



At Epping Secondary College our relationships and behaviours are guided by the values **RESPECT, COMMITMENT, HONESTY, FAIRNESS AND PERSEVERANCE**

Issue 2

March 2016

# Cambodian Trip

## Important Dates

### MARCH

Tuesday 22  
OPEN NIGHT 7pm

Thursday 24  
LAST DAY of TERM  
1:00pm dismissal

Friday 25  
GOOD FRIDAY

### APRIL

Monday 4-Thursday 21  
ITALY TRIP

Monday 11  
TERM 2 Commences

Tuesday 12  
**PARENT/TEACHER  
INTERVIEWS 11-8pm**

Monday 18-Wednesday 20  
VCAL Camp

### MAY

Wednesday 4—Thursday 5  
Art Camp

Tuesday 10-Thursday 12  
NAPLAN Testing Y7 & Y9

Friday 13  
CURRICULUM DAY

Monday 16-Wednesday 18  
Year 7 Camp Phillip Island

Wednesday 25– Friday 27  
Year 11 Study Camp



On 22nd November, 2015, 7 students and I embarked on a World Challenge Expedition to Cambodia and Laos. For some students this was their first time out of the country, their first time exchanging foreign currency, their first time passing through customs and their first significant time away from home. As part of the 28 day expedition students had to successfully complete four phases: the acclimatisation phase, the challenge phase, the project phase and the R&R phase. Each phase of the expedition had its own challenges from working in a local school as part of our project phase to trekking the Kampong Speu & Xe Pian National Parks as part of the challenge phase. The students and I were also to experience some amazing sites such as the Temples of Angkor and Si Phan Don where we floated down the Mekong River as part of our R&R and acclimatisation phases. As if these challenges weren't great enough, the students were also completely responsible for handling all finances and transactions, organising food, accommodation and transport for the whole trip whilst sticking to the predetermined budget.

During our time on expedition I observed all the students grow as leaders, teammates and more importantly globally aware citizens. I would like to take this opportunity to congratulate the 7 students, Molly Lynch, Caleb Catania, Gabriel Wright, Jordyn Kay, Ruby Johnson, Eliza Valeri and Nick Brydson-Dixon, who were brave enough to take up the challenge.

Daniel Hayman  
ESC World Challenge School Leader

# World Challenge



and Laos



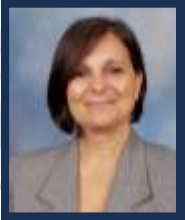
# Cambodia



# Expedition



## Principal's Report



Delivering the **Education State** is a key priority for the Victorian Government and it clearly recognises that **education is the fundamental building block for success in life**. “Our success as an education system is determined by our expectations for what each and every student can achieve in schooling and in life and by how we activate our collective efforts — as colleagues, as communities, as schools and as a system — to meet those expectations for student achievement, engagement and wellbeing.

In the overarching document “**IMPROVING OUTCOMES FOR ALL STUDENTS**” the government outlines the goals and targets that all schools will work towards. The targets are about the **whole child** — from maths and science to resilience and staying in education.

Epping Secondary College has committed to this philosophy for the past 10 years and in fact most of what is outlined in the government’s plans are initiatives and improvements strategies that we have been focusing on as a school for some time.

The recent **introduction of Positive Education** in our school is directed at building student’s resilience and developing emotional intelligence. Research shows that people who succeed in life have high levels of social and emotional intelligence and know themselves well. When students are emotionally and socially well-adjusted they have the ability to improve on their learning skills.

**At Epping SC we have placed great importance on school pride, school connectedness and sense of belonging**, which is also a government focus and something that has had a significant impact on our school culture and on our image within the local community.

Enhancing students’ performance in the sciences has also been an area that we have addressed both by developing the science curriculum and more recently through the introduction of the year 10 selectives which aim to better prepare students for VCE sciences. The college is now in its second year of the **Uni-Bridges partnership developed with La Trobe University** which is designed to inspire students in the areas of science and mathematics and encourage them to pursue a University pathway. Again as a school we are well on the way to delivering on this government goal.

The other area that we are breaking new ground in is the fields of Visual and Performing Arts. **The Musical Futures Program** now in its third year has transformed students’ engagement with music. This year we have secured a \$30,000 grant to participate in a very prestigious **Art Education Program with the Museum of Modern Art at Heidi** developing students’ visual thinking skills. This program includes professional development for staff as well as providing amazing learning opportunities and experiences for our year 7 students.

Finally our school motto “**Learning for Life**” directly relates to the government’s plans. At our school we work diligently to prepare students with skills and knowledge to not only succeed in life but also to become life-long learners as this is what is expected no matter which career they enter. The college also places equal value on both the VCE and VCAL pathways as both provide meaningful and fulfilling futures for students depending on their skills, interests and aspirations.

As a school we are moving forward with the state government’s plans to become the Education State and we look forward to working with other schools in providing the best education for our young people.

**Helene Alamidis**  
**PRINCIPAL**

# March 2016

# Study Tour Italy 2016

## We're going to Italy!

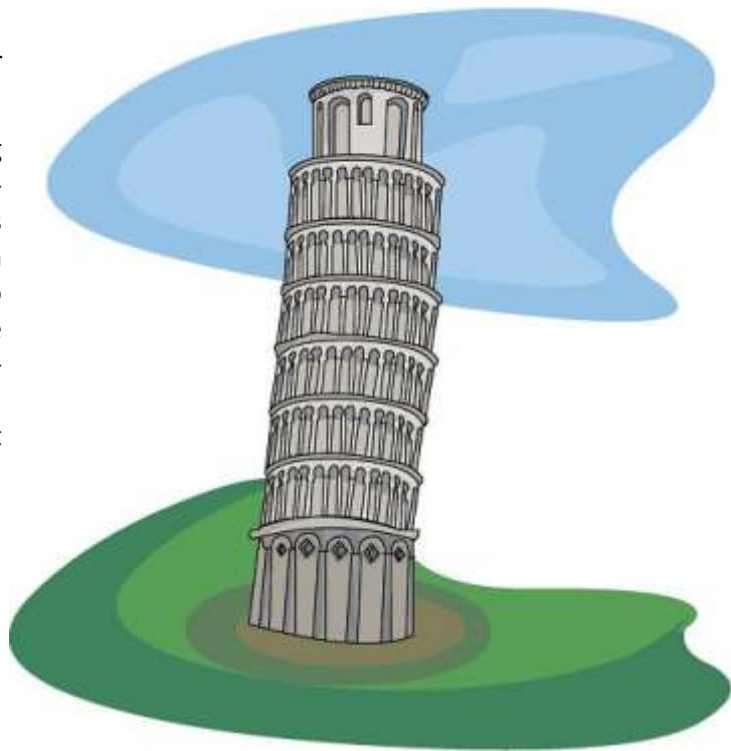
During the Term 2 holidays, twelve students and two staff members from Epping Secondary College will meet at Melbourne International Airport to embark on a journey that is sure to be an experience of a lifetime! Along with students and staff from Lalor Secondary College and Lalor North Secondary College, our students will fly to Italy and stay in Rome, Florence, Venice and Milan with day trips to Pisa and Pompeii. The students are excited about the adventures that lie ahead of them and can't wait until take-off!

As a language faculty, we are thrilled that we have been able to provide our Year 9 to Year 12 students with this opportunity as the benefits from an International Study Tour are simply invaluable. Through travelling in Italy students will be encouraged to apply the language skills they have learnt at school to everyday situations. In Florence they will participate in Language Classes at the ABC Language School. Additionally, the students will be totally immersed in the Italian culture and learn about Italian history through a variety of guided tours that are included in the itinerary.

In order to support the families of these students, we have provided fundraising opportunities and the students have been dedicated in their efforts to raise money. They have sold numerous boxes of chocolates at home and school and helped run food stalls during lunchtimes. Over the summer holidays the students held a Sausage Sizzle at Masters in South Morang, where they worked hard with their parents selling sausages.

We are looking forward to watching our students embrace the many benefits of travel and immerse themselves in the language and culture of Italy. In the future we hope to continue to provide opportunities like this at the college as a way of engaging our students in their language classes and helping them grow into independent global citizens.

**Melissa Foresio**  
**Study Tour Coordinator**







# Dalton Dragons



# Pindari Panthers



# Tatlow Tigers

On March 1st 2016, Epping Secondary College held our annual Athletics Day at Meadowglen Athletics Track. This is a day where our house teams compete in track and field events to gain house points that will contribute to the winning house at the end of the year.

Students and teachers had the opportunity to exhibit their house spirit by dressing up in their team colours and being involved in as many events as possible. On the day, students were able to have their face and nails painted, as well as their hair coloured to represent their house.

The day was exciting and action packed, with students involved in events such as the 100 metre sprint, high jump, discus and many more. The teams competed in a house chant competition to find who had the most house spirit. Houses Pindari and Scarborough drew a tie for the best and most enthusiastic chants, awarding their houses 50 points each.

The day concluded with each house competing in the student versus teachers relay. With just a few points ahead, Dalton won this year's Athletics Day, Pindari came second, followed by Findon third, Tatlow fourth, Scarborough fifth and Carlisle in last position.

Altogether, Epping Secondary College's Athletics Day was another exciting and fun day for the school to enjoy. Keep on earning points for your house!

**Pindari Captains, Jess J., Maegan P. and Lillian M**



794 Points

780 Points

572 Points



**Findon Falcons**



**Scarborough  
Scorpions**



**Carlisle Cobras**



**House Athletics Day**

469 Points

436 Points

414 Points



# March 2016

## CAREERS REPORT

### Youth Employment Opportunities Fair and Careers Expo



On Thursday 17th March, eleven Year 10 mainstream students joined the Year 10 Pathways class as they made their way down to the Plenty Ranges Arts and Convention Centre for the afternoon. The students had been invited by the Hume Whittlesea Local Learning and Employment Network to take part in the 2016 Youth Employment Opportunities Fair and Careers Expo.

The expo consisted of 37 different exhibitors from a range of industries & educational areas. The day was designed to;

- ⇒ assist school students with gathering information and networking with Registered Training career planning
- ⇒ provide students with information to consider Structured Workplace Learning options
- ⇒ support school leavers looking for further study or employment

Students enjoyed walking through the expo talking to various organisations, representatives from local TAFE's and Universities, adult education providers, apprenticeship and training providers, job service providers, higher education specialists, student recruitment officers and more.

Thank you to Kath Scott, Mr Chighine and Edna who accompanied us on the day.

Epping Secondary College would like to thank the Hume Whittlesea Local Learning and Employment Network for their ongoing support and initiatives which assist our students with their career goals and aspirations for the future.

**Ms Basinski**  
**YEAR 9 & 10 CAREERS EDUCATION COORDINATOR**





# March 2016



The most interesting exhibit I visited was from Melbourne Polytechnic - I spoke to a representative who talked to me about plumbing. I found out that the campus that offers plumbing has the largest sandpit in Melbourne so it's the best place for trench work training or underground pipe work training.

- **SOSAIA 10P**



Yesterday I learnt that I can complete a School Based Apprenticeship in my chosen field and that there are many people that can help you outside of school. There are heaps of opportunities out there.

- **KIERAN 10P**



I enjoy the day and found it interesting and fun. There are so many opportunities out there that I didn't know about. I had to be confident to talk to people at different exhibits. I found out about electrical courses.

- **PETER 10P**

I would recommend this excursion to other Year 10 students next year because it helps students get a better understanding about courses and Structured Workplace Learning Options. I spoke to many people who can help me in the future.

- **CHRIS 10P**

I sourced contacts for Work Experience and learnt lots about the Sport and Recreation Industry.

- **GLEN 10P**



My favourite exhibit was the Law Enforcement exhibit. The Police Officer talked about what course you need to do and what benefits you get for being a Victorian police officer.

- **BRANDON 10P**

It was a good experience and there were many employers who spoke about how to get jobs. They were very friendly people. I found the childcare exhibit the most interesting as I found out that the most common age to be hired is 19- 25 years of age.

- **WHITNEY 10P**

The aim of the day was to get experience to find out more about what to do after this year. I had to build up my confidence to talk to people. I sourced contacts for jobs which I will use in the future.

- **YOUSSEF 10P**





# March 2016

## Peer Support Program





# March 2016

## Peer Support Program

At Epping Secondary we understand that the journey from primary to secondary school can be a difficult and challenging time for our youngest students. The Peer Support Program is offered to our Year 7s and facilitated by Year 10 students to assist the Yr 7s as they move into secondary school. Peer Support Leaders must apply for this position and undertake a two day training course: this is a fantastic opportunity where students undertake leadership training and develop essential 21st century skills such as communication, public speaking, collaboration and creative thinking, that will be invaluable as they move into adulthood.

Although nervous in their first lessons our Yr 10 students quickly settled into their roles and they received a lot of positive feedback from their supervising teachers. Our Peer Support Leaders have demonstrated great maturity and responsibility in these positions and have also learnt many lessons, including just how difficult it can be to manage a class of energetic Yr 7s ... I am very proud of the Peer Support Team and their amazing achievements, they are to be commended for their commitment and enthusiastic participation in this program.

**Ms. Hart**

### Peer Support Leaders' Perspective

As year 10s we have become leaders for the year 7 over the past three weeks. We have taken on the responsibility to teach and connect with the year 7 students in their transition from primary to secondary school. Over the past three lessons we have taught the students to follow school values and school rules. We have run activities that have challenged the year 7s and encouraged them to work cooperatively as a team. We have enjoyed the time we have spent teaching and growing as students and leaders with the year 7s.

**Hannah Fitzgerald and Emily Findlay**

## VicSRC Conference

Wow, this term has flown. The SRC Committee has only met a couple of times although six of our lucky group were fortunate enough to attend the Victorian Student Representative Council on the 17th March. This was a fantastic opportunity to connect with other student leaders in our zone, to what other groups are doing and to share ideas. One of the activities of the day was to make a pledge for 'real action' which we defined as participating in a 'Teach the Teacher' program in order to strengthen student-teacher relations. Our overall goal is to act as the 'voice' of our students because we believe that student voice matters and our overall mission is to make ESC a happier place. We left the conference with many ideas and strategies to kick-start our year of action and we are hoping to make our SRC more visible and active in our community. So here's looking forward to a great year of working together and to making our community a happier and more connected place.

**Kate Trembarth, Hitaishi Verma, Katelyn Lord, Teesha Billman, Jessica Lord and Bineetb Gujral**



# March 2016

## Homegroup Captains 2016

<u>Year 7 Captains:</u>	<u>Year 8 Captains:</u>	<u>Year 9 Captains:</u>	<u>Year 10 Captains:</u>
7A Marcus Conforto Cynthia Rasmussen	8A Hamed Mahdavi Katerina Bonacci	9A Emily Grech Bailey Goodwin	10A Ashlee Haby Taylor Santaguida
7B Sebastian Valeri Haura Al Assadi	8B Amr Aboslah Maryanne Polu	9B Dion Zoto Nikita Morham	10B Jasmeen Kaur Zahraa Majedy
7C Monica Nguyen Liana Chambers	8C Sarah Assaf Daniel Sindrivanis	9C Caitlan McLauchlan Tahlee McKillop	10C Hannah Fitzgerald Raphael Ofosu
7D Riely Smith Tahlin Michael	8D Kail Goodwin Marlina Kapoulas	9D Paul H'Antoniu Mia Guest	10D Taylor Rudston-Brown Stephane Bootlis
7E Tejaswini Sajja James Christakos	8E Ugbaad Nur Joshua Gonzalez	9E Brooke Stevens Maddison Medici	10E Nick Zervos Tina Atyabi
7F Sean Bennett Haydar Al Kerch	8F Rob Mitrovski Katelyn Ristevski	9F Leah Sufia Zachary Sprague	10F Mary Schalken Kayla Stiles
7G Hitaishi Verma Winnie Ingabire	8G Simar Singh Chloe Antoniou	9G Rhys Hodgson Rim Wannous	10G Aron Raward Judge Seears
7H Bree Coade Cooper Dimovski	8H Emily Valeri Victoria Conforto	9G Chloe Catania Isabelle Caputo	Gavin May Leah Cucurullo
7I Brooklyn Zukanovic Oscar Najdovski		9H Gaurav Thakkar Flona Mansour	Sosaia La Pierre Alex Lauleva Samuela
7J Rosela Fejzolli Alexis Scott		9I Lachlan Stavrevski Mikayla Gagachis	Whitney Young
7K Stacey Tzotzis Noora Al Aboudi		9J Jackie Onzo Vanessa Capkunski	
7L Montana Ekanayabke Hanan Alkhatib		Vesna Paskoska	

## KEYS PLEASE

What could be more rewarding than supervising your son or daughter on their learner permit so they can become a safer driver?

Many parents might add "and what could be more challenging?"

Do you remember your own learning to drive experience?

This week at school, your son or daughter will be taking part in a VicRoads Keys Please session. Whether or not they already have their Ls, this session tells them everything they need to know about making the most of the learner driver period.

Parents and carers have an important role in helping their young people develop the skills and attitudes they need to become safer drivers. You should feel like a sports coach (not a driving instructor) and there are two resources to help you.

The VicRoads Learner Kit given to all successful learner permit applicants contains the booklet Guide for Supervising Drivers that is essential reading – make sure you ask your son or daughter to pass it on! The second resource is the online Lessons from the Road resource.

Lessons from the Road features eight videos. The videos showcase the emotions and real life issues in learning to drive. They help you work through the four stages required to help learners achieve their goals. Lessons from the Road is easy to use and can be accessed on the VicRoads website at [vicroads.vic.gov.au](http://vicroads.vic.gov.au) and search "Lessons from the Road".

When your student attends the Keys Please session they will be encouraged to discuss the information they have received and to watch Lessons from the Road at home with you.

Please ask them about the Keys Please session and make sure that you watch the videos together. It won't take long and it will help you through the process of learning to drive as well as information for keeping new solo drivers safe.

Research shows that learners who gain experience with parents have about 20% lower crash and traffic offence rates once they are licensed than learners who only take professional lessons. Research also shows that on average learners who gain an average of 120 hours of supervised on-road experience in all conditions reduce their risk of crashing by 30% after getting their licence. VicRoads strongly recommends watching Lessons from the Road. Helping your son or daughter to be a safer driver is the one Rewards Program you can't afford to miss out on!



# March 2016

## VCAF Business Studies

The year 12 VCAL students have created and started their own business called VCAF. This VCAF is a part of the VCAL Business Elective. We've spent weeks planning menus, advertisement posters and any extras to make the VCAF experience a rewarding and memorable one. VCAF caters to all and overall it's a fun and positive café. We are a successful business and make a profit at the end of the day. We have fun whilst doing it and all the members are very positive, friendly and optimistic. Each member has a different job and tasks to do prior, during and after the café is finished. The VCAF opens every Tuesday at lunchtime at the pizza oven located near the school library. Jobs include back of house staff, milkshake makers, cooks, bakers, noodle makers, cashiers, stock take, book keepers and managers both assistant and head. Each student wrote an application letter and attached their resume to it and applied for the job they would like. At the end of each café closing, 4 students volunteer to help clean up and make sure everything is packed away ready to set up again the following week. In the next business class after VCAF we have a group discussion about what went right and wrong and what we can do to improve the experience to make it run smoothly. We also collate which ingredients are needed for the next café opening so we are prepared for the day. Overall the VCAF is an enjoyable experience we do as part of our curriculum and one where we learn valuable real life skills that will assist us in the future.

**Chantelle Cannistraro, 12V Business Elective.**



# March 2016

## Exciting News!!

### YEAR 7 HEIDE SCHOOLS PARTNERSHIP PROGRAM

Epping Secondary has been fortunate to secure a substantial grant from the CASS foundation to be part of a Visual Thinking Strategies Program in partnership with Heide Museum of Modern Art. Three schools a year are invited into this sought after program and much planning and teacher training has been undertaken to ensure that all of our year 7 students benefit substantially from the experience. The school has been extremely fortunate to have received a \$30,000 grant to supplement this program and because of this the cost to students is greatly reduced. The program will run in the English and Art curriculum and also involves two visits to Heide Museum of Modern Art in 2016. Students will engage with visual prompts that increase their ability in critical and creative thinking which is an important focus in the new Victorian Curriculum. Through open-ended inquiry and engagement with visual art and listening to their peers, students develop interpersonal and social skills.

The skills students learn will enable them to be curious about what they observe, initiate original ideas about the meaning of things and be able to provide evidence to back their theories. These skills are transferable across many curriculum areas and the research shows that student's general vocabulary and literacy skills are enhanced. Other benefits focus on respectful engagement with peers and consideration of alternate viewpoints by negotiating and employing collaborative problem solving skills.

Heide MOMA is a historically significant site for Modernist Australian Art and Literature. A short history of Heide can be found at <https://www.heide.com.au/> for those interested.

This is an amazing opportunity and our students are incredibly fortunate to be able to participate in this program at a very low cost. We look forward to enhancing your child's education with this exciting program.

**Kerry Kaskamanidis**

**Creative Arts KLA coordinator**





# March 2016



# March 2016

## Sports Report

Term 1 has once again been a very busy time of the year for the college's interschool sport program. Teams have competed in the summer sports of tennis, cricket, baseball, softball and volleyball at the Whittlesea Division round. We have been successful in a number of the competitions, which will see teams compete at the Northern Metropolitan Region round later this year.

The **Year 7 & 8 Girls' Softball** team have been training very hard and excelled at their first tournament of the year being the Whittlesea Division tournament. The team of 13 hardworking girls have made it through to the Northern Metropolitan Region finals after 2 comfortable wins against Hazel Glen and Lalor Secondary College on the day. Despite the scorching heat the girls' skill, stamina and teamwork was nothing short of incredible. We are looking forward to recommencing training early in term 2 to take on our next tournament.

Our **Year 8 Girls' volleyball** team is made up of 8 incredibly talented young athletes. The girls came home with a clean sweep of wins from their first tournament of the year, the Whittlesea Division tournament. The other 7 teams presented different challenges however our year 8 girls should be commended on their versatility and stamina to pull through each time. We are very much looking forward to continuing our development as a team during training in term 2 and the girls are very eager to get on the court for their next tournament later in the year.

Our **Year 7 Boys' volleyball** team (pictured right) has also progressed through to the Northern Metropolitan Region round after winning all their games. Below is year 7 student **Tim Gorski's** account of what happened on the day.

"Well what a Wednesday it was for the year **7 boys' volleyball team**, Jeremy Gorski, Riva Mann, Craig, Serafim Fiso, Jonathon Lia and Jacob. The tournament was played at Whittlesea Secondary College.

Our first game was against Mill Park Secondary College. We had a comfortable win, 0 sets – 2 sets our way. The next game was against Lalor Secondary College. They were tall and looked pretty strong but Jacob's beautiful serving brought it home for us. The boys had a break and then it was time to play The Lakes. They looked like a tough side by winning all their games but they were 2 from 3 and we retained 3 from 3.

Our next game was against Whittlesea Secondary College. They had some pretty shifty players but nothing could stop us from being 4 from 4 and it was Jonathon who brought us home. Our last and final game was against Gilson College and they were easy because they hadn't won a game at all but nothing was holding us back from being 5 from 5.

Overall we ended up 1st on the ladder, proceeding to the next round. The boys would like to thank Mr Williams for being our coach. Without him we wouldn't have played like we did on Wednesday and for all the boys who worked incredibly hard to end up where we are."





# March 2016

## Sports Report

The **Intermediate Boys' volleyball team** (pictured right with coach Mr. Biscaro) have won through in convincing style to the Northern Zone Volleyball finals later this year. Below is Mr. Biscaro's account of the day. The team consisted of players from last year's bottom aged Intermediate players and our year 8 team, both of whom had excellent sides. Selection for initial squads was difficult with quite a lot of interest in the team, however the mix of experienced year 10's and developing year 9's proved to be very successful on the day.



The team won all games quite convincingly and did not drop a set. Players played with a great deal of self-confidence and attacking flair and skill, executing game plans extremely well that utilised player strengths both in defence and attack in the front court to dominate opposition sides.

Well done boys on your competitiveness and desire and more importantly your commitment to training and each other. Bigger battles lay in waiting in the second half of the year at Northern Zone finals, where Eltham HS looms large! Last year in playoffs both our Yr8 & Intermediate teams lost the final against Eltham, hopefully in 2016 we can turn the tables on them.

On 3rd March, our **Senior Girls' volleyball team** coached by Mr Cooke represented the school in the Whittlesea Division. Below is his account of the day.



In what was a very warm day the ladies played 5 games of 25 minute duration. Overall the team finished a commendable 4th but from these top 4 schools you could toss a coin for the winner as there was little skills difference between them. All the students who trialled for positions must be encouraged, as the interest in training was high so much in fact even training after school on a

Friday night for an hour and a half. On paper we certainly looked the favourites and we were confident with our skill levels and in going through to the next round but in hindsight an extra few training sessions would have ironed out the kinks. Sadly unforced clangers became our Achilles heel as it was only occasionally that the opposition actually won points from their own hands. Overall, it was a very successful day from the ladies, whom all relished and cherished a memorable event. Some exciting points of note were the ladies winning two sets from being 3 set points down, Shona's ability to serve missiles down (13 in a row in one set), Bianca's energy and enthusiasm, Corrina's all-round reliability, Ashley and Tara's commanding front court hitting presence, Adriana being up and about in setting the ball up and Lillian's serves also fell into the unreturnable category. From this good work hopefully we can conduct a few challenge matches for the remainder of the year possibly even against the staff and look forward to putting another strong team on the paddock next year.

As sport coordinator I am very proud of all our sporting achievement thus far in 2016. The commitment and perseverance of all students and staff to achieve the best results for the college as possible is very pleasing to see. I look forward to reporting on the winter sports of football, soccer, badminton and netball, which are all coming up throughout term 2.

**Michael Rogneda**  
**Sport Coordinator**

# March 2016



## Ride to School Day



CONGRATULATIONS!! Ride to school was a great success! Thank you to everyone who rode, scooted or skated their way to school because without you we couldn't have run the event. Thank you to all the teachers who helped run the event as well. Ride to school/work day was such a success that we couldn't fit any more bikes or scooters in the bike cage. The highlight of this event was when some people didn't know about the reward and decided to ride anyway! We encourage everyone to keep riding/skating/scooting/walking as it is great for the environment and fantastic for your health. Hopefully the awareness that this and other Federal and State government initiatives campaigns that are in the media currently to increase activity levels in our student and general population begins to take effect. Again a big thank you and congratulations. We hope to see you all riding and being active again throughout the rest of the year.

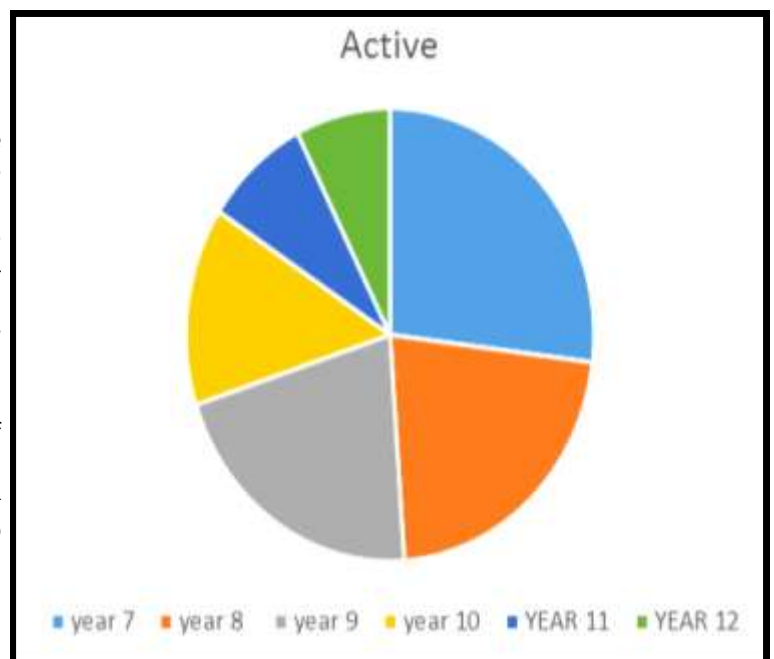
**Amber Coade 10E, Kayla Stiles 10F and Zoe Apolloni**

Epping SC participated in the National Ride to school day on Friday 4th, March, for the 9th consecutive year. Students were encouraged to ride, walk, scoot, or skate to school in an effort to inspire all students to use active transport as their ideal option to get to and from school. This year we aimed for 50% of the student population to arrive at school actively. Out of the 806 students surveyed on their type of transport, 360 students (45%) chose to arrive at school by bike, foot, a skateboard or scooter in comparison to the 38% of students who did so last year.

The year 8 year level had an outstanding total of 55% of active students from those who were surveyed.

Year 7's- 43%, Year 9's- 47%, Year 10's- 43%, Year 11's- 46% and Year 12's- 30%. Well done to everyone who participated in the successful day!

**Amy Shanahan of 9J**





# March 2016



## **AFL Active- Epping**

### **WHAT IS AFL ACTIVE?**

AFL ACTIVE is a group fitness workout that can help you burn calories and get fit & healthy in a new and fun way. It's built on the principles of having variety in your workout by using the unique combination of endurance, speed, strength, agility and dynamic movement.

- So try four quarters of fun & fitness.
- Burn over 600 calories over a 50 minute workout
- Get fit like an AFL athlete without having to kick or mark a footy
- Get fit and feel strong through a varied, high intensity program
  - Get a total body workout and burn fat
  - Grab your friends and have some fun

**FIRST WEEK IS A FREE TRIAL (6.4.16-10.4.16) COME EXPERIENCE A FUN NEW WAY TO EXERCISE AND SEE RESULTS.**

**(Classes during this week will start @ 9.30am)**

Session times are: WED 6.30am & Sunday 9.30am - further times may be added depending on numbers. The cost of the 8 week program will be \$200.00 covering all 16 x 50min sessions. CHILDREN UNDER 16 ARE FREE!!!

**ALL PARTICIPANTS MUST REGISTER ONLINE @**

<http://www.aflactive.afl.com.au/>

**Select: venues, then VIC, then Epping – Scott Wood**



# Epping Secondary College

*Learning for life*

## Whittlesea Young Women's Soccer & Fitness Program

Are you a young woman newly arrived to Australia?  
Interested in making friends, having fun and getting fit for **FREE**?  
If so, this program might be for you!

**What's involved?**

- 12 week soccer and fitness program for young women aged 15-25 from migrant and refugee backgrounds
- Learn about your rights & responsibilities as a young woman in Australia with a focus on respectful relationships
- Coaching from the Melbourne City Football Club
- Other fitness activities

**MONDAYS 4-7pm**  
TRAC, Thomastown  
starting 18th April 2016

With support from **CROSSROADS**

For more info please contact  
Sarah Haintz  
Whittlesea Community Connections  
Shop 111 Epping Plaza  
9401 6666 or 0459 708 278






## Whittlesea Community House Certificate III in Education Support

**CHANGE OF DATE**

This qualification will give you the skills and knowledge to provide assistance and support to teachers and students in a range of educational settings. This includes early childhood education, as well as Primary, Secondary and Special schools.

**Certificate III in Education Support — March 2016:**

Course Code:	DHC30213
Entry:	*Moderate Computer and Internet and Email Skills
Requirements:	*English LLN skills at an industry entry standard
Pathway:	Graduates work as: • education assistants/teacher aides • support workers (working with children with disabilities)
Mode of Study:	Classroom, off-the-job tasks/research, Practical Placement + induction & Assessment workshops
Locations:	Whittlesea Community House
Days & Times:	Thurs: 9.15am to 3.15pm
Dates:	Induction Workshop: 24/3/16 (am only) Thurs 14th April to 27th Oct. 2016 (Classroom) + Thurs 6th Oct. (Assessment Workshop) + May — Oct. 2016 (Practical Placement)
Duration:	24 sessions, 2 workshops + 100-hour practical placement. (Excludes School holidays.)
Statement of Fees:	Concession: Full: \$800 Fee For Service-Cost: \$2,540 \$160 (Limited Places) + Service & Materials Fee: \$10 Conc. \$22 Full
Enrolment:	Please ring early to arrange a pre-enrolment interview. Ph. 9462 6077.
Activities:	Tee & coffee provided. BYO lunch/snacks.

\*Course is subject to eligibility requirements and sufficient enrolments. Venue is wheelchair accessible.

Talk to us about employment outcomes achieved upon completion of this course.

**Whittlesea Community House**  
92A Church Street  
Whittlesea 3757  
www.wchi.com.au  
9716 3361

In partnership with  
**PRACE**  
Merlands Community Centre  
35 Sturdee Street  
Reservoir 3073  
9462 6077  
www.prace.vic.edu.au

**Learn Local** **PRACE**

This training is delivered with Victorian and Commonwealth government funding.

Y010-4616

## OPEN NIGHT TUESDAY 22nd MARCH 7pm

### ACE program for high achieving students

Is your child a high academic achiever who needs greater challenge in their learning?  
Then you may be interested in applying for our ACE program for 2017.  
ACE program applications can be made through by contacting our office or completing the application form on our flyer distributed to primary schools.  
All students applying will need to sit the ACE test. The ACE test will run in the first week of term 2. Details include:  
Date: Tuesday 12th April, 2016  
Cost: \$48.50  
Please direct any questions about the program to  
Assistant Principal, Keryn Sandford at sandford.keryn.m@edumail.vic.gov.au

## EPHING SECONDARY COLLEGE





# March 2016



## Epping North Scout Group

Try **THREE** for **FREE**

Come & try up to three Scouting sessions for free  
**Limited Places Available- Enquire today!**

JOEY SCOUTS (Ages 5 - 7) Tuesdays 5:45pm - 6:45pm  
CUB SCOUTS (Ages 8 - 10) Mondays 7:00pm - 8:30pm  
SCOUTS (Ages 10 - 14) Tuesdays 7:00pm - 9:00pm  
VENTURERS (Ages 14 - 17) Available in 2016 if there is interest

**Meeting place**  
Galada Community Centre  
10A Forum Way, Epping North  
Melway Ref: 181 G4

**Get involved! Adult volunteers wanted!**  
Become a Leader or Helper for your local Scout Group.  
All necessary training provided free of charge.  
(Police and WWC Checks required).

For more information or to join up, contact  
Cara Homer on 0490 101725  
or email [gleppingnorth@vicscouts.asn.au](mailto:gleppingnorth@vicscouts.asn.au)



Join the adventure!

PREPARE FOR ADVENTURE  
PREPARE FOR LIFE



## KOORI YOUTH DROP IN

3-6PM  
EVERY WEDNESDAY  
Starting 24 February 2016  
11 ROSSMOYNE ST THORNBURY

**EVERYONE WELCOME**

**POOL TABLE**  
**FREE FEED**  
**FIRE CIRCLE**  
**CHILL SPACE**  
**COMPUTERS**  
**NON-JUDGEMENTAL SPACE**  
**CHILD FRIENDLY**

**Contact details**  
Caine: 0402186928  
[caine.muir@whitelion.asn.au](mailto:caine.muir@whitelion.asn.au)  
Grace: 0458599131  
[grace.brown@whitelion.asn.au](mailto:grace.brown@whitelion.asn.au)  
Emily: 0401960808  
[emilymh@student.unimelb.edu.au](mailto:emilymh@student.unimelb.edu.au)

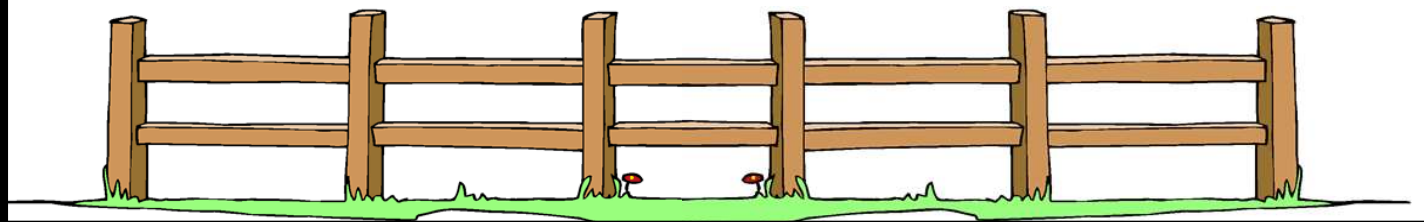
## FENCE PALINGS REQUIRED

Technology Department is looking for good condition second hand fence palings.

These will be used to build bird house breeding boxes for our students.

It's a great way to recycle and give back to nature.

If you're about to put up a new fence please contact Mr Cooke as new off cuts or nice second hand palings will certainly be used.



## ESC SECOND-HAND UNIFORM SHOP

LOCATED IN HOUSE  
WEDNESDAYs  
ONLY  
OPEN 3—4pm  
FOR TERM 2

- ♦ Uniform to be sold can also be accepted during these times
- ♦ Only current uniform will be accepted
- ♦ CASH ONLY
- ♦ NO REFUNDS



**Studio Locations:**

**EPPING**

**Contact the Principal  
Joanna Melo Howard  
0459 160 263  
or 1300 OGRADY**

**act, create, communicate**

**Self-development through drama!**

Boost your child's creativity, confidence and communication skills.

Enrolling now for students aged 5 to 17.

**[www.helenogrady.com.au](http://www.helenogrady.com.au)**





## JOIN A COMMUNITY OF GLOBAL FRIENDSHIP AND LEARN ABOUT YOURSELF!

As Abraham Lincoln once wrote : “ the best way to predict the future is to create it.” Volunteer to host an international high school student from France arriving into Australia in May 2016 through Southern Cross Cultural Exchange and prepare to be amazed at the way this unique and rewarding opportunity helps your family to become closer, to understand themselves better and see the world in a new light. You'll have fun learning about cultural differences and language.

Carefully selected students from France will arrive in mid May for one term. With excellent English language skills, they will attend a local Secondary High School, arrive, with their own spending money and comprehensive health insurance cover – all arranged by Southern Cross Cultural Exchange. To enquire about becoming a volunteer host family visit us at [www.scce.com.au](http://www.scce.com.au) email [scceaust@scce.com.au](mailto:scceaust@scce.com.au) or call us toll free on 1800 500 501 for more information.



## Introduction to Horticulture

Run in partnership with Edendale, a community farm and environment centre, this 9-week hands-on course will introduce you to a range of topics in the field of horticulture. No prior experience is necessary.

Course 1: **Saturdays, 19 March to 4 June, 9.30am-3pm**  
or  
Course 2: **Mondays, 18 April to 27 June, 9.30am - 3pm**

Venue: Edendale, Gastons Road, Eltham

Cost: \$130 (or \$73 for concession card holders)

Places in this course are subsidised by the Adult Community and Further Education Board to assist people to make informed career choices and support their return to study or employment.



For more information or to download an enrolment form, visit:

[www.livinglearningnillumbik.vic.gov.au](http://www.livinglearningnillumbik.vic.gov.au)



Phone 9433 3744  
[living.learning@nillumbik.vic.gov.au](mailto:living.learning@nillumbik.vic.gov.au)



## CHANGE OF DATE Whittlesea Community House Certificate III in Education Support

This qualification will give you the skills and knowledge to provide assistance and support to teachers and students in a range of educational settings. This includes early childhood education, as well as Primary, Secondary and Special schools.

### Certificate III in Education Support— March 2016

Course Code:	CHC30215
Entry:	*Moderate Computer and Internet and Email Skills *English LLL skills at an industry entry standard
Prerequisites:	Graduate work as: - education assistant/teacher aide - support workers (working with children with disabilities)
Mode of Study:	Classroom, off-site tasks/research, Practical Placement + Induction & Assessment Workshops
Locations:	Whittlesea Community House
Days & Times:	Thurs: 9.15am to 3.15pm
Dates:	Induction Workshop: 24/25/26 (all only) Thurs: 14th April to 27th Oct. 2016 (classroom) + Thurs: 6th Dec. (Assessment workshop) + May - Oct. 2016 (Practical Placement)
Duration:	24 sessions, 2 workshops + 200 hour practical placement. (Excludes: School holidays)
Statement of Entry (order to Enrol on back page)	COPYRIGHT: FEE: \$995 FEE FOR SERVICE: CHC \$1,340 \$140 (LIMITEE PRGSD) + \$4500 + \$4500 FEE: 200-CHC: \$2750
Enrolment:	Please ring early to arrange a pre-enrolment interview. PH: 9462 6077.
Assessment:	Test & (coffee provided, BYO lunch/snack).



Whittlesea  
Community House  
92A Church Street  
Whittlesea 3757  
[www.wchi.com.au](http://www.wchi.com.au)

9716 3361

In partnership with

PRACE

Mentlands Community Centre

35 Stander Street

Beveridge 3073

9462 6077

[www.prace.vic.edu.au](http://www.prace.vic.edu.au)



This training is delivered with Victorian and Commonwealth government funding.

10/07/2016

BASELINE PRESENTS

## FReeZA Committee

Are you an enthusiastic young person who is interested in planning events for other young people in the City of Whittlesea?

Join the FReeZA committee and have the opportunity to:

- Plan a number of different activities in 2016
- Learn about event management
- Work backstage at our Fasttrack talent show events, and gain experience from industry professionals.

When: 23 Feb, 6 & 22 March, 7 & 26 April 2016

Where: Edge Services for Young People  
Shop MM1, Westfield Plenty Valley  
McDonalds Road, Mill Park  
Melway: 1B3 B11

Time: 4pm - 6pm

Age: Secondary school age young people

Cost: FREE

Bookings are essential. Please contact Jess on 9404 8800 or email [baseline@whittlesea.vic.gov.au](mailto:baseline@whittlesea.vic.gov.au)

All activities are supervised by Council's Youth Services staff.



Find us on Facebook



[www.whittleseayouth.com](http://www.whittleseayouth.com)  
e: [baseline@whittlesea.vic.gov.au](mailto:baseline@whittlesea.vic.gov.au)  
p: 9404 8800



REGISTER NOW!

**\$25**

**PRIVATE LESSONS**

# **MUSIC LESSONS**

**GUITAR**

**VOICE**

**KEYBOARD**

**VIOLIN**

**PIANO**

**DRUMS**

**0418 172 506 Epping**  
**[jacmusicsschool.com](http://jacmusicsschool.com)**



LIKE US ON  
FACEBOOK!