will not only separate the recyclable items from the non-recyclable items but also teach the students about proper recycling. We have made signs as a part of this program to promote student and teachers using the recycle bins. These bins are a great way to help the environment. We believe that having recycle bins in the school will help students do what is right for the environment at school and at home.

Jessica Bryant 12w
David Long 12w
Maryanne chetcuti 12w
Daniel Ioannidis 11v
Jaspreet singh 11w



Student Auction-40 Hour Famine:

In a bid to raise \$40,000 for the 40 Hour Famine this year, students decided that it would be a great idea to auction themselves off to staff as a 'Personal Assistant' for a day. Our College Captain Daniel Pietrobuono was the official and very formal auctioneer and with his skilful auctioning skills, managed to auction off all the students with the highest bid being a huge \$125. We congratulate and thank all the students involved for giving up their free time to make teachers coffee, fetch their lunch, photocopy their work and even in some cases wash cars!!!! The students included Belvinder, Deeksha, Courtney Holmes, Chantelle, Chris Enoka, Molly and Toni Lynch, Caleb Catania, Tabitha, Mackenzie, Bailey, Teesha, Chloe and Jacinta.

We raised a MASSIVE \$1, 555 from staff and the students and I were blown away by the generosity staff showed. I think some staff will agree it was the most entertaining and fun staff meeting we have had for a long time!

With the huge pledge students have made this year we encourage all of our school and greater community to get involved and make a donation to help our students fight world hunger.

You can go to this direct link, which is the Epping Secondary College team and give money to any student/s you wish: <https://40hf2015.everydayhero.com/au/epping-secondary-college>

We still have a long way to go and we will be continuing to collect money until the end of the term.

I am proud of the students ambitious goal and I thank the school community for getting behind them and helping our students become globally aware citizens.

Ms Dempster



August 2015

Women In Leadership



"I was inspired by the youth of today. A lot of negativity is directed at young people. This group session has shown how wonderful and innovative young people are. Skill sets are learnt on both sides. I wish all the Epping SC girls all the best and give my regards to the teaching staff there too." Mentor-Lawyer Minter Ellison Law Firm.

Recently a group of year 10 and 11 girls including Jayarra Smith, Brittaney Hopkins, Gegani Nadesamoorthy, Jazmine Brooks, Ruby Johnson, Nada Raheem, Bonesha Singh, Sukhpreet Kuar and Danyia Sivi, participated in the ABCN's Women in Leadership Program.

This was an excellent experience that I was very grateful to be part of. It ran for three sessions on Level 23, Rialto Towers in the city at the Minter Ellison Law Firm. In the first session we looked at what qualities we admire in leaders and on time management. We were all assigned a female 'mentor' and most of the mentors were successful lawyers at the Minter Ellison Law Firm. We were given the opportunity to talk with our assigned mentors about different leadership styles and when to use them and instances where our mentors have applied them in their own workplace. For our second session we focused on our individual strengths and what traits we need to improve on and how to improve. We also looked at goal setting. With our mentors we discussed the 'Seven Habits of Highly Effective people'.

For our final session we drew ourselves as leaders including what we want to be, do, act and goals we want to achieve. Then we showed these to our mentors who commented on the leadership qualities they've noticed us possessing and helped us to build a self-awareness of our positive traits.

To conclude we had a small presentation ceremony where we all received awards. It was an amazing opportunity to see the challenges faced by being a female in the business world and how the mentors approach problems both concerning their workplace or their leadership roles. It was a great experience I'd recommend to anyone. I feel as though I have grown as a leader and particularly as a potential future female leader and have gained the experience and confidence to succeed. All the mentors within the program inspired us as women, that anything is possible through hard work, perseverance and passion.

Jazmin Brooks 11A

August 2015

Sport Report



The Year 7/8 Boys Netball team was recently victorious in the Northern Metropolitan Netball Championships after qualifying from the Whittlesea Division during term 2. During these Championships, the boys played in three pool matches, with the team with the best record at the end of the matches being named as the champions. The Epping boys put in a dominant display in the championships, winning all three matches whilst only conceding 8 goals across the day. The team should be very proud of the sportsmanship and competitiveness they showed all day.

As a result of their success the following students will be competing in the State championships on August 24th so please wish them luck; Cayden Turner, Ben Rowan, Marcus Sindriyanis, Caleb Kennedy, Isaac Cannata, Lewis Paolinos, Jordon Dibiase

O'Bree, Trent Fletcher, Jhudiel Bungkalot, Rhys Hodgson and Jye Barker. A big thank you to Caitlan McLauchlan and Paije Kearney who helped with both scoring and coaching on the day.

On 24th July, the senior girls soccer representing our district at the Northern Metro. regional finals, played against University High, Bundoora and Gladstone Park. The girls were gutsy and great sportswomen on the day winning one match and drawing another. Unfortunately we didn't qualify for finals but the girls were great representatives, had fun and displayed excellent team work! Well done Epping girls, keep 'striking for excellence!'



Pictured left: **Year 8 boys** football team after winning the Whittlesea Division competition in term 2. The team competed at the Northern Region finals, having one win and two narrow losses. Highlights across both days included; **Bailey Baker's** crumbing in the forward line, **Ben Rowan**, **Issac Cannata** and **Trent Fletcher's** use of the ball through the midfield and **Liam Allen-McBean**, **Paul H'Antoniou & Cayden Turner's** attack on the ball in the backline throughout both days.

Well done boys!

August 2015

Sport Report



Pictured left: Intermediate Girls netball team who convincingly won all 4 games against schools in the local area on Tuesday 14th July.

Pictured below: Intermediate girls netball team, with the addition of Amy Winley and Paije Kearney of year 8, who competed at the Northern Metro rounds on Wednesday 22nd July. The team won 1 out of 3 games.









Pictured left: Cayden Turner of year 8 competing at the Northern Region Cross-Country after qualifying by finishing 4th at the Whittlesea Division cross-country in term 2.

Pictured right: Trent Fletcher of year 8 competing at the Northern Region cross-country after qualifying by finishing 6th at the Whittlesea Division cross-country in term 2.



HOUSE TALLIES 2015:

Pindari Panthers	Dalton Dragons	Scarborough Scorpions	Findon Falcons	Tatlow Tigers	Carlisle Cobras
					
5367	4842	4525	3735	3054	2829

August 2015

Wellbeing Report

Year 7 Mindfulness Workshop



“Mindfulness” is fast becoming a buzz word and is gaining attention in the media in relation to many different groups of people, including sporting organizations, public health initiatives and schools. Mindfulness, simply put, means paying attention to what you are doing in the present moment. There are also many opportunities in everyday life to experience mindfulness. For example, mindfulness can be giving your full attention to your child as they tell you a story about their day, or mindfulness can be sitting outside at lunchtime and taking notice of the warmth of the sun on your back.

Over the past 20 years, there has been a lot of research into the benefits of being more mindful. Recently, attention has particularly turned to younger people. Studies have found a range of benefits for children and adolescents who have learned mindfulness techniques. Some of these benefits including feeling calmer, sleeping better, performing better academically and having improved social skills. Students in Year 7 were given the opportunity to work with Provisional Psychologist Rebecca Pallozzi, from La Trobe University. Rebecca ran workshops and explained what mindfulness is, gave students an experience of mindfulness and provided them with the resources to continue to be more mindful in their everyday life. Rebecca Pallozzi will also work with staff and run a workshop on Curriculum Day. Epping Secondary College will continue to work with Positive Psychology strategies and endeavor to improve outcomes for students and staff.

Leanne Halsall

Student Wellbeing Coordinator

August 2015

New Arrivals Program



Newly arrived students are participating in an after school program on Mondays for the rest of Term 3. The first week students went to Ten Pin Bowling in Epping. The second week of the program students went to the Scouts in Epping where they participated in a number of activities including, minor games, making damper and cooking marshmallows on an open fire. During Week 3 was the Soccer afternoon hosted by Whittlesea Rangers Soccer Club. Despite a bitterly cold afternoon, good fun was had by all and the Whittlesea Rangers hosts were hospitable and friendly.

Leanne Halsall & Antoinette Rehak
Student Wellbeing Coordinators



UNIFORM NEWS NEW SUMMER DRESS

The new summer dress will be available from September 2015 onwards. The new dress will be compulsory ONLY for all year 7 students in 2016.

From 2017 onwards the new dress will be compulsory for all year levels.

A reminder that the tie is compulsory uniform for all year 7 students when wearing the winter uniform.,

Also a reminder that the school introduced the long sleeve rugby top for PE and sport this year to keep students warm.



ESC SECOND-HAND UNIFORM SHOP

LOCATED IN HOUSE
WEDNESDAYS
ONLY
OPEN 3—4pm
FOR TERM 3

- ♦ Uniform to be sold can also be accepted during these times
- ♦ Only current uniform will be accepted
- ♦ CASH ONLY
- ♦ NO REFUNDS



August 2015

School Procedures

At Epping Secondary College we are delighted with the growing number of students at the college. As the numbers have increased substantially we have implemented some new procedures.

APPOINTMENTS

If you wish to see a staff member please make an appointment first. This will ensure that staff can be prepared and a suitable time can be arranged for both parties.

ABSENCES

If it is known in advance that a student is going to be absent for a prolonged period of time, we ask parents to inform the college or attendance officer so that the staff concerned can be notified and arrangements can be made for work to be given to the student to complete during their absence. Even for short periods of absence, i.e. one or two days, a phone call is appreciated. Parents are encouraged to phone the attendance manager on the morning of the student's absence, if at all possible. If parents notify the school of the absence, no SMS is sent. Parents are able to reply to SMS with absence reason. The office is open from 8.00am.

EARLY LEAVERS

If students are leaving early throughout the day a parent note must be written in their diary. This will be approved in the morning by the coordinator and then students must sign out via the student attendance office. This will ensure that your child/ren will be ready for collection without delay. (Where possible, medical, dental appointments etc should be made outside school hours).

LATE ARRIVALS

All students are required to arrive at school on time, at 8:45am. If late, students are to report to the attendance office to sign in and receive a pass. If students arrive late without a note and acceptable explanation, they may be given a lunchtime detention. Lateness is not acceptable unless there is a serious reason.

ILLNESS AT SCHOOL

Students who become ill at school are to get permission from their teacher to go to the general office where they will be provided with first aid, admitted to sick bay or have their parents contacted. If a student is so ill that it warrants the student going home, this will only be arranged if the parents can first be contacted by phone. The college is not permitted to distribute Panadol or the like to any students. It is imperative that the college has current emergency and home contact numbers. The college recommends ambulance and medical insurance to all families as any costs incurred are not covered by the college.

PERSONAL DETAIL CHANGES

Please remember to let the office know of any changes to personal details ASAP

such as Contact Numbers, Changes of Address or Emergency Contacts in order to ensure the schools records are up to date and correct.

Parents are able to update these details on the schools website www.eppingsc.vic.edu.au or by directly emailing to epping.sc@edumail.vic.gov.au, This is the preferred procedure so we have it on record and once updated it is filed in the students file.

We thank you for your cooperation with helping our college run more efficiently.

ADMINISTRATION STAFF

INVITATION

You're invited to the launch of



The Diamond Valley Autism Support Group (DVASG) has been set up to provide support information for carers and parents, and those working with individuals with Autism Spectrum Disorder (ASD), as well as activities and social skills development for teens and adults with ASD, and guest speakers. We are a new group for the north east of Melbourne.

We're launching this exciting new project in Greensborough, so come along, have some fun and find out more:

- Hear from our guest speaker Murray Dawson-Smith (Consultant and former CEO of Amaze) about the best ways he has found to support people with Autism
- Hear from others who are on the spectrum, as well as parents, carers, and others who work in the area
- Find out where regular meetings will be held and pick up a calendar
- Enjoy a friendly welcome, a cup of tea, coffee or chocolate and some nibbles
- Find out more about what you can gain from participating in the meetings and how to join in

WHERE: Diamond Valley Learning Centre (DVLC) Greensborough
Cnr Diamond Green & St Helena Road)

WHEN: Friday 23rd October, 6:30 pm for a 7 pm start (thru to 8:30 pm finish)

RSVP: email info@dvasg.net.au for further details & to register with your name, suburb, email & phone number. Or register via our website www.dvasg.net.au
There is no charge to attend. A gold coin donation would be appreciated.

Can't make it on the night but want to know more?

Send us an email or call us - Katherine - 0439 652 680, Kerry - 0409 077 777
or Sheryl - 0400 237 688

Nationally Consistent Collection of Data on School Students with Disability 'Collection Notice'

All schools in Australia, including Independent and Catholic schools, will participate in the Nationally Consistent Collection of Data on School Students with Disability this year.

The Data Collection is an annual count of the number of students with disability receiving educational adjustments to support their participation in education on the same basis as students without disability.

All education agencies are now required under the Australian Education Regulation 2013 to provide information on a student's level of education, disability and level of adjustment to the Australian Government Department of Education and Training.* Data will continue to be de-identified prior to its transfer to the Australian Government Department of Education and Training. No student's identity will be provided to the Australian Government Department of Education and Training. The collection of this information from states and territories will inform future policy and program planning in relation to students with disability.

If you have any questions, please do not hesitate to contact Helene Alamidis/Antoinette Rehak on 9401-2599 or the Victorian Department of Education and Training Data Collection Hotline on (03) 9651 3621. For questions after 7 August 2015, please call the Australian Government Department of Education and Training on 1300 566 046.

* For more information on Schedule 3—Amendments for the collection of data on students who are persons with a disability Australian Education Regulation 2013 see:

http://www.comlaw.gov.au/Details/F2014L01723/Html/Text#_Toc404934419



Woolworths Earn & Learn is back and it is now easier than ever to earn valuable resources for your local primary school, secondary school or Early Learning Centre. Last year more than 14,500 schools and Early Learning Centres benefited from the program, boosting supplies in classrooms, libraries, music rooms, gymnasiums and science labs.

It's simple to participate. From Wednesday 15th July to Tuesday 8th September 2015, when you shop at Woolworths

you can collect Woolworths Earn & Learn Stickers from the checkout operator or through an online order and place them on a Woolworths Earn & Learn Sticker Sheet. There'll be one Woolworths Earn & Learn Sticker for every \$10 spent (excluding liquor, tobacco, and gift cards). Once completed, simply place the Sticker Sheet in the Collection Box, either at your local school or at your local Woolworths.

You can then redeem your Woolworths Earn & Learn Stickers for valuable education resources for your local school or Early Learning Centre.



saverplus



Would \$500 assist you with education costs?

Join Saver Plus and match your savings, dollar for dollar, up to \$500 for educational costs including:

- school uniforms and text books
- computers, laptops and tablets
- excursions and camps
- sports equipment, uniforms and lessons
- TAFE, traineeship and apprenticeship costs
- music tuition and instrument hire.

You may be eligible if you have a Health Care or Pensioner Concession Card, are at least 18 years old, have some regular income from work (you or your partner) and have a child at school or study yourself.

Contact Christian Unger, your local Saver Plus Worker:

03 9483 2416 / 0407 817 758 or

cunger@bst.org.au



Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in your local area. The program is funded by ANZ and the Australian Government.



Family care sisters

69 Alto Ave. Croydon. 3136

Phone: 03 9723 6797

Email:

resthome.familycare@bigpond.com

The Family Care Sisters facility at Croydon, offers wholistic care to all women (aged 20+ -70 yrs) who are in need of a peaceful environment, 'time out', support or nurturing. Our residential program operates each week, Monday-Friday (Feb.-mid-Dec). A daily group session is held on topics such as 'relaxation', 'well-being', 'self-awareness', 'boundaries', etc.

Cost: \$150 (which can be paid in instalments).

For further information or to book in: contact us on Ph. 9723 6797.

Web: www.familycaresisters.com.au

Email: resthome.familycare@bigpond.com



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