



At Epping Secondary College our relationships and behaviours are guided by the values **RESPECT, COMMITMENT, HONESTY, FAIRNESS AND PERSEVERANCE**

SILVER MEDAL



BOWLS
AUSTRALIA



Issue 5 August 2017

Important Dates

AUGUST

Tuesday 8
Y12 Conferences

Friday 18
CURRICULUM DAY

Monday 21—Friday 25
Year 8 Camp

SEPTEMBER

Monday 4 - Friday 8
Year 12 VCAL Camp

Tuesday 12
Night at the Museum

Thursday 21 & Friday 22
Student Conferences

Friday 22
Year 10 Formal
LAST DAY TERM 3
STUDENTS DISMISSED 1pm

OCTOBER

Monday 9
TERM 4 COMMENCES

Monday 23
Year 12 Celebration Day

NOVEMBER

Wednesday 1
VCE Exams Begin

Tuesday 7
MELBOURNE CUP DAY

Mikayla Long - Runners up in the Australian Open Lawn Bowls under 18



The Gold Coast Australian Open Lawn Bowls competition was held from the 9th - 23rd June with Mikayla Long achieving second place in the under 18 singles category. She has said that it was an amazing experience to be part of a final with all the pressure and nerves that goes with it. Have a look at the TV coverage on SBS on the 13th August, at 3pm.

Congratulations Mikayla on this amazing achievement!

Mrs Hysen



CONGRATULATIONS MIKAYLA LONG



August 2017

DEBATING TEAM

The 2017 ESC Debating Team was the first competitive debating team forwarded by the school in two years. Admittedly, the rust and lack of experience showed early, however, as the season wore on our debaters showed marked improvement.

Alex Beyer competed in all four debates and was a steady influence at 1st speaker. James Balletta and Bradley Turoczi both tried their hand as 3rd speaker, performing admirably and showing considerable talent for speaking off-the-cuff. Lastly, both Emily Valeri and Slava Cooke (our two youngest debaters) were awarded with Best Speaker titles throughout the season. Emily and Slava demonstrated exceptional poise, intelligence and charisma in their speeches, showing great promise as public speakers for the future.

Looking to 2018, the future of ESC debating looks bright. In addition to our current members, we are always looking to expand. Public speaking is one of the most important skills young adults can develop before moving into the workforce and with Mr Gill-Atkinson, Ms. Lovegrove and myself coaching, we hope to pick up a few more victories next year!

All the great speakers were bad speakers at first – Ralph Waldo Emerson.

Ben Ponte - English/Humanities Teacher



Participating students were
Slava Cooke, Emily and Julian Valeri, Alex Beyers, Bradley Turoczi and James Balletta.

August 2017



Year 10 Science GetintoGenes



After two false starts, Miss Holt and Miss Anand were finally able to make the short journey to La Trobe University with 38 Year 10 students from their Genetics, Natural Selection and Evolution classes. Students were attending the university to participate in a 2 hour workshop, showcasing some of the latest genetic research and techniques, utilising equipment not accessible at our college.

When students were not taking part in the workshop, they were testing their navigating skills in an Amazing Race style activity around the university campus.

Students represented the school extremely well and seemed thoroughly engaged in the genetics workshop. Some student testimonials have been included below.

We learnt about phenotypes and genotype and selective breeding through a PowerPoint for the first part of the session. We then went upstairs into the labs, where there were four different stations in which we could do pracs related to genes and genetic sequences.

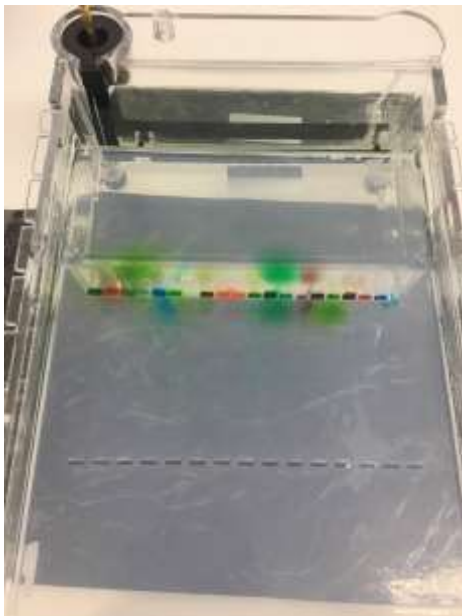
Kelly Lynch

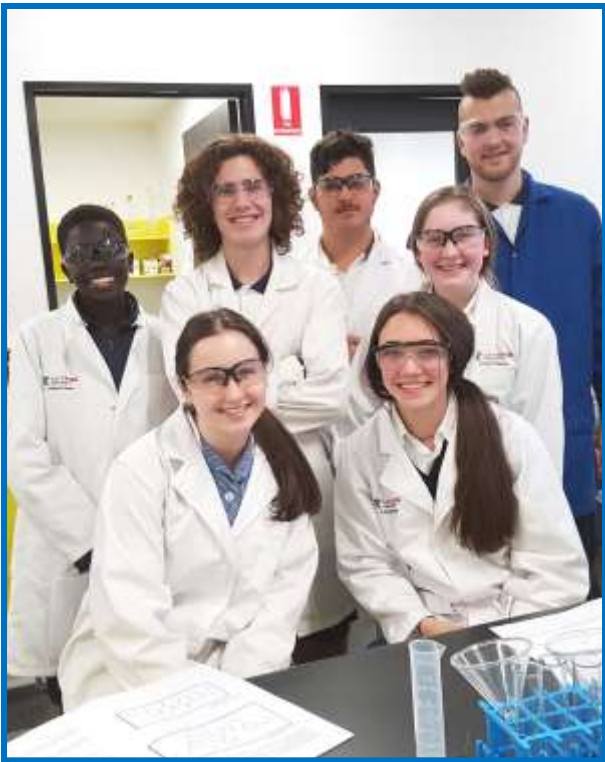
During the Get into Genes program at La Trobe University, a group of students participated in a short lecture discussing genotypes and phenotypes and headed upstairs for an interactive workshop. We learned how to correctly use pipettes and viewed DNA moving towards a positive electrode. We also used our newly found knowledge of phenotypes and genotypes to distinguish the father of a set of cow offspring. This workshop was beneficial in our understanding of genetics and will prove very useful for our future studies within our classes.

Caitlin Wilson

Coming to La Trobe was most enjoyable and I learnt a lot about genetics that I never knew before. Thanks to the teachers who were very clear when they explained things. **Zainab Naser**

The Genetics excursion was very informative. Also, using the gel electrophoresis machine was an interesting experience. Overall the day provided a solid summary of basic genetics and how the science can be utilised in the modern world. **Tadd Ghairat**





Nanotechnology Experiments

Year 10 Unibridges Students Performing Nanotechnology Experiments at La Trobe University.

Students investigated hydrophobic/hydrophilic quantities of magic sand and normal sand by comparing how they differ when added to water. They also investigated the properties of shape memory alloy (Nitinol) which has the capability to sense changes in its environment and respond to the changes in a preprogrammed way. Students observed the difference between sand and activated charcoal in removing a coloured dye from water and finally producing gold nanoparticles using gold hydrogen tetrachloride solution.

**Mr Ampem-Lassen
Science Teacher**



August 2017



Epping Secondary College

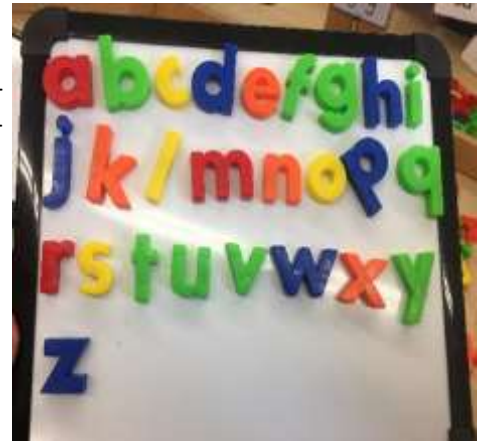
Learning for life

August 2017

Community Volunteering



My name is Dorsa and I am part of the Community Volunteering Program. Through the experience of volunteering in the 'First Grammar' program, I have developed many new skills. I have learnt several new things as a result of participating in this subject. I am now able to communicate much better with very young children, be a role model to others, am more patient and also more organised in my daily routines.



My volunteering experience has

been awesome and I really enjoy doing it every week.

Dorsa Rahimi 9A



BUPA Thomastown

Every Tuesday as part of the year 9 Community Volunteering program, Paka and I visit Bupa Thomastown, an aged care facility on Dalton Road, Thomastown. We play therapeutic games such as bingo, hoops and floor bowling with the residents. At 2 o'clock they have Coffee Club so we help Chris, one of the kitchen staff with serving beverages, cakes, biscuits and occasionally there's also a birthday cake. Sometimes the residents just watch tv until Coffee Club. We really enjoy trying to make the residents time more interesting and helping the staff care for the residents. We also feel as though we make a difference and our own confidence and learning has broadened.



We really enjoy trying to make the residents time more interesting and helping the staff care for the residents. We also feel as though we make a difference and our own confidence and learning has broadened.

We enjoy the experience in every way.

Faith Toe 9A & Maselusi Paka 9B



My name is Mikayla and I'm apart of the Community Volunteering Program. In this program we are able to be independent, experience new skills and communicate with new people. For this program I visit Rose Garden Child-care every Tuesday. I really enjoy going there because of the friendly staff and educators who have taught me some keys things about working with children. While I am at the childcare I interact with the children as much as I can. I do activities with them such as colouring in, reading, playing with play dough, painting and puzzles. I've loved being apart of this experience and learning new skills that will help me in the future.

Mikayla Sinni 9A



The first time at my placement was nerve-racking and due to this I was able to completely embarrass myself. When I walked into Prep LA at Epping Views, the teacher left me in the classroom with a child I hadn't met before whilst she went to retrieve the class from their lunchbreak. As I was setting up the task she had planned, I spoke to this young boy about his favourite subjects - these were PE and Maths- then I realised that he had gone quiet. When I turned around, the child had



made his way over to the teacher's computer and started pressing buttons. Before I was able to stop him music started playing around the classroom. The teacher had to run in and turn the laptop off and I was beyond mortified. Now halfway through the year, I have adapted to the environment, developed positive relationships with some of the staff and children and I look forward to going each week.

Kristen Stella 9A



Green Gables Aged Care

We started our adventure with the wrong bus yet we were somehow still 30 mins early. Despite being nervous we were really excited to meet everyone and eager to gain from the new experience.

We met Tina, our supervisor as well as some of the residents.

We became quite close with a



lady named Barbra who has recently passed on. We miss her a lot but it was so great to talk with her every week. Jasmine and I had never been to an aged care facility so it was really interesting for us to be involved. We acquainted ourselves with many more residents and have experienced new adventures and tasks. We can't wait to learn more and make new friends along the way.

Jasmine Thor & Victoria Conforto 9H

August 2017

Year 9 Goals



On 26th July, 18 year 9 students participating in the GOALS mentoring program run by ABCN travelled into Collins Street, Melbourne, to visit the Optus Building. This hour and a half session focused on building confidence and relationships with ourselves and others. To build our confidence we delivered group presentations in front of an audience with students and mentors. We built relationships with others by finding common interests with students and mentors and combining them into a group presentation/project.

Harry Ryan 9H



August 2017



Congratulations to the following Year 10 students: Alesandra Costanzo, Herta Fejzolli, Tahlia McKell and Aragsan Omar for participating in a high profile RMIT University Program 'I Belong in Marketing'. The girls had to devise a 20 second marketing campaign for the Melbourne Museum. This involved briefings with the Melbourne Museum staff and site tours of the Museum, working with a RMIT film maker to produce the advertisement for the marketing campaign and then presenting their project ideas to a panel of Melbourne Museum decision makers. We hope that the Melbourne Museum use this marketing campaign in the near future.

Thanks to RMIT University for this incredible opportunity for our students.

Mrs Hysen



Epping Secondary College

Learning for life

CAREERS WEEK

All Year 10 students participated in a Careers Awareness Program on Monday 17th July, Tuesday 18th July and Wednesday 19th July. Students listened to Keynote speakers, past teaching staff speak about future careers and pathways. All Year 10 students are to be congratulated on their respectful behaviour during this program.



participated in a Careers Awareness Monday 17th July, Tuesday 18th July 19th July. Students listened to Keynote students, institution representatives and courses offered at our college, possible



Comments made by some Year 10 students:

'I found it interesting hearing about courses the universities have to offer.'

Isabelle 10G

'My brain has been overloaded with information. I am still filtering.'

'I have a clearer understanding of what subjects I would like to do.' **Daniel 10G**

Mrs Hysen



Work Experience



Forty seven year 10 students participated in our annual work experience program in the last week of Term 2. Placements varied with the largest being in the Building and Construction sector. This has proved an excellent opportunity for our year 10 students to focus on their career interests and trial what employment and the world of work is all about. Many found this experience rewarding while others found it quite challenging. Some were successful enough to find placements in sought after industries including the medical field, the legal industry and animal welfare. The feedback received from employers has been positive. Our Year 10 students, despite their age, handled themselves in a mature, respectable and professional manner. Congratulations to all Year 10 students who participated in a Work Experience placement. I hope you gained valuable information about the world of work and the industry you are interested in.

Mrs Hysen

PARENT INFORMATION NIGHT



Year 10 students and parents attended a parent information night on Wednesday, 19th July. The purpose of this information session was to encourage year 10 students to research their choices and work actively to achieve them. All students have individual interview times to present their researched choices on Wednesday, 2nd August, at a Year 10 Course Counselling Session. Parents are also invited to attend this session.

Thank you to all parents who took time out of their busy schedules to attend this information night. Thank you also to our staff: Mr Malcolm, Mr Stevens, Ms Hooper, Ms Mitrevski and Ms Scott.

Mrs Hysen

August 2017

Dante Poetry Competition



On Wednesday 28th June, several Year 9 and 10 students attended the annual Dante Alighieri Poetry Competition at Melbourne University. Our students had to learn Italian poems and recite them to judges. They all did a wonderful job of learning their poems and were able to recite them without looking at any notes. We then had a wonderful day having lunch and gelati on Lygon Street, Carlton before returning home. We have a finalist, **Herta Fejzolli** in Year 10 which is excellent news and a credit to Herta and her hard work. Many of our students received honourable mentions and distinctions for their efforts and their certificates will be awarded to them at recognition assemblies this term. Well done to all of the students who took on the challenge and participated. We are all very proud of you!

Ms Rehak
Italian Teacher



August 2017



RADIO



On Thursday, 22nd June, 11G visited Radio 3ZZZ that is an ethnic community broadcasting station in Brunswick. By students visiting a radio station where programmes are actually broadcast, they learnt about the various ethnic groups that are represented at the station. They were also able to experience recording their voices and using technical equipment. After our visit the students enjoyed lunch together at Melbourne Central. It was an enjoyable and informative day out for all.



August 2017

MUSIC PERFORMANCES



Senior Band

On the last day of term the Year 9 and 10 classroom music students showcased their achievements by putting on a fantastic lunchtime performance entertaining our school community. Last semester all students in the Year 9 and 10 music classes worked diligently to develop their skills in music by preparing a repertoire of songs to perform to a live audience. One of the fundamental skills of our Music Program is to immerse students into the Musical Futures model of learning music which encourages and engages student at all levels, even those who have never played an instrument. Students are also encouraged to develop ensemble/band skills which they perform to an audience helping improve both their performance skills and self confidence.

I would like to congratulate all students involved for performing to the best of their abilities and for putting on an entertaining show.

Mr Talarico



Y9 & 10 Music Elective

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August 2017

School of Rock

At this year's School of Rock, the schools choir and senior band went to the School of Rock held at Melrose Receptions, Tullamarine. 14 other schools attended and the choir and senior band performed incredibly well in front of 500 people. The songs that the ESC senior band students performed were 'Revolution' and 'When It All Falls Apart' by the Veronicas, which the senior band had been practising for most of the term. The ESC choir performed 'Titanium' by Sia. The other schools put on amazing performances as well as Epping. This was a great day and the annual School of Rock enables students to improve their confidence by playing in front of an audience.

Our sincere thanks to all the students involved together with the committed music staff George Infanti, Jenny Taylor and Chris Ferre who worked tirelessly in preparing our students for the performance. Once again a great performance from all those involved.

Mr Talarico

(Instrumental Music Coordinator)



August 2017

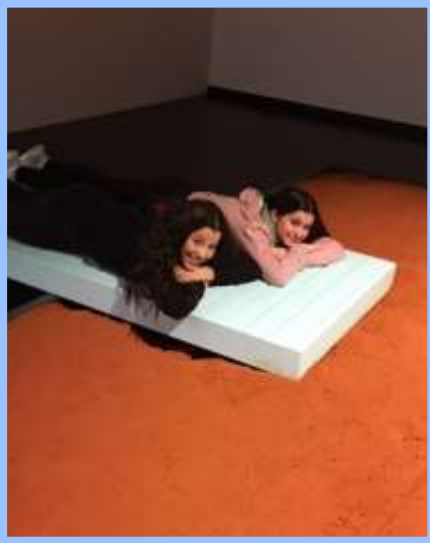
CAPA Art Camp



Art



Despite the frosty weather this year's Arts Camp was another roaring success. Students were taken into Melbourne over two jam packed days to experience Arts based activities in the CBD in the areas of Art, Design, Drama and Music. The aim of this camp is to teach students the broader application of their Arts subjects in the Arts Industry within Melbourne. The Arts offer a diverse range of employment opportunities for creative people and encouragingly, the latest data from the Bureau of Labor Statistics projects a growth rate of 11 percent for arts-related occupations over the next seven years.



Venues visited on our fabulous camp included the Arts Centre, National Gallery of Victoria, Australian Centre for Contemporary Arts, VCA Music department, Billy Blue Design Studio and Melbourne Theatre Company among others. Students participated in specialised workshops designed to cater to their subject preferences and the camp highlight was seeing the stage production, 'Aladdin'. Students were able to see the influence of design studies in the billboards, posters and merchandise, the influence of art studies in the sets, costumes and make up, the influence of music studies in the live orchestra in the pit and the influence of drama studies in the actual performances and stage management. It was an excellent opportunity to show our students how the Arts collaborate to create exciting cultural experiences.

Our students were a pleasure to be with over the two days and as a teacher it was very rewarding to see how engaged they were with each experience and how amazed they were watching Aladdin. We were incredibly proud of the mature way they represented Epping Secondary College. A big thank you also to our amazing Arts teachers who volunteered time organising, fundraising and attending this camp. It was a great experience for all.

Kerry Kaskamanidis

ESC Creative Arts Coordinator

Arts camp was an amazing experience for those of us who are artistically inclined and enjoy broadening our understanding on the positive impacts Art has on communities as well as those of us who were well enough to go on both days. The Arts Day Camp was one that not only myself but many others really loved. We walked around the city exploring the agricultural and architectural beauties that surrounded us as we wandered through the streets and graffiti lanes. We ate lunch in the Fed Square atrium admiring the local Asian dancers while enjoying lunches bought or pre-mum-made and Miss brought us some very rich slices. We visited ACCA (Australians Centre for Contemporary Arts) and interacted with some very unique art works. We flew through some alleyways and explored many places to take selfies. We met up with the other groups and had dinner at Melbourne Central. Soon enough, we were off down China Town and heading to Her Majesty's Theatre. We waited in our seats in the grand area of Her Majesty's and soon enough Genie appeared and the show began. Aladdin was absolutely breath taking, everyone's Disney childhood favourite was brought to life in a spectacular and quirky manner. I would most definitely recommend anyone who loves the Arts and wants to have the time of their lives surrounded by amazing people, go to the next Arts Day Camp. You won't regret it.

Teesha Billman



Epping Secondary College

Learning for life

August 2017

CAPA Art Camp



Drama

The Theatre component of the Arts Immersion Camp began by seeing the Arena Theatre Company's world premiere of *Trapper* which was about the hidden influences in our lives. The stage design was very striking with large kinetic machines that the actors performed in, as well as lots of little tetris-style blocks that the actors had to build into a solid block at the end of the performance. It was a play that had no overall narrative so it was very different to the theatre that a lot of us had seen before. We were also able to take part in a Q&A with the performers and directors after the show. It was really interesting to hear how they developed the work - they have been working on it for years yet the actors only started rehearsing it a month ago.

After *Trapper*, we went to the Malthouse Theatre and for a character workshop with James Pratt, an actor and lecturer at Federation University. We focussed on how small physical changes can impact on our understanding of character and help us create more varied characters in our class work.

After waiting in the rain, we caught a tram to take us to our restaurant for dinner then went to Her Majesty's Theatre to see *Aladdin* which was unbelievable! It was such a big production and it was interesting to compare it to *Trapper*. We still haven't figured out how they made that magic carpet fly!

On Friday, we went to St Martin's Youth Arts Centre in South Yarra and met with Narda Shanley, the Executive Director and Luke Kerridge, the Artistic Associate. They spoke with us about the sorts of performances and programmes that St Martin's runs, what it is like to work in the Arts and what sort of pathways there are available. Their principal piece of advice was that there isn't just one way to secure entry into the Arts industry.

After lunch, we went a tour of the Arts Centre listening to many interesting stories such as the hidden trapdoor that never gets used, as well as seeing a number of unique sets in the different theatres.

Overall, it was a most inspiring way to spend a couple of days that has left us all feeling enthused and passionate about the performing arts.



Epping Secondary College

Learning for life

Music



One of the major highlights this year has once again been the CAPA Arts and Music Camp which took place over two days. On Thursday 3rd and Friday 4th August, our current year 9 and 10 Music students were treated to an educational musical experience by undertaking a composition workshop at "The Chanel", which is an educational workshop for students to extend their abilities in composition. Students were able to create, save and bring with them their compositions showing enormous creativity and musical talent.



Our Music students were also taken on a buskers tour, and despite the weather being quite cold and wet, we were able to watch some talented performers across the city, especially in the Melbourne Central Food court. Another the experience for the students was a visit to 'Allans' Music and the 'Basement Disc' that mesmerised our students with their vast collection of musical instruments, LP's and CD's. Of course one of the main events was going to Her Majesty's Theatre on Thursday evening to watch Aladdin.

Another highlight was a talk given at the VCA Tertiary centre by Mark Pollard and Dougal James. Students were shown the enormous opportunities the centre offers to those who wish to begin a career as a performer, composer and sound engineer/technician. Students were most grateful for the experience and they were all treated to a musical performance by Dougal James, an original

composer who displayed enormous musical attributes and talent.

I would like to congratulate all the students involved for their enthusiasm and exceptional behaviour on both days. There is no doubt this has created a lasting impression amongst our Music students who now undoubtedly have a better idea of the musical opportunities that await them.

Ross Talarico (Music Coordinator)



Visual Communication & Design

During the ESC CAPA camp, a selection of Year 9 and 10 Visual Communication Design students were taken to various design universities, galleries and institutions to gain an insight to how design works in the real world. This included the Torrens University, home of the Billy Blue Design College, where they participated in a virtual reality and photography workshop.



This allowed students to see where technology could take design in the next few years and what it would be like to undertake if they were students at the university. This challenged their spatial awareness and it was really exciting to see such positive energy and enthusiasm from these new learning experiences. Another workshop students participated in was the Design Academy Australia workshop, where students were shown what the true powers of drawing are and how it can be applied to real-world contexts. Neil from the academy was a wonderful host and enlightened students with what it is like to be a student at the Academy.



Design students were also taken to the RMIT Design Hub, where they had free range of the design campus to explore exhibitions, various classes in session, a manufacturing 3D printer at work and some concepts in progress.

Overall, visual communication design students left the camp with greater knowledge and understanding of where their VCD studies could take them. It was very exciting to see students participate in these industry-related practices and will definitely set them up well for their visual communication studies here at ESC.

Cara Gallina (VCD Teacher)



August 2017

SRC Report



In the holidays three of our SRC members attended Vic-Congress that was a three-day explosion of student voice. It was great for our students to mix with other committed SRC representatives and to share our stories and goals.

In term three 10 SRC members will be participating in the 40 Hour Famine, to raise funds for refugees and displaced children from Syria and South Sudan. Guest speakers from World Vision addressed the SRC meeting to speak about the latest humanitarian crisis in Sudan and Syria and to urge our school community to take part in fundraising to help provide food, water, blankets, tarps, temporary shelter and safe spaces for some of the world's most vulnerable children. We set ourselves a target of \$1,000 and can report that we have already raised a quarter of that total.

Judge Sears, along with our Social Justice Captain, Ethel

Owusu-Danzo have presented a PPT entitled "Bystander Empowerment", that was the result of collaborative efforts by SRC members to address students' concerns about bullying. The PPT has been presented at Yr 7,8 & 9 assemblies to address concerns faced by Epping students and offered them strategies to become better at speaking up against bullying.

The SRC will be working with our VCAL students to raise awareness about mental health issues on RUOK? Day which is on 14th September. VCAL students will host a sausage sizzle, with the SRC running badge-making and a competition where students need to guess how many bananas are in a jar.

We aim to deepen SRC members' sense of social justice through engaging with the issues surrounding Sudan and Syria by addressing Home Groups and urging students to participate.

We aim to continue developing SRC members' leadership skills through workshops and by addressing the school community.

We have had a great start to term three and will continue to listen to and represent our student body.

SRC Team



August 2017

Year 9 Attendance 95%!

Congratulations to the students who received an award for their excellent attendance in Semester 1. Over 30% of our students received this attendance award (over 95% attendance). This is a very encouraging sign and should hold in good stead for the future.

Ms Petersen
Y9 Coordinator



Melbourne Zoo

On Tuesday, 21st June our 11G class went to the Melbourne Zoo in Parkville for our maths class. Prior to visiting the Zoo, we had to plan our day which included travelling to the Zoo and visiting at least 6 enclosures with our group. This involved planning the quickest possible route to travel to the zoo as well as planning the easiest and most time efficient way of moving from one enclosure to the next. It was a really fun activity and great day out! Thanks to Edna, Maha and Silvia for helping us plan the day!

Terri Potter and Nathan Romeo 11G



August 2017

Pathways Cooking for Maths



On Tuesday, 30th May, the 10P class was given the task of preparing a meal for our class and the Alternate Unit staff. We were split into 5 groups each deciding to make either an entrée, main course or dessert.

Some of the meals that were prepared by the students were pancakes, brownies, pizza, chicken and lamb skewers, mini chicken parmigiana burgers and milk shakes. After the meals were prepared, we served and ate together.

The aim of this activity was to learn how to use fractions and measurements in everyday life. In the end it was a great hands on activity to be out of the class room but still learning. All 10P students enjoyed this activity. Thanks to Silv (our Math teacher) for giving us the opportunity to cook for ourselves and the staff. We look forward to having a 'cook off' with the teachers in the Alternate Unit later this year.

Caitlan McLauchlan and Megan Hooper 10P



August 2017

Wellbeing Report

EAL FAMILY MORNING TEA

On Tuesday, 25th July, several EAL student's families met with the principal and other school staff for morning tea. The Whittlesea Community Connections delivered a presentation about the services they can offer EAL families in the Whittlesea area and the Principal and Assistant Principal also addressed the families. At the conclusion of the presentation, staff and families shared morning tea and refreshments enabling parents to ask further questions.

Thank you to all the families that attended this presentation.

Mona Botros

Multi-Cultural worker



August 2017

Wellbeing Report

RAISE MENTORING PROGRAM

The RAISE Mentoring Program has run over 20 weeks during Terms 2 and 3. Students and their Mentors focus on a theme each week. The program covers a range of topics focusing on wellbeing, resilience and relationships. Students often benefit from having a neutral adult role model to talk to. The Mentors are trained to assist students with identifying and achieving goals.

I have noticed how students eagerly await for Fridays and how excited they are when their Mentors arrive. The Mentees have so much to talk about and there is a real buzz in the room at the start of each session. The program will finish at the end of this term and students will work on a small project with their mentors and present to the group.

Leanne Halsall

Wellbeing Coordinator



Sport Report

Intermediate Boys Netball through to State Final!

Congratulations to the Intermediate Boys' Netball Team for making it through to the next round of competition, after being crowned Regional champs on Friday, 28th July. All boys played exceptionally well against 5 competitive schools; Gladstone Park, Craigieburn, St. Helena, Northcote and University High School.

Strong defensive pressure by Ben Rowan, Jye Barker and Lachlan Stavrevski, excellent ball use through the mid-court by Caleb Kennedy, Issac Cannata, Marcus Sindrivanis and Daniel Sindrivanis and on-point shooting from Jeremiah Tyrell, Cameron Tinsley and Lewis Paolinos led Epping to victory. The boys displayed excellent sportsmanship and continually encouraged one another throughout the day.



A big thank-you to Maryanne Polu for helping coach the Intermediate Boys' team and to Lindy Stephens for also coaching the team as well as scoring on the day of the competition.

Stephanie Jacobson Finishes 3rd at NMR Cross-Country

Stephanie Jacobson competed in the NMR Cross-Country run late in term 2. She was with the top few runners throughout the race and finished strongly, coming in with a 3rd place finish! This was a fantastic achievement to finish 3rd in the whole Northern Metropolitan Region of Melbourne for 14 year girls.

This qualified Stephanie to compete at the State Cross-Country, held on the 20th July at Bundoora Park. In horrible conditions Stephanie (pictured right after the race) was able to finish 55th in the State! A very pleasing result and one that the school is extremely proud of. Stephanie is an elite junior water polo player and trains very hard outside of school hours to allow her to achieve these results! Well done!



Girl's Intermediate Netball Team

On Wednesday, July 26th, the girl's intermediate netball team participated in the northern region netball competition at Banyule stadium. After winning through from the Whittlesea region competition, in a clean sweep earlier in the year, the girls were ready for the challenges that lay ahead of them.

The team was greatly strengthened, during the second round of matches, with the return of our player nominated captain, Paije Kearney, who had previously been unavailable due to injury. Hana Savelio also boosted the team's strength and flexibility, after her absence during the first round. The only negative the team saw themselves facing was the unavailability of Mia Hunter, who had been a great option in defence during the first round.

The draw for the day looked like it could be quite tricky, but the girls were ready to give it their all. A great start against Eltham proved quite important because the opposition found a change of gear and were able to claw their way back into the game. Luckily the girls pulled it together and came away with an 11 goal win (22-11). A notable mention for this game goes to Lindy Stephens for some great shooting stats. Game 2 saw the girls take on Gladstone Park and push out a convincing 6 goal win (30-24). The hands over pressure, tireless work over the shot and positioning for rebounds by Amy Shanahan, Maryanne Polu and Hana Savelio in the defensive circle was the game highlight.

Sport Report

The tension was building for the last round match against Northcote. Neither team had lost a game, so the eventual winner would progress to the finals. With the loss of Chloe Smyth for the rest of the day, due to an ankle injury, the team had lost some flexibility and a player who was committed to one on one defensive pressure. The team rallied and came out of the blocks absolutely firing, going up by 8 at quarter time. All players had the opportunity to take the court, and it was Amy Winley in particular that had a really good game in Wing Attack. The final score saw the girls take the win by 7 goals (26-19) and progress through to the finals.



Melbourne Girls College (MGC) were the opponents and it was deja vu for the Year 10 players. This had been the finals match up for the last few years, but 2017 was hopefully going to be the year Epping came out on top. The game started shaky, when MGC scored from our centre pass. The girls held

the scores steady for a few minutes after that, but MGC had a few minutes of lightning quick play that saw them shoot out to a 7 goal lead at quarter time. Making a few big changes the girls fought hard to reduce the deficit. Multiple players requested to come off during the final, with varied complaints, but those on court did their best to reduce the margin. Angel Enoka moved from attack to defence without hesitation when called upon, and along with Maryanne Polu, Hana Savelio & Caitlan McLauchlan, the defensive line up continued to put pressure on MGC and look for intercepts right to the very end. The final score was quite a disappointing result, 12-26.

Paije Kearney led by example throughout the day and was the team's most consistent performer. There were many individual moments of brilliance and some fantastic passages of play. Congratulations to all players for getting the team to the final. Now we'll just have to wait and see what next year brings. **Miss Holt**

Badminton Season

It's now **badminton** season and all year level teams have been chugging along nicely with 3 squads making it through to the zone finals to collectively compete against 64 schools. The **senior boys'**, **year 8 boys'** and **year 8 girls'** teams have qualified for the Northern Metropolitan Region Finals. The **senior boys'** team tried their hardest but did not progress past this round. On the 24th August, it's the **year 8 boys'** and **girls'** teams chance at the big dance and the combined scores from the Whittlesea Division matches for this squad was 1008 to 263. So they should be in with a great chance! However, the biggest winner has been all the students who have come along to training to sample an unusual sport and then becoming involved hook line and sinker!



Michael Rogneda - Sports Coordinator

House Totals

Pindari Panthers	Tatlow Tigers	Dalton Dragons	Carlisle Cobras	Scarborough Scorpions	Findon Falcons
1737	1515	1500	1441	1188	1169

August 2017

Community Sport and Recreation

Rock-climbing



Year 9 Community Sport and Recreation classes enjoying their days at The Hardrock Climbing Co and on their trail walk through the city.

City Trail





Special Introductory Programme

ONLY \$35.00

Includes

New Uniform

Ring Terry on

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Mill Park Leisure Centre

Beginners Classes

7:00pm

Tuesday & Thursday

10:00am Saturday

Martial Arts Tuition Specialists

Plenty Valley Community Health

IN PARTNERSHIP



AUSTRALIAN COLLEGE OF
OPTOMETRY

Monday 11th September 2017

EYE HEALTH

**Aboriginal and Torres
Strait Islander Peoples**

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- Specialist Optometrist from the Australian College of Optometry
- At your appointment; choose from a range of glasses; supply your Medicare number; pay just \$10; note limit 1 pair per year; pay extra costs for transition lenses/spare parts
- Appointments from 9.30am to 3.30pm; so book your visit today
- And, if you can't make your appointment; no prob's, just ring us to cancel please

PVCH service site address

187 Cooper Street Epping
Northern Hospital Site on the north side

Please inform reception staff if you park in the Northern Hospital car park to arrange for a discounted fee



Acknowledging the traditional Custodians, Elders
and lands of the Wurundjeri people.



VICTORIAN ABORIGINAL SPECTACLE SUBSIDY SCHEME IS FUNDED BY THE VICTORIAN DEPARTMENT OF HEALTH AS PART OF THE VICTORIAN GOVERNMENT Koorin Bailly Aboriginal Health Strategy, and is supported by the Victorian Eyecare Service.

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or cunger@bsl.org.au

Saver Plus was developed by ANZ and the Brotherhood of St Laurence and is delivered in Craigieburn and surrounding districts by the Brotherhood of St Laurence. The program is funded by ANZ and the Australian Government.

August 2017

JOIN TRAC SWIMMING LESSONS IN AUGUST

AND DON'T PAY UNTIL SEPTEMBER
PLUS RECEIVE 1 MONTH FREE GYM
MEMBERSHIP FOR A FAMILY MEMBER*



TOTAL
VALUE
\$185⁸⁰



*Terms & Conditions apply

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Learning for life

August 2017



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Learning for life



Calling all Year 9-11 girls!

You are invited to come along and spend four action packed days discovering how fun and rewarding a career in tech can be.

At SEEK, we are crazy passionate about creating amazing online products that help people have awesome careers.

Come behind the scenes and spend time with our tech teams to see how an online business comes together.



About Camp SEEK:

Our aim at Camp SEEK is to show you how creative and fascinating the world of tech can be and encourage you to stick with STEM (Science, Technology, Engineering and Maths) subjects as you consider your future career.

Camp SEEKers will spend four days @ SEEK HQ doing some pretty awesome stuff like:

- Hearing from inspirational women about their career journeys in tech
- Developing some cool coding, user experience design and product development skills through dedicated and practical sessions
- Learning how to approach problems and projects with an Agile methodology
- Creating solutions to a real-world problem through a two day Create-a-Thon project
- Understanding more about pathways into technology
- Making new friends and enjoying daily lunch feasts



Yes, I want to be a Camp SEEKer!

Fantastic! The first thing you need to do is talk with your parent or guardian about the program, and if they would like to know more please ask them to give us a call (details below) or email us on campseek@seek.com.au

Amy - 03 8306 0810 or Toni - 03 8517 4449

If you would like to apply it's super easy, just send us an email to campseek@seek.com.au (pop your name in the subject and we'll send you a simple application form to complete to tell us why you would love to be a part of it).



When and Where:

We call it a Camp but it's really day trippin' – no tent or sleeping bag required!

9am – 5pm, Monday 25 – Thursday 28 September

SEEK HQ - 541 St Kilda Road, Melbourne Vic

There is no cost to participate in Camp SEEK.



August 2017



EPPING CRICKET CLUB

JUNIOR GIRLS WANTED - AGED 10-14



**Epping Cricket Club is committed to building its Junior Program
We are looking to introduce our 1st Girls Cricket Team
Beginners Welcome
Come have some fun at the friendliest and best Cricket Club
going around**

REGISTRATION: WEDNESDAY 9TH AUG - 6PM - 7.30PM

**EPPING CRICKET CLUB
EPPING RECREATION RESERVE
PARK ST, EPPING**

PLEASE CONTACT DEAN KUNELIUS 0432 182 169 FOR MORE DETAILS

***** LIMITED SPOTS AVAILABLE - DON'T LET YOUR CHILD
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\$25 PRIVATE LESSONS

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