



At Epping Secondary College our relationships and behaviours are guided by the values **RESPECT, COMMITMENT, HONESTY, FAIRNESS AND PERSEVERANCE**

Issue 2

March 2018

# TOP ATAR Scores in the State

## Important Dates

### MARCH

Tuesday 27  
OPEN EVENING 7pm

Thursday 29  
LAST DAY TERM 1  
1:00pm DISMISSAL

Friday 30  
GOOD FRIDAY  
PUBLIC HOLIDAY

### APRIL

Monday 16  
TERM 2 COMMENCES

Tuesday 24  
Athletics Day

Wednesday 25  
ANZAC DAY  
PUBLIC HOLIDAY

### MAY

Tuesday 1  
STUDENT CONFERENCES

Wednesday 9 - Friday 11  
Year 11 Study Camp  
Lake Dewar

Tuesday 15—Thursday 17  
NAPLAN Testing  
Year 7s & Year 9s

Friday 18  
CURRICULUM DAY

## LOTE MACEDONIAN



Natali Curukovski  
Top ATAR score 44 for  
Victoria 2017

Congratulations to **Sara Stojoska** and **Natali Curukovski** who both attained the equal highest study scores (44) for Macedonian in 2017, state wide. Both girls worked diligently throughout the year and were supported and encouraged by Ms Janinska to achieve this fantastic result. This is a significant achievement given that both students were in year 11 studying a year 12 subject.



Sara Stojoska  
Top ATAR score 44 for  
Victoria 2017

## CONGRATULATIONS

# March 2018

## Principal's Report



In this report I would like to focus on the important partnership that schools must develop with parents in order to achieve the very best for our students. I know that most people are aware of that famous quote "It takes a village to raise a child". These words are profound and stress the critical role everyone in a community plays in raising our young people.

As adults we can often find ourselves complaining about teenagers today and their lack of manners and respect etc. It is interesting to note there is evidence that 2500 years ago, the Greek philosopher Plato made the following comments about young people.

*"What is happening to our young people? They disrespect their elders, they disobey their parents. They ignore the law. They riot in the streets inflamed with wild notions. Their morals are decaying. What is to become of them?"*

Rebelling, breaking rules, defying authority and experimenting with risk taking behaviours is part of the teenage years and it is how we respond to these behaviours and the work we do in developing positive relationships, compassion and respect for themselves and others that will support our children to survive these complex years and emerge as responsible and thoughtful adults.

As a school we have placed great value on the whole development of each child not just on their academic growth. The introduction of Positive Education is based on **PERMA**, which stands for **Positive Emotions, Engagement, Relationships, Meaning and Accomplishment**. We consistently refer to and encourage our **school values of Respect, Honesty, Fairness, Commitment and Perseverance**. Each and everyone one of us is responsible for instilling these and other important values in young people especially as their exposure to social media seems to be encouraging the very opposite values. **Our Zero Tolerance Bullying Policy** does not mean that there is no bullying but it does mean that every incident is addressed and great efforts are made to develop good strategies and behaviours in all of our students. We teach and reinforce positive and healthy behaviours through programs such as the **I Self subject**, the **Health Curriculum** as well as many **Wellbeing programs**.

Unfortunately the messages transmitted through the media are equal if not stronger than those we expose them to in our schools and our homes and we are often working extra hard to combat some of those more negative and concerning messages. Whenever there is a school yard incidence of violence in the media we instantly see the influence of this on our students and in our own school grounds. As parents and schools we need to work together to show our children that there are alternate ways to deal with conflict and anger other than through violence.

Similarly with social media, we need to join forces in keeping our students safe from the very serious effects of cyberbullying. We need parents to be vigilant in monitoring and managing their children's use of both their computers and mobile phones.

Despite all of this, I am constantly impressed with just how well behaved, respectful, mature and caring our students are and this is a credit to their families and their good values as well as the strong social culture we have established at Epping SC. We are a community and a big family where every one of us is responsible for each other and for creating the culture we want to foster.

Helene Alamidis  
PRINCIPAL



# March 2018

## Reporting System Changes

Dear Parents,

Due to recent changes to the Victorian Curriculum and expectations around reporting and in response to feedback received by parents, students and teachers, Epping Secondary College will trial a new reporting process this year.

The objective of this process is to provide parents and students with more regular, meaningful feedback about how students are progressing, as well as what strategies can be implemented to support their achievement.

This year, you will receive three reports each semester which can be downloaded through Xuno. In addition, all teachers will be documenting common assessment tasks and providing feedback through Xuno. This will occur throughout the semester and will vary from subject to subject.

The reporting schedule this year will include the following:

- An Interim Report which provides information about student learning behaviours in the classroom and flags any concerns for academic progress, behaviour or attendance / lateness. **This report will be uploaded onto Xuno at the end of week 7 in term 1 (16<sup>th</sup> March).**
- A Progress Report which provides information as to whether there has been an improvement or change in student learning behaviours since the first report. **This will be uploaded onto Xuno at the end of week 5 in term 2 (18<sup>th</sup> May).**
- A Semester Report which provides specific information about performance on common assessment tasks as well as an overall summary of a student's achievement and growth for the semester in each subject studied. **This will be uploaded to Xuno during the semester holiday period.**

Student Conferences will continue to be held. This semester, these conferences will be held on 1<sup>st</sup> May where copies of the interim reports will be available for parents who request them.

At the end of the semester, we will be seeking further feedback from parents about the new reporting system so please keep an eye out for the survey that will be sent via Xuno to all families.

If you are having difficulty accessing or using the Xuno platform, please contact our office staff who will be able to assist you on 9401 2599.

# March 2018

## Peer Support Program

They were fantastic, kept kids on task and presented an enjoyable lesson.



Great methods of getting students' attention.



Dealt with students really well, in a positive way.



The Peer Support Program is an integral part of the transition process for our year 7s at Epping, as well as providing opportunities for older students to take on a range of leadership positions in our community.

The Peer Support Program has enabled our school to establish a framework for identifying leadership opportunities for our students and allowing them to develop their ability in managing small teams and designing and coordinating group tasks.

In the future, Peer Leaders will be utilising their leadership skills to mentor junior students and to provide ongoing support and encouragement for their home groups and mentor groups.

The Peer Support Program creates a supportive and welcoming environment for our junior students and has established positive connections between our younger and older students.

A big thanks to all the supervising teachers who gave up their classes to support the students throughout the term and for their positive, supportive feedback.

Finally, I would like to congratulate our Peer Support leaders on their achievements this term, time and time again the feedback from supervising teachers has been outstanding. I am very proud of how our young leaders have grown and developed and I can't wait to see what they will achieve and the leaders they will become in the future.

**Ms. Hart**



Wonderful to have them in my class. My kids genuinely look forward to Peer Support and love meeting with the leaders. The leaders showed fantastic abilities in all activities, even those who were, put on the spot. My kids were having a noisy day (I've been away all week, so I think they may have been a bit 'free' this week) and the leaders handled it really well. Thanks for preparing them so well!



# March 2018



OMG – that was so scary, but so much fun.

They were really well-behaved today.



It's really hard miss, how do you do it?



Miss, how do you make them listen?



I really like it when we went outside and played games.



Can you be our teachers all year?



Can we do this all year?



The kids are so cute ...



They were good.



It was so much fun!



It's nice when our Peer Support Leaders come and talk to us in the yard.



## Epping Secondary College

*Learning for life*

# March 2018

## Homegroup Captains

7A	Junnifer Noun	Hannah O'Bree	
7B	Kaidyn Cockshutt	Daniel Tsigros	
7C	Travis Palmieri	Esther Stark	
7D	Amy Pullar	Ruben Bevilacqua	
7E	Krrish KC	Elijah Siilata	
7F	Sachmann Kaur Mann	Leilani Masoe	
7G	Tiffany Dowdell	Benjamin Stojanov	
7H	Akanshya Lama	Brianna Lord	
7I	Martin Miloseski	Stephanie Janevski	Olivia Coade

8A	Jameson Heathcote	Julia Lanzetti	Kim Condon
8B	Tiaane Roets	Paula Fahina	
8C	Chelsea Huynh	Chloe Maj	Kesar Nanda
8D	George Adedoyin	Alexis Cossai	
8E	Bianca Tenace	Batoul Majedy	
8F	Natalia Dimario	Rebecca Magee	
8G	Chloe Filiposki	Mikaela Filipovska	
8H	Jafar Sulaiman	Vuyisile Dumezweni	
8I	Anastasia Mitkoska	Hannah Anton	
8J	Kaitie Strolla	Jovana Petrushevska	Jana Miloseski
8K	Jana Ilievska	Mirza Muhamad Zamri	Guiliana Pittorino
8L	Harshitha Chandra Kumar	Ashlin Paulson	Matthew Fitzgerald

9A	Katelyn Lord	Caitlin D'Avoine	
9B	Seb Valeri	Parnia Shahnazi Jang Tapeh	Ying Chong
9C	Monica Nguyen	Liana Chambers	
9D	Mina Sulejman	Tahlin Michael	
9E	Teja Sajja	Fatemeh Tanzadeh	Anmol Singh
9F	Anastasia Lambrou	James Christakos	
9G	Hitaishi Verma	Amber Thomas	Winnie Ingabire
9H	Mariam Mohammad	Jerome Gionta	
9I	Adam Compton-Robbins	Ejvas Arifoski	
9J	Sheriline Lay	Jordyn Bower	
9K	Jessica Razmovska	Rosela Fejzolli	Jacob Ivakovic
9L	Hanan Alkhatib	Val Di Paolo	

10P	Kail Goodwin	Marlina Kapoulas	
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**Debating Captain**

Jack Christiansen

## Congratulations

# March 2018

## Student Wellbeing Team

	Leanne Halsall	Wellbeing Coordinator	Mon - Fri
	Antoinette Rehak	Integration	Mon - Fri
	Maria Nguyen	Psychologist	Mon
	Helen Cisternino	Psychologist (New Chapter)	Wed - Fri
	Pooja Shah	Ed Psychologist	Wed
	Daiva Verbyla	Psychologist (New Chapter)	Thurs
	Deb Shepherd	Counsellor	Mon & Tues
	Carly Young	Counsellor	Tues & Fri
	Tiffany Griffith	Counsellor	Mon - Fri
	Mona Botros	Multi - Cultural Worker	Wed - Fri





On 24<sup>th</sup> February, the A-Team, which includes students from years 8 to 11 and an ex-student Aaron Lloyd from last year 12's, participated in an event called the **Spartan Race**. This is either a 7km or 14 km obstacle course that involves running, rope climbing, mud crawling, lots of burpees and other unique activities. During the month leading up to this event, many training sessions were provided to us after school on Wednesdays. The sessions involved a variety of activities including running, push ups, sit ups and games such as dodge ball and octopus which were not only fun and enjoyable but also challenging. Training sessions were run by Mr. Gonzales, in preparation for the rigorous obstacles of the Spartan Race.



**Year 9:** Seth Digiaco, Andre Bevilacqua, Anastasia Lambrou

**Year 11:** Matthew Bevilacqua, Daniel Gulaboski, Dylan Newell, Harry Ryan, Blake Thomson.

On the day of the event we departed from school at 8am, wearing our team shirts for the commute to the event location, Lake Dewar in Bacchus Marsh. The area was filled with loud music and hundreds of people creating a motivational atmosphere encouraging us to push ourselves further.

One of the most memorable obstacles was the 20 metre mud crawl. This was the most challenging, yet rewarding activity – there was no way you could quit, so you had to push yourself to reach the end. Along the rest of the course we were met with obstacles including crossing rivers of cold water, walls that needed to be jumped or crawled under, throwing of a javelin into a tyre and carrying tyres and sand bags up and down hills.



Towards the end of the course we were confronted with an obstacle that involved us jumping onto a net which was suspended in the air above incoming racers so it made it feel like we were hovering. To reach the finish line we had to run between two huge men called gladiators whose sole purpose was to stop you with their foam covered poles.



Upon finishing we were awarded a medal, a t-shirt and a water bottle. Once we had changed from our extremely muddy clothes, we headed home with a stop off for a very well earned lunch.

The event was very enjoyable; it pushed all of us to our limits and we would all love to go back and do it multiple times again. Finally, BIG THANK YOU to Mr Gonzales for organising the event. Also Ms Privitelli, Mr. Rifo, Mr. Vogdanis, Mr. Marchbank, Mr. Harper, Mr. Hewawasam, Mr. Thomas and Mr. Brooke, for being there to support all of us and provide advice, as well as training and a great experience that we will never forget.

**Written by A TEAM**



# March 2018

## VCAL Luncheon



Luncheon is a day where the year 10 Pathways and year 11 VCAL Food Technology students, come together as a group to make two dishes each to serve to the staff. Most students make a sweet and a savoury dish so there is always a wide variety of dishes ranging from mini pizzas to sushi and sweets such as cupcakes and cookies. The students are given two periods to make two dishes to serve to the staff during lunch, then period 4 all the students help each other with cleaning the kitchen. Once this is done the students are able to eat what's left over. This day is a good way for the students to use their communication and team work skills, as well as giving an insight as to how a real kitchen operates -stressful, busy and non-stop. It is also a good day to challenge the students to see if they can handle the stress and full on work in a kitchen.

**Alyshia Negrin 11V**

Our food class spent most of the day preparing our chosen dishes. Each student chose 2 bite-sized dishes to make on the day for the teachers to enjoy for lunch. We worked as a team, self-managed well and helped each other with the cleaning. A lot of teachers sampled our foods and thoroughly enjoyed them. I made Greek baklava and pumpkin haloumi sausage rolls.

**Sinan Kaya 10P**

On 6th March, the VCAL Food students held a luncheon for the teachers. It was a great turn out and a challenge for all students. We were required to create a food order for the day with the ingredients we needed. I ordered the right amount of ingredients and nothing was wasted. I thought I would have completed my dishes very quickly and would have had time to spare but that wasn't the case. On the day I made two dishes, one being a healthy snack that everyone enjoyed, rice paper rolls. They were filled with carrots, sprouts, spring onions, cucumber, capsicum and I added prawns. My second dish was white chocolate and macadamia nut cookies which were delicious and a snack all the teachers loved.

**Chloe Manuel 11V**





# March 2018

## Pancake Day



As part of their studies in Personal Development, Year 12Y class organised and held a Pancake Tuesday activity on Tuesday, 27th February. The students demonstrated great team work, organisation, hospitality and communication skills. They managed to provide pancakes for over 100 students and staff and raised money for a local charity of their choice. Thank you to the Food Tech staff, Jodie Clohesy, Linda O'Shea, Edna Cruz and Maha Khallouf as well as Andrew Beale for helping make the day possible. Great work 12Y!

Ms. Rehak



# March 2018

## Wellbeing Report

### Social Media, Cyber-Safety and Bullying:

Epping Secondary College has a zero tolerance to bullying. "Bullying involves a desire to hurt + hurtful action + a power imbalance + (typically) repetition + an unjust use of power + evident enjoyment by the aggressor and a sense of being oppressed on the part of the victim. (Rigby, 2002).

It is important for a student to report bullying when it occurs and write an incident report. At times a student may feel like they are 'dobbing'. However, if bullying behaviour is not reported then it encourages a culture of disrespect, inappropriate behaviour and the victim may feel powerless and isolated. At Epping Secondary College we have clear processes in place to support the victim and also work with the perpetrators to enable the inappropriate behaviour to stop. It is important for parents to work in partnership with the school to ensure we obtain the best outcomes so students feel safe and comfortable at school.

Epping Secondary College is pro-active and runs many programs across all year levels to promote healthy relationships and the appropriate use of technology. So far this year we have ran the following programs:

- **Year 7:** Healthy Relationships (Secondary School Social Shuffle), workshop with Senior Constable Tim Forster and Student Wellbeing Coordinator Leanne Halsall, Information Evening – Bullying and Cyber-bullying policy explained and the responsibility of parents in relation to out of school hours, Office of eSafety Commissioner, 'Parent's Guide to Online Safety' booklet handed to all parents.
- **Year 8:** Healthy Relationships (responsible use of technology, in Health classes)
- **Year 10:** Respectful Relationship Program.

Other year levels will have programs focusing on respectful relationships throughout the year. Parents will receive information via the Newsletter.

There will be a very informative workshop-'Growing Up Online' that I highly recommend for all parents to attend:

All informative and entertaining session for parents and carers is delivered with Susan's famous 'no nonsense' approach and will cover the positive benefits of technology as well as what parents need to be aware of:

- What are kids doing online?
- Cyberbullying
- Potential dangers and safety tips.

**Recommended for:** Parents/Carers of children and young people

**Date:** Monday, 14th May, 2018

**Time:** 6.30pm-8.30pm

**Location:** City of Whittlesea, Council Offices, Fountain View Room  
25 Ferres Boulevard, South Morang

**Bookings:** Family Services Education Officer  
[familytraining@whittlesea.vic.gov.au](mailto:familytraining@whittlesea.vic.gov.au)

**Phone:** 9404 8865

**Cost:** Free

**Register Online:** [www.trybooking.com/TVVG](http://www.trybooking.com/TVVG)

**Leanne Halsall**  
Student Wellbeing Coordinator



Healthy Relationships  
Senior Constable Tim Forster



## Growing up online Presented by: Susan McLean—Cyber Safety



All informative and entertaining session for parents and carers is delivered with Susan's famous 'no nonsense' approach and will cover the positive benefits of technology as well as what parents need to be aware of:

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**Phone:** 9404 8865

**Cost:** Free

**Register Online:** [www.trybooking.com/TVVG](http://www.trybooking.com/TVVG)

For more information or to register your booking contact Council's Family Services Education Officer, on 9404 8865 or email [familytraining@whittlesea.vic.gov.au](mailto:familytraining@whittlesea.vic.gov.au)

**Council Offices**  
25 Ferres Boulevard  
South Morang VIC 3752  
Locked Bag 1  
Bundoora MDC VIC 3083

**Tel:** 03 9237 2170  
**Fax:** 03 9409 8880  
**TTY:** 133 677 (ask for 9237 2170)  
**Email:** [info@whittlesea.vic.gov.au](mailto:info@whittlesea.vic.gov.au)  
**Web:** [www.whittlesea.vic.gov.au](http://www.whittlesea.vic.gov.au)

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# March 2018

## SRC Report

This year the SRC has been focusing on donating to a small charity. As our main focus for semester one is based on animals we thought that donating to the Second Chance Animal Rescue Shelter would be an amazing idea. Our first fundraiser is the Easter Raffle. We are planning to ask for donations of chocolates from different shops, our school and our community. During lunchtimes we will be selling raffle tickets so come find us and BUY TICKETS!

The SRC will possibly make a special trip to the rescue shelter to speak to them and create a video of showing how the funds raised will be put to use. Another of our wonderful ideas that we are working towards is asking the shelter to bring in their beautiful pets for a petting zoo!

At the Athletics Day we are organizing the school choir to perform as well as creating a target for students to throw wet sponges at teachers!



The SRC group also attended a Cluster meeting this term aimed at developing our leadership skills.

Imani Sukhon  
SRC President



### FREE DENTAL CARE EXISTS!

For clients who are eligible for the **Medicare** funding or have **Private health** insurance will have no out of pocket costs\*

Please call our helpful team for more information



9467 6759 [www.newagedental.com.au](http://www.newagedental.com.au)  
Suite 5, Level 1, 20 Scholar Dr, Bundoora VIC 3083

\*Conditions apply. Offer cannot be used in conjunction with other ongoing promotions. Offer is not to be exchanged for any monetary value. Offer subject to change without prior notice.



**Helen Gotti** is our qualified Dental Therapist with 35 years of experience in treating children and young adults



# March 2018

## Sport Report

Year 8 boys' cricket team are through to the finals against Hazel Glen now scheduled for Monday, 26<sup>th</sup> March and is a T20 type format. Some match highlights were the team scoring 76 from 8 overs. Both Tarkin and Kade had to retire, having each made 27 N.O. and then bowling to Lalor 8 for 19 with Kade almost snagging a hat trick in the first over and taking 4 for 0 in that over. In the second match against Whittlesea the boys went very hard on a run scoring frenzy and worked tirelessly to score at every opportunity. This resulted in a mammoth tally of 1 for 101 from 12 overs with big hitters Tarkin, Kade and Vihanga again scoring the big runs. Whittlesea could only manage 8 for 52 from their 12 overs with Rhys taking an awesome catch and Bailey a timely bowling wicket. Including the weather, it was a very enjoyable day all round for the team orientated boys, who are now training hard for the big derby against Hazel Glen.

**Mr Cooke**

Year 8 boys' and girls' tennis teams led by Mr Hose put on a clinic at Whittlesea Tennis Club as both teams successfully made it through to the NMR with extremely impressive performances displayed by all students.

The first pool matches were very hard fought with Mill Park pushing the girls' team to the limit. However, in the final against Whittlesea, both the boys and the girls were up to the challenge and comfortably won the final. The next round for the year 8 tennis players will be the 2<sup>nd</sup> May.

The year 8 baseball team, despite only being thrown together a couple of days prior to the competition day and with one training session under their belt, won their first round match. The team led by Aden Memeti, overcame Mernda SC in a tight contest that went right down to the wire.

The next round for the boys will be on May 2<sup>nd</sup>.

**Mr Luttmer**



A promotional poster for the Coles Sports for Schools 2018 campaign. The poster features a blue background with a large white silhouette of a person running. On the left, there is a red circular logo with the text 'coles SPORTS for SCHOOLS 2018' and a small illustration of two people running. In the center, the text 'SUPPORT OUR SCHOOL AND GET COLLECTING' is written in large, bold, white capital letters. On the right, there is a photograph of two young athletes, a boy and a girl, both wearing 'coles' branded athletic gear. The boy is holding a tennis racket and the girl is holding a basketball. At the bottom left, there is a block of text: 'We would love your help collecting Coles Sports for Schools for our school. Tell your friends and family to get involved as well, because the more vouchers we collect, the more sports gear our school will receive.' At the bottom right, there is a red rectangular box with the 'coles' logo in white.

**coles SPORTS for SCHOOLS 2018**

**SUPPORT OUR SCHOOL AND GET COLLECTING**

We would love your help collecting Coles Sports for Schools for our school. Tell your friends and family to get involved as well, because the more vouchers we collect, the more sports gear our school will receive.

**coles**



## Help your child succeed in 2018 – free online help

Thanks to Melbourne Polytechnic our students get free access to the Studiosity service, for after-hours, one-to-one help with homework and study questions.

### Why use it?

- Feedback throughout the draft-writing process can help students become more confident and improve their own work
- Increased confidence in school - 91% of students surveyed after using Studiosity said it made them feel more confident with their schoolwork.
- Better results - University research carried out in 2017 showed a correlation between students using Studiosity and receiving a higher GPA.
- 

### How does it work?

As soon as your child gets stuck on a question, in maths, physics, chemistry, biology, English and more, they can log in and get connected to a vetted Subject Specialist. After school, on weekends, and during holidays – Studiosity is always available to help.

Your child can also upload a draft essay or assignment any time, for useful and encouraging feedback on their work within 24 hours, which helps them improve their draft before handing it in.

### How can my child use it?

Students each received a unique Activation Code, and must first activate their free school account for 2018 at [www.studiosity.com/start](http://www.studiosity.com/start).

If your child can't find their activation code, please contact the school directly.

Please note, 'Studiosity' was previously called 'YourTutor'. If your child has an existing account from last year, they will not need to re-activate again but can simply log in at [studiosity.com/connect](http://studiosity.com/connect) to continue receiving access in 2018.

Your child can also download the Studiosity mobile app, available in the app store and Google Play store, and link it to their account for extra features like saving a question for later, snapping a quick photo of a problem or using voice-to-text technology.

'Studiosity' is generously provided by [Melbourne Polytechnic](#)





## FINANCIAL ASSISTANCE INFORMATION FOR PARENTS

Every Victorian child should have access to the world of learning opportunity that exist beyond the classroom. The Camps, Sports and Excursions Fund helps ensure that no student will miss out on the opportunity to join their classmates for important, educational and fun activities. It is part of making Victoria the Education State and the Government's commitment to breaking the link between a student's background and their outcomes.

**CAMPS, SPORTS & EXCURSIONS FUND (CSEF)** School camps provide children with inspiring experiences in the great outdoors, excursions encourage a deeper understanding of how the world works and sport teach teamwork, discipline and leadership. All are part of a healthy curriculum.

CSEF is provided by the Victorian Government to assist eligible families to cover the costs of school trips, camps and sporting activities.

If you hold a valid means-tested concession card or are a temporary foster parent, you may be eligible for CSEF. A special consideration category also exists for asylum seeker and refugee families. The allowance is paid to the school to use towards expenses relating to camps, excursions or sporting activities for the benefit of your child.

The annual CSEF amount per student is:

- \$125 for primary school students
- \$225 for secondary school students

### NEW FOR 2018

If you applied for CSEF at your child's school in 2017, you do not need to complete an application form in 2018 unless there has been a change in your family circumstances.

You only need to complete an application form if any of the following changes have occurred:

- new student enrolments; your child has started or changed schools in 2018 or you did not apply in 2017
- changed family circumstances; such as a change of custody, change of name, concession card number, or new siblings commencing at the school in 2018.

Please lodge your CSEF Application Form with Michelle Muggivan (Accounts Receivable) as soon as possible if you have not already done so. The CSEF program for 2018 closes on the **22nd June, 2018**.

**Contact the Michelle on 9401 2599 if you have any queries.**

**Tanya Conrad**  
**Business Manager**

## SAFEMinds.

SCHOOLS AND FAMILIES ENHANCING MINDS

*"A sense of connectedness to families and schools is the most significant protective factor for young people."*

(Branich et al. *Protecting Adolescents From Harm*, 1997)

## SAFEMINDS: AT HOME

SAFEMinds is a partnership between:



headspace  
National Youth Mental Health Foundation



Did you know that mental ill-health is the biggest health issue for young Australians today?  
Do you want to learn some practical tips on how to identify when your child might need support with their mental health and wellbeing?

SAFEMinds At Home parent information sessions can help you with practical tips and resources to support your child through tough times.

### SAFEMinds Comes to Doreen!

headspace Greensborough and Austin Child and Youth Mental Health Service will be presenting a **FREE** session for parents to learn about early detection of and support for young people through the SAFEMinds mental health training currently being introduced for schools and families across Victoria.

**When:** Wednesday 18 April 2018

**Time:** 6:45pm for a 7pm start – 9pm

**Venue:** Orchard Road Community Centre  
121 Orchard Road, Doreen

**Bookings essential.**

For enquiries and registration contact Baseline on 9404 8800 or email [baseline@whittlesea.vic.gov.au](mailto:baseline@whittlesea.vic.gov.au)



Meet members of the headspace Greensborough and the Austin Child and Youth Mental Health Service and learn more about the supports and services available locally for young people and families looking for youth mental health support.

A panel of local services will be available to answer your questions about local support services for young people and families.



SAFEMinds combines a range of targeted training and a comprehensive toolkit of resources, to support whole school communities apply the *NIP It In the bud!* early intervention approach.

SAFEMinds Online

SAFEMinds: In Practice SAFEMinds: At Home

 **headspace**  
Greensborough

Supported by

 **Austin Health**

 **Baseline**  
FOR YOUNG PEOPLE

 **City of Whittlesea**



# March 2018



Whittlesea  
**Community  
Connections**  
Making a positive difference everyday



## GIRLS GROUP

Come along and check out the Girls Group, having fun each week with other girls. Activities across the school year include arts, music and sport workshops and guest presenters on wellbeing & healthy relationships. Starts Wednesday 28<sup>st</sup> February. Let Tiffany, Katriece or Jess know if you want to be involved!



**Day:** Wednesday's  
**Time:** 3:30pm-5:00pm  
**Where:** Epping Secondary College  
(Wellbeing House)

**Contacts:**

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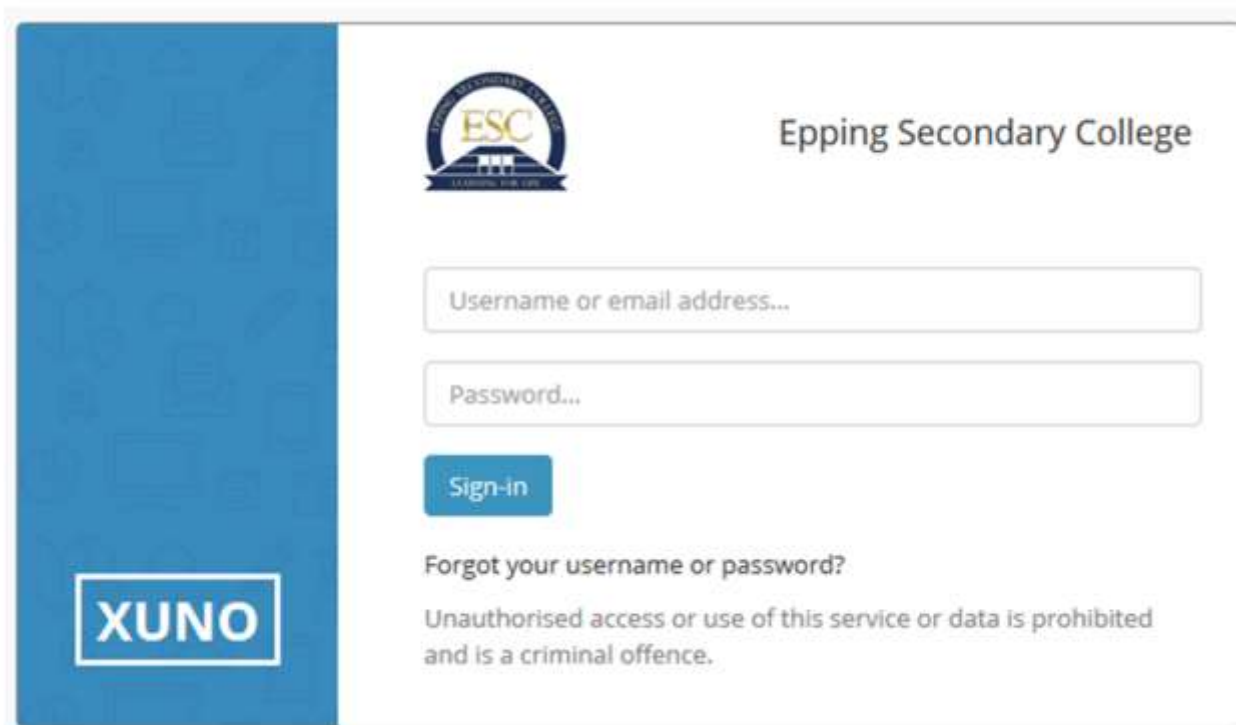
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[whittleseacc.org.au](http://whittleseacc.org.au)

**Epping Secondary College**

*Learning for life*

## Have you logged into the XUNO Parent Portal?



XUNO is your parent portal to view news and events, book parent teacher interviews, check your child's live attendance, update your contact details, and check your child's progress, homework assignments, and more.

### What can you view?

- Attendance
- Timetables
- Incidents and achievements
- Calendar of upcoming events
- News for your students class or Year Level
- Homework
- Reports (past and present)
- Give permission for excursions
- Pay for excursions
- Book future parent teacher interviews



### The following items can be found on the school website:

Quick link to the Portal - <http://portal.eppingsc.vic.edu.au/>

A help booklet page - <http://www.eppingsc.vic.edu.au/content/xuno-assistance-epping-secondary-parents>

If you are having issues with your log in detail please contact the office on 9401 2599.



# March 2018

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