



At Epping Secondary College our relationships and behaviours are guided by the values **RESPECT, COMMITMENT, HONESTY, FAIRNESS AND PERSEVERANCE**

Issue 8



THE UNIVERSITY OF
MELBOURNE

November 2019

Important Dates

DECEMBER

Monday 2 - Friday 6
Y10-Y11 Commencement Program

Thursday 5
Art Expo

Monday 9- Friday 13
Y8, Y9 and Y10
Commencement Program

Tuesday 10
Grade 6 Orientation Day

Monday 16
Awards Night 7pm

Tuesday 17
Y7-9 End of year
Excursions

JANUARY 2020 Term 1

Wednesday 29
Y7 & Y10 commence

Thursday 30
Y8, Y12 & Y11VCAL
commence

Friday 31
Y9, Y11 & Y12VCAL
commence

Kwong Lee Dow Young Scholars' Program

Congratulations to **Sheriline Lay 10J** who has been accepted into the 2020 **Kwong Lee Dow Young Scholars' Program**.

The Kwong Lee Dow Young Scholars' Program is an academic enrichment program designed to support high achieving Victorian school students.

This prestigious program allows students to sample university life, develop leadership skills, access University of Melbourne resources and attend exclusive events.



Sheriline LAY

Well done Sheriline!

November 2019

Principal's Report



In my time as college Principal I have written over 80 newsletter reports. Each and every time I have thoroughly enjoyed sharing with the school community the many great achievements of our students, the many school events and programs that take place every day, the challenges we face and the plans we have developed to propel this great school forward to an even brighter future. But on this occasion I am struggling emotionally and the words are not flowing. This is the last newsletter report I will ever write and I am still reluctant to accept the fact that I will be retiring.

Epping SC has been for me a home and a family for 23 years. It has been a lifestyle and not a career.

I have seen the college transform from a small school of 580 students and 76 staff, when I started in 1997, to a large school of 1280 students and 145 staff as I depart in 2019. Epping SC achieves excellent academic results and many positive outcomes for its students. Our VCE results are the highest among our state school neighbours and this year the number

of students achieving in the 90s has increased and students achieving in the 80s has doubled.

Epping SC has become the school of choice in the area with some families outside of our zone choosing to move into the area in order to be able to enrol their children. This is something we should be extremely proud of because we have achieved this as a whole community.

A key distinguishing feature of our college is that we place equal value on all pathways. Our focus has been to provide all students with every opportunity to achieve their dreams, goals and aspirations, whatever they may be. Our VCAL program is exemplary in offering options that are tailored to the different needs of our students. A recent 20 year reunion saw many young people return to share their successful journeys and life stories with us. Each and every one of them thanked the school for the integral part it played in their progress and successes.

In a recent newsletter report, I listed just some of the multitude of programs that the school now offers. These include: International Tours and Extensive Camps Program, Acceleration Programs, Sports Academy and other sporting opportunities, Exemplary Music, Arts and Performing Arts Programs and University Partnership Programs.

The wellbeing area has also grown from one student welfare coordinator to a team of 5 expert staff addressing the needs of individual students and their families. The team also provides proactive skill building and mentoring programs and has developed strong connections with agencies that can further assist our families and students. The work they do is extremely important in ensuring our students wellbeing is addressed so that they are resilient and better able to learn and thrive academically, personally and socially.

Our established integration program has assisted many students in achieving some amazing outcomes including one of our students with cerebral palsy being accepted into Masters of Bio Medicine this year. Our integration students are cared for by our amazing integration staff and valued by the whole school community.

All of this has been achieved through the efforts of an outstanding team of committed staff, teachers and education support staff. The best interests of the students is at the core of everything they do and their focus is always on continuous improvement.

But a great part of my gratitude goes to our students and families. I have been blessed with a school community which is respectful, aspirational, caring and takes pride in its school. Our students are second to none and they have nurtured my heart and my soul. I have received cards and gifts from students and parents that have brought me to tears. This experience has given me enormous satisfaction and fulfilment and I am grateful to the whole school community and I thank you for letting me into your lives.

ESC will continue to be what I call the Jewel of the North. I wish everyone all the very best into the future and I thank you again.

Helene Alamidis
PRINCIPAL

Epping Secondary College

Learning for life

November 2019

2020

College Captains

2020



Victoria CONFORTO
COLLEGE CAPTAIN



Natalie CARROLL
COLLEGE CAPTAIN



Chloe PLOUGHMAN
VICE COLLEGE CAPTAIN



Emily VALERI
VICE COLLEGE CAPTAIN



Thomas CORNWALL
SOCIAL JUSTICE
CAPTAIN



Lusani SIGWADI
SOCIAL JUSTICE
VICE CAPTAIN

Congratulations

Epping Secondary College

Learning for life

Year 12 Class of 2019 Celebration Valedictory Dinner



The graduating Class of 2019 was celebrated at Epping Secondary College's Annual Valedictory Dinner on Friday 22 November. The ballroom at The Manor on High was full of extremely proud family and friends along with Epping Secondary College staff members as our graduating class entered the ballroom in procession to receive their Completion Certificates and Subject Awards from their year level coordinators.

Congratulations to Daniel Clearly who received the Uni Bridges Award from La Trobe University along with Mark Josifoski, Megan Hooper and Iman Ibrahim who all received the Valedictorian Awards for their year 12 stream being Future Directions, VCAL and VCE respectively.

We were privileged on the night to be addressed by our Principal Helene Alamidis, who shared a wonderful reflection and kind message of farewell to the year 12 cohort on behalf of all of the staff at Epping Secondary College. Ms Alamidis' speech was accompanied by some additional messages of farewell from the College Captains and the Year Level Coordinators.

The night was celebrated in style with all students, staff and guests looking glamorous in their best formal attire. Food, drinks and lots of dancing created an amazing evening for all.

A highlight of the night was undoubtedly the final song 'Horses' where all students spontaneously formed a circle and sung the song together. This could only be topped by the Zorba to celebrate Ms Alamidis final Valedictory Dinner.

It was a lovely evening celebrating the achievements of the graduating Class of 2019. We wish them the best of luck as they take on life beyond school and we are so immensely proud of each and every one of them.

Jessica Spiteri & Michael Rogneda
Year 12 Coordinators



Valedictory Dinner



Student Leaders 2020

HOUSE CAPTAINS

Bianca Tenace 9E (Carlisle)
Emerald Smith 9A (Carlisle)
Jordyn Bower (Carlisle)
Kimberley Ploughman 9F (Carlisle)
Kaitie Strolla (Dalton)
Winnie Ingabire (Dalton)
Adriana Abduloska 10K (Scarborough)
Ana Lazarevska 10G (Scarborough)
Rosela Fejzolli 10K (Scarborough)
Suzan Arifoska 9L (Scarborough)
Jai Mawdsley 10K (Tatlow)
We still need more house captains!
Please speak with Ms Smith or
Ms Bedelis if you are interested!

SRC MEMBERS

Adrijana Gugleta 8C
Rosela Fejzolli 10K
Adriana Abduloska 10K
Siena Kontos 7E
Ravya Gujral 9C
Sana Ahmadian 8C
Emma Vojdani
Atena Mazravi
Leilani Masoe
Queen Kury
Sherline Lay
Banin Dirani
Lina Dirani
Kaitie Strolla
Julia Di Mauro
Winnie Ingabire
Hana Marei

HOMEGROUP CAPTAINS

Mnar Al-Mahalawi 7B
Kiara Redfern 8I
Jamie Bekiaris 7H
Ahmad Ahmad 7C
Lucas Smith 7H
Olivera Mitrovski 7F
Megan Henham 7B
Siena Kontos 7E
Emerson Olivo 7H
Mitchell Musgrove 7E
Karla Roets 7A
Jayden Trajceski 7F
Lily Coade 7B
Grace Eastick 7B
Aleksandra Miloseski 7F

SPORTS CAPTAINS

Mnar Al-Mashalawi 7B
Kiara Redfern 8I
Zane Al-Mashalawi 10D
Siena Kontos 7E
Kimberley Ploughman 9F
Mitchell Musgrove 7E
Layla Kokinsoki 8H
Jamie Bekiaris 7H
Claudia Jurukovski 7H
Ali Hussaini 9A

November 2019

Student Leaders 2020

PEER SUPPORT LEADERS

LANGUAGES CAPTAINS

Sheriline Lay 10J
Ana Lazarevska 10G

DEBATING CAPTAIN

Emerald Smith 9A

VISUAL ARTS CAPTAINS

Jai Mawdsley 10K
Claire Micallef 9K

PERFORMING ARTS CAPTAINS

Max Rossi 9A
Shayla Ritchie 10I

LIBRARY ASSISTANTS

Sana Ahmadian 8C
Esther Stark 8C

Aaron Paul
Kimberly Ploughman
Shae Farquer
Nicole Boyles
Bianca Tenace
Victoria Marafioti
Makenzy Davis
Kaitie Strolla
Jerry Keresoma
Dilhan Calimli
Chloe Maj
Maria-Elena
Tomevska
Ethan Butterfield
Michael Flint
Jovana Petrushevska
Caitlyn Stella
Emmanuel Canete
Jarneaka Harrison
Jessie Miller
Hannah Anton
Bella Fitzgerald
Max Rossi
Abeer Kamal
Jake Lu

Brianna McKell
Guiliana Pittorino
Chloe Sofo
Tylah Folan
Christopher Men
Adam Velardi
Lavanya Sharma
Imani Sukhon
Bailey Vincent
Matthew Fitzgerald
Daniel Lanzetti
Jafar Sulaimen
Raneen Moustapha
Kaitlyn Stavrevski
Harshitha Chandra
Kumar
Angelina Tran
Amy Hooper
Oakly Smith
Athaw Ajack
Suzan Arifoska
Ravya Gujral
George Adedoyin
Raf Gonzalez

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Real Life Job Interviews



PEPPING SECONDARY COLLEGE



Real Life Job Interviews

The process began with the two-day Career Awareness program, which is where we commenced our preparation as a year 10 cohort for the Real Industry Job Interviews. The program enabled us to fruitfully construct our resumes and cover letters to the high expectations of our future employers. With the guidance of our teachers, the year 10 level were able to walk into the interviews fully prepared and confident in what they were there to achieve. The purpose of this experience was to help us become prepared for real life interviews and gain the necessary skills required for success.

The interviews were held at the Plenty Rangers Performing Arts Centre, on Tuesday 29th October. The day was convened by the Local Learning Enterprise Network who ran the day for not only our school but for a number of others as well. We were lucky enough to have a wide variety of employers who specialise in a number of different fields, whether it may be social workers or ICT managers. As we entered the building we were required to sign in and then we received our table number which correlated to the employer that we were assigned to.

We walked in with our heads held high after a morning of getting ready to impress and greeted our interviewer with the firmest handshake we could.

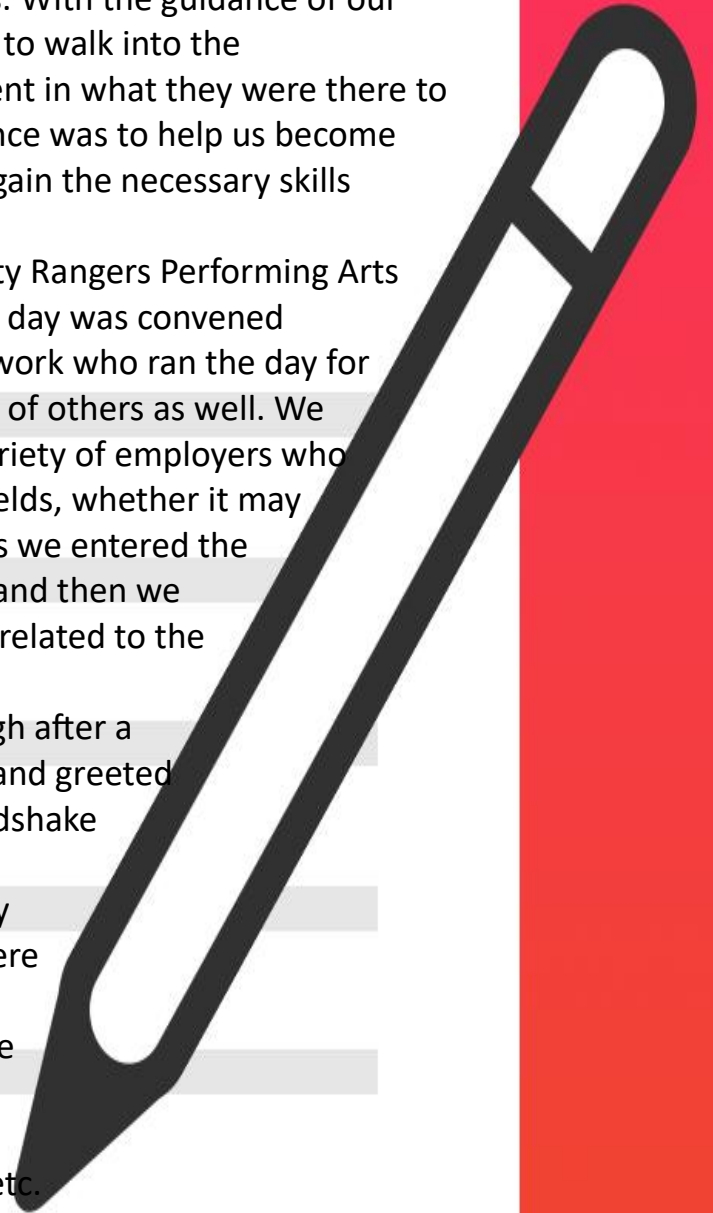
The interview went for approximately 10 minutes, during which time we were questioned on multiple things and marked against a criteria. Some of the topics covered were our problem-solving abilities in different environments such as school, work, etc.

Another area was whether or not we are able to demonstrate appropriate mannerisms for teamwork and any personal experiences we have in the field we have applied for.

We received feedback after our interviews putting us in good stead for future real-life interviews.

We would like to thank Mr. Malcolm, Mr. Williams and Mrs. Scott for their support throughout this process.

Poppy Lozanovski, Jordan Schimming, Celeste Canals-McInnes





BREAKING NEWS

ACU Experience Year 12 VCAL 2020

On November 22nd the Year 12 VCAL students of 2020 experienced what a day at the Australian Catholic University would be like.

The university offers courses in Nursing, Law, Education, Exercise Science, Paramedicine and Occupational Therapy.

The students heard from current students at the university about various pathways into university.

They were able to meet adults who were at university after working and studying certificate courses and the students were encouraged to see their experiences and passions as stepping stones towards future careers. They were able to experience a mock law court, paramedical emergencies, a nursing and sports science workshop.

The workshops were all very 'hands on' and the students left the university aware of different courses and the various experiences offered at universities. They participated well in all of the workshops and we thank ACU and the Smith Family for enabling us to attend this excursion and for the lunch they provided us on the day.

Hume Local Learning Network

Students were awarded VET awards for the Hume Local Learning Network.

The students are from CAL/Future Directions at Epping Secondary College.



EAL & International Student Lunch



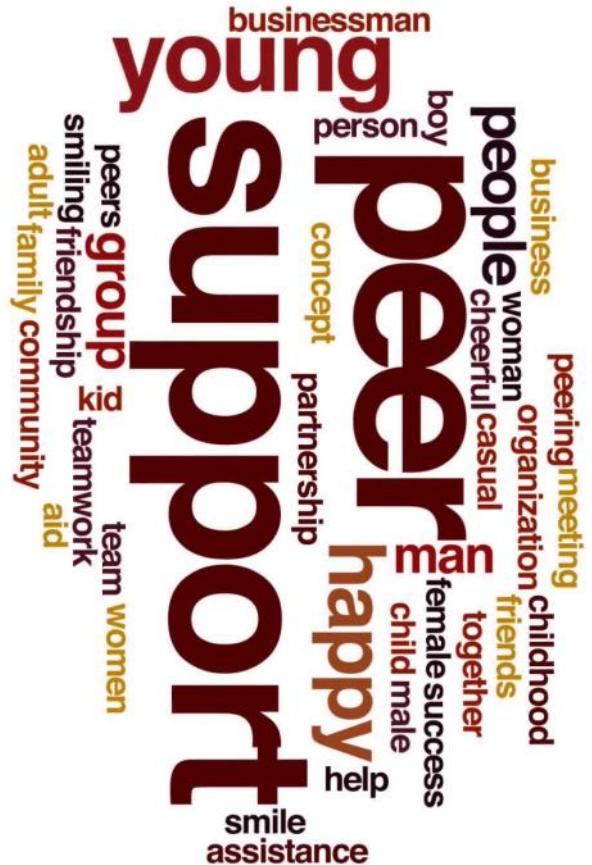
November 2019

Peer Support Leaders



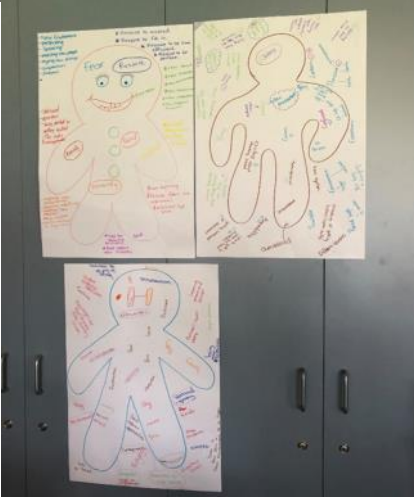
Peer Support Leaders

Aaron Paul	Brianna McKell
Kimberly Ploughman	Guiliana Pittorino
Shae Farquer	Chloe Sofo
Nicole Boyles	Tylah Folan
Bianca Tenac	Christopher Men
Victoria Marafioti	Adam Velardi
Makenzy Davis	Lavanya Sharma
Kaitie Strolla	Imani Sukhon
Jerry Keresoma	Bailey Vincent
Dilhan Calimli	Matthew Fitzgerald
Chloe Maj	Daniel Lanzetti
Maria-Elena Tomevska	Jafar Sulaimen
Ethan Butterfield	Raneen Moustapha
Michael Flint	Kaitlyn Stavrevski
Jovana Petrushevska	Harshitha Chandra Kumar
Caitlyn Stella	Angelina Tran
Emmanuel Canete	Amy Hooper
Jarneaka Harrison	Oakly Smith
Jessie Miller	Athaw Ajack
Hannah Anton	Suzan Arifoska
Bella Fitzgerald	Ravya Gujral
Max Rossi	George Adedoyin
Abeer Kamal	Raf Gonzalez
Jake Lu	



November 2019

Peer Support Training



On Wednesday 13th November and Thursday 14th November, 49 Year 9 students participated in Peer Support training in preparation for the 2020 Program.

Students participated in team-building activities supported by the 2020 College Captains (Lusani Sigwadi, Emily Valeri, Natalie Carroll and Chloe Ploughman), public speaking opportunities, games, a Q & A with the 2019 Peer Support leaders, a session with Mr. Kaska exploring the transition from primary school to high school and mindfulness with Ms Edwards.

The Peer Support team look forward to meeting their Year 7 home groups!



Macedonian Celebration



My name is Natalie Stefanoski and I would like to thank Ms. Janinska for making the Macedonian Celebratory night happen. During the year a group of girls and I were learning the oro pajdusko and the folk dance vodarki. We also had fundraisers to collect money for this wonderful event. We had many changes throughout this year and have learnt many new skills. This night has changed me as a person. It has given me have a better mindset and developed my self confidence.

On Friday 1st November, we had a rehearsal at Ferraro Reception which was a big turnout. Everyone practiced their parts and the dancers practiced their dance. At 1:00 we were dismissed from the venue. We returned back to the venue at 5:00-5:30 as the event started at 6:00. During the night everyone made a mistake, no one cared about this though and everyone continued with a positive attitude.

The night was amazing, everyone had fun and we all enjoyed it.

Without the help of teachers, students and parents this night wouldn't have happened. I would like to say that the night was a fantastic night because I could spend time with my family and friends and show how much I have worked throughout the year. The highlights for me were when Mr Kaska sang Zajko Kokorajko and we all danced to the song, the Macedonian folk dance Vodraki which year 7 Victoria gave her lunchtime to

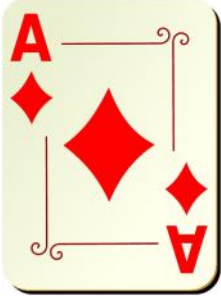


help us perfect the dance and when the year 11's sang Na Veligden and we all danced to the song. The other bit that stood out for me was when Tatjana Lazarevska was singing the traditional Macedonian songs that we all thoroughly enjoyed. It was a night to remember as we were able to say goodbye to Mrs Alamidis as she is retiring. We gave her a thank you gift for all the hard work she has done throughout the years for the college. I would like to thank Ms Janinska for all the hard work she put in during lunch times, helping us practice the dances, poems and songs.

In the future I hope we will have more wonderful events like this, with more students participating to make the night as spectacular as 2019.

I wish Mrs Alamidis an amazing retirement.





Year 8 ACE Excursion

Year 8 ACE Marvellous Melbourne poetry excursion.

In November, the year 8 ACE students travelled to the city to gain inspiration to create an anthology of poems about Melbourne. They sat on the steps of Flinders St and Federation square; quietly reflected in St Paul's Cathedral, contemplated in front of Australian artworks in The Ian Potter Gallery and meandered their way through the diverse laneways of the city.

These are some of their responses:

Heart of the city

By Hannah O'Bree

Deep in the city,
A distant mumble
Of stray voices.
Thoughts lost
In waves of chaos.
Overheard conversations
Forgotten in a second.
Blinding flashes.
A moment forever
Kept in a pocket.
Wailing sirens
Rattling trams
Screeching brakes
Honking cars
Polluting our ears
Heart of the city



Ephemeral Beauty

Flannel Flowers (Margaret Preston)

by Junnifar Noun

Solemn gallery displaying,
Amazing works of art,
Taken from,
History's camera.

Smooth beige square frame,
Capturing the art work.
Separate from other paintings,
A plain but luring background.

Symmetrical square table.
Fallen flowers,
Laying on the cloth,
Ephemeral beauty.

Brown table cloth under the,
Dark cylinder shaped vase.
Thick stems floating in the,
Murky stilled water.





The Smashed Project Year 8

Students in Year 8 watched the Smashed performance on the 26th November. The vision of the Smashed Project, *"is to break down the culture of underage drinking and reduce alcohol related harm amongst adolescents."*

The theatre company travels around Australia and presents to Secondary school students free of charge.

The Smashed project provides resources so teachers can further explore themes covered in the performance. Students also undertake pre and post surveys so the impact of the performance is measured.

Smashed had three main characters and they explored the dangers and risks of underage drinking, the causes of underage drinking, social influence and peer pressure. Most important, students could relate to and empathise with the characters – Jack, TJ and Bronte. The performance allows the students to put themselves in the shoes of the characters. Students experienced the negative impacts of alcohol and the breakup of Jack, TJ and Bronte's friendship.

The Smashed Project enables students to improve their knowledge and understanding around binge drinking and the potential dangers. It also sets students up for the future as they can use the strategies from the show to make informed choices and keep themselves safe.

I will be sending a link to parents via XUNO, so you can read information provided by the Smashed Project and have a discussion with your children.

Smashed was an outstanding theatre performance and the students were very positive with their feedback.

Leanne Halsall
Wellbeing
Coordinator





PATHWAYS DINNER

On 26th November, Year 10 pathways celebrated the end of their school year with a dinner thanking their teachers and parents with a three course dinner. Students cooked an entree of Baked Potato and Chicken Skewers, main of Chicken Parmigiana and dessert of Lamington Cake and Frog in a Pond. The theme of the night was Australiana with Seb, Jamie, Mazen and Jacque prepping the room T9, as the weather was a bit uncertain for alfresco dining.

The students dressed the table with beautiful gum leaves and natural flora, whilst the rest of the class was prepping their meals.

Entree was served at 6.15 with Ej, Belinda and Emily making sure all dietary requirements were catered for and served first. Georgia was a roving helper ensuring all teams were working on time and that everyone had the right amount of food for their guests.

Coby, Jayden, Justin and Darcy worked on the Parmigiana, chips and salad. Coby ensured all team members were communicating and prepping the chicken crumbing and placing their own artistic license on the crumbing.

Brad, Kai and Ervin worked hard on making a lamington cake from scratch and ensuring all kids were catered for with a Frog in a Pond. Kai led the team well by explaining all instructions and making sure the team had the correct measurements for the perfect cake.

The students worked hard on their communication skills and teamwork in making sure the meals were cooked perfectly and the kitchen was cleaned post meals. Parents dined and caught up whilst their favourite songs were playing and viewed a slide show of all events their students partook in throughout the year.

Pathways should be proud of their efforts and the seamless running of the event. Both teachers and parents went home happy and proud of their students' achievement.

Grace Edis
Pathways Coordinator

PATHWAYS DINNER



1999 2019

20 YEARS PATHWAYS REUNION

Twenty years ago Epping Secondary College took the bold step of setting up an Alternate Program for year 10 students. In the year 2000 Pathways was born.

Three years later VCAL became part of this journey, giving students the choice in the way they would be educated and trained in their senior years of education.

Over 500 students have passed through our program in those twenty years.

As such we felt it was an appropriate time to put in a reunion and contact as many ex students as possible.

Mr Stevens' elective group organised the two day rolling morning tea and contacted the students through social media and email contact.

It was great to see so many ex students and listen to their stories and feel proud of having been part of their growth and development. So many commented on how the program had given them a great start and actually help define who they were.

A number of students also made contact days after the event and have continued to visit us.

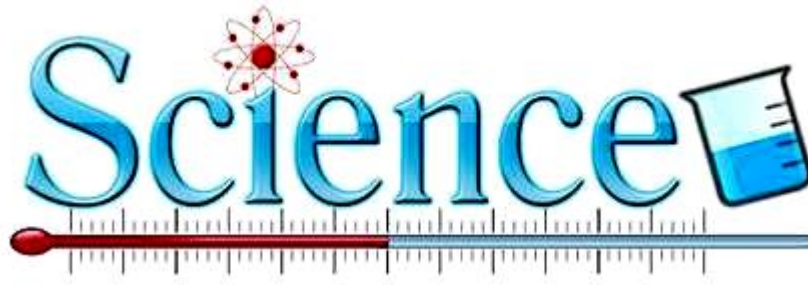
A registration of contacts was also set up during the two days and many ex students have indicated an interest in supporting our present students with work placements.

Overall it was a great success and as you can see from the photo's T9 was decked out in 20 years of photos and history of the unit. Wonderful .

Mr Stevens – Applied Learning Leading Teacher







PERIODIC TABLE

Forty-five days, hardwork and creativity is all it took to create an entirely custom made and unique piece of work from me.

Mr Rizzo had approached me with an amazing idea in mind for his newly decorated classroom, to make a gigantic Periodic Table for one of his walls.

About two years ago I purchased my iPad Pro and with it an Apple Pen in which my love for art and creating was formed.

Drawing, sketching, lettering, colouring, designing, you name it, I have most likely done it.

Science has always been an interest of mine and I am very curious about the topic.

However, never did I imagine such a task of designing/lettering combined with one of the most engaging core subjects.

As a fourteen year old, teenage girl in high school, my interests are continuously changing as diverse opportunities come up.

Yet I believe my excitement towards science will always exist.

Julia Di Mauro 8C

Journey Through the elements



November 2019



Yr10 Drama Excursion

Atomic – The Suitcase Series at the Malthouse Theatre

At the start of November the Year 10 Drama class spent the day at the Malthouse Theatre in South Melbourne for the final stage of a creative process that they began at the start of Term 3.

The Malthouse Theatre's Suitcase Series commissions an emerging Australian playwright to write a script that tackles the climate crisis in some way. This script is then made available to schools to use with Year 9 and 10 students. Students can use the script however they choose to – it might be a performance of the whole script, they might write their own script, they might perform sections of the script. The only rule is that all of the costumes and props need to fit within a suitcase. The culmination of this process is the performance day at the Malthouse where each school has 20 minutes to perform their work to other schools who can discuss and give feedback. After the school performances, the students see the Malthouse interpretation of the script, performed by the professional cast and crew.

For our class, we began by reading the full script and discussing our focus for our interpretation – comedy was a big feature. We then worked in smaller groups of different sections of the script, with some whole class chorus sections – *Atomic* is narrated by a chorus of atoms. After a term of hard work, rehearsal and design, we made some tough decisions about what to keep for our 20 minute timeslot and then refined it until performance day.

As their teacher, I am incredibly proud of the work that these students performed at the Malthouse – it was funny, poignant and definitely made the audience think. The experience to see a professional theatre at work and to work with professionals in their context was an invaluable experience. Well done!

Sara Jane Smith





SURVIVOR SUMMIT

A-TEAM

On Saturday, 23rd November, A-Team took 15 year 7 to 9 students to Trafalgar - 2 hours away from Epping - into the Summit **Survivor**, where they undertook a custom-designed, 39 obstacle course across approximately 5 km of hills. To prepare ourselves we trained as a group every Wednesday after school, giving us a unique and empowering opportunity for all of us to experience an awesome sense of achievement!

There was no time limit to complete the course. SUMMIT SURVIVOR was a challenge of agility, strength and determination but we did not have to be super-fit athletes to take part – the event was for anyone, regardless of fitness levels, as long as we were prepared to have a good time, get dirty and swim 30m. We were able to run, walk or crawl our way along the course.

On average it was expected that we would finish the course in 1 to 3 hours, depending on fitness levels.

SUMMIT SURVIVOR promotes challenge by choice, so we did not have to do any of the obstacles that we were not comfortable with and there were no penalties for not completing an obstacle.

All participants received a SUMMIT SURVIVOR race medal and an AWESOME sense of achievement! We now have great memories of an EPIC day out! With this in mind, we cannot wait till next year when students can enrol again into A-Team to participate in this type of activity, and many more that we are planning to undertake throughout 2020.

By Mr Gonzales & Mr Rifo



The following are the students who participated

- 7C Nick Martin, Caleb Arnold
- 8B Connor Abela, Kaidyn Cockshutt, Toby Hickox
- 8D Luther Adedoyin, Hayden Heathcote, Luke Maj
- 8G Thomas Anagnogstellis, Nick Lazarevski, Xavier Moulas, Kyle Stevala, Ben Stojanov
- 8F Noah Canals-McInnes
- 9C Ravya Gujral

Italian Excursion

Year 8 Calabria Club Immersion Excursion



On Thursday 7th November 2019, a group of year 8 students from Epping Secondary College had the opportunity to spend a day full of culture and fun under the banner of Italian spirit at the "Calabria Club" centre in Bulla.

Mr Talerico organised the excursion and was accompanied by Ms Ciavarella, Ms Taylor and Ms Privatelli.

The students had the opportunity to experience the passion and the spirit of the Italian culture. They participated in some wonderful Italian traditional cultural activities including the following: Bocce, (bowling) pasta making, folk dancing and calico (soccer).

Students also participated in a journey of regional discovery.

The day provided the opportunity for students to learn about the clothes, habits, and folk dances of the Calabria region.

They not only prepared homemade pasta but also had fun playing all together with such activities such as soccer and bowls.

The beautiful day was finally crowned with a lunch full of Italian delicacies expertly prepared by the club's chefs.

In short, so many emotions and teachings but also an insight for students of the college to embrace the Italian culture by immersing themselves in experiences and cultural activities of the Italian tradition proposed by the members of the "Calabria Club".

We would like to thank the volunteers Mario Palermo, Antonietta Palermo, Adriana Capodiferro, Aldo Capodiferro, Roberto Ruberto, Sam Sposato, Domenico Caligiuri, Bruno Serratore, Anna Serratore, Nicola Petrasco, Mima and Joe, who generously dedicated their time to the young students leading them in a journey of regional discovery and fun!

Ms Ciavarella

PREMIER'S READING CHALLENGE

Once again, the Premier's Reading Challenge was run as an individual and independent task with the support of Ms Flint. Students were assisted with their registrations but were then given the opportunity to maintain their own accounts with updates of what they had read.

We are very proud of the students who were able to display the school values of 'Commitment' and 'Perseverance' by maintaining their lists and completing the challenge. Presentations of the Premiers' certificate along with the Principal's award certificate were made to students in the library by our Principal, Ms Alamidis who herself, is an avid reader.

A light luncheon was enjoyed along with Ms Alamidis' praise and amazement about the number of books our students read (see our top 10 below). The college would like to thank Ms Flint who gave up her time to assist the students. Congratulations to them.

We want to acknowledge Chloe Filiposki of 9G for her listing of 80 books...yes 80 books. Chloe is a very avid reader and she has been awarded with a \$30 Booktopia voucher.

Also, a special mention to Mia Guest of Year 12 who has completed the challenge every year!

Student	Books read
Chloe Filiposki 9G	80
Lavanya Sharma 9L	48
Anastasia Mitkoska 9I	47
Emily Cooper 10L	37
Yazan Almadani 7A	36
Krrish KC 8E	34
Athaw Malwal 9L	31
Belinda Martin 9I	30
Hitaishi Verma 10G	30
Ebony Woodward 10L	29



Book Club

Our Book Club students have been very busy this year taking on challenges for various prizes throughout the year. We have had many students writing reviews of the books they've read as well as some students using their creativity to design bookmarks for student use. We were excited to celebrate their achievements with a Pizza Party. Well done!

High Tea with the Principal

This year, our Library along with our Book Club ran several competitions. Our 'Book Week - Book of the year' competition was quite challenging, as we asked students to read 9 of the nominated books within a time period and write a review on them. Students struggled as they couldn't engage with some books but once again, using our value of 'Perseverance' a few students managed to read all books and write their honest reviews. These reviews are published on our Library system 'Access IT' for all staff and students to read.

The winners this year were Lavanya Sharma & Anh Tran from 9L, who had the pleasure of attending a High Tea with our Principal Ms Alamidis, as well as receiving book vouchers.

Congratulations to the young ladies on their achievements!



November 2019



In 2019 the In2Science program celebrated 15 years of operation. They placed In2science mentors in 58 schools, including **eleven mentors in classes at Epping Secondary College.**

Miss Holt was nominated as a finalist for the Mentor Support Teachers' Award and Mandy Foyster, a volunteer mentor studying Masters of Dietetic Practice at La Trobe University, was nominated as an Impact Mentor Award finalist for her contribution to the 8B Science class in semester 1.

The Epping Secondary College Science department looks forward to continuing their partnership with In2Science in the years to come, as it is a fantastic opportunity for our students to be exposed and learn from current university students who volunteer their time on a weekly basis.

Ms Holt



Epping Secondary College

Learning for life

November 2019

SRC Report



*Confidence
to connect*

This year has been a year of change and reflection for the SRC – we have had an influx of new faces to the SRC with new plans and ideas.

We have trialled a range of different meeting strategies throughout the year to limit the impact that SRC meetings have on class attendance, as well as a range of different ways of communicating. Ultimately, we ended up using Taskade to organise meetings, assign tasks and reflect on our progress.

We undertook a range of fundraisers throughout the year for The Lighthouse Foundation, Asylum Seeker Resource Centre, State Schools Relief and Victim Support NZ after the Christchurch attacks at the start of the year. SRC students also supported the Future Directions students' food drive for Food Bank. Student support of these fundraising efforts was inconsistent but the SRC are proud of the charities that we chose to support.

Sustainability was also a big issue for the SRC this year, with most SRC students undertaking Sustainability Leadership training with facilitator Stephanie Lai. A clear plan of action and series of priorities were put into place for 2020, starting with the establishment of a 7-12 Green Team.

ESC SRC students attended SRC cluster meetings with other schools in the area and hosted the meeting in Term 3. This is an invaluable opportunity to work with other SRC students on shared priorities and to offer constructive feedback for ideas and plans.

Three students – Emma Vojdani, Atena Mazravi and Leilani Masoe (all Year 8) – represented the school at the VicSRC Student Congress and came back to school with some innovative ideas to trial.

In our final meeting of the year, we reflected and have made some changes to the way the SRC will run in 2020 – all homegroup captains will be invited to join SRC, meetings will be running weekly during lunchtimes as well as an ambitious plan to collect more info from our fellow students to ensure that the SRC really is the voice of the students.

The SRC Team

November 2019

Wellbeing Report

RAISE Mentoring Program:

Selected students from Years 7, 8 and 9 participated in the RAISE Mentoring program for 26 weeks during terms 2, 3 and 4. Students and their Mentors focused on a theme each week and worked one on one with their mentor or in teams.

The program covered a range of topics; focusing on wellbeing, resilience and relationships.

Students often benefit from having an adult neutral role model to talk to.

The Mentors are trained assisting students with identifying and achieving goals.



I noticed how students eagerly looked forward to Fridays and how excited they were when their Mentors arrived. The Mentees had so much to talk about and there was a real buzz in the room at the start of each session. The program finished on Friday 29th November and all students and mentors made such heart felt speeches. The mentors had such an amazing impact on our students and it was evident in the students' speeches. Students had mixed emotions as they celebrated their successes and then had to say farewell to their mentors.

We are so fortunate to have the RAISE mentoring program at Epping Secondary College. Students have completed surveys and participated in a Focus group to give feedback about the program.

It is so important to have student voice as it enables staff to know what really works and how we can improve programs in the future.

Leanne Halsall
Student Wellbeing Coordinator



Sport Report



ESC House Fun Run

On Thursday 28th November, the annual ESC House Fun Run was held in absolutely perfect conditions. The students battled their way through the 2.6km course with the aim of promoting physical activity amongst the school community. In the year 7 event the pace as a collective was the quickest for the day with Christian Dafovski the winning boy and Sharni Williams crossing the line first for the females. The year 8s event Bridie Groves absolutely blitzed the field to win by over 90secs and in

the boys Daniel Tsigros winning the boys race ahead of Matthew Stingas.

The pace of which some of the students completed the course was incredible, highlighted by Ali Hussani from year 9, who ran a time of 9.15min.

Suzan Arifoska ran an extremely professional race winning comfortably from Anastasia Mitkoska.

Students attitude towards the day as a whole was excellent and all students should be very proud of their efforts and the way they represented the school when out in the community.

Below are the top 10 boys and girls from each year level:







	Year 7 Girls	Year 7 Boys	Year 8 Girls	Year 8 Boys	Year 9 Girls	Year 9 Boys
1 st	Sharni Williams	Christian Dafovski	Bridie Groves	Daniel Tsigros	Suzan Arifoska	Ali Hussani
2 nd	Yen Le	Caleb Arnold	Evie Stephens	Matthew Stingas	Anastasia Mitkoska	Alex Christakos
3 rd	Chloe Ryan	Jake Tsigros	Tracey Achieng	Matthew Charlambas	Claudia Gionta	Nick Stangolevski
4 th	Nikoleta Koulouktis	Gubir Singh	Brianna Lord	Yakub Arifoski	Jana Miloseski	Kade Lawry
5 th	Nyareak Malwal	Hussain Al-Hussani	Hayley Smith	Hasan Hasan	Lavinia Van Heer	Gary Brar
6 th	Olivia Winley	Jacob Trajkovski	Tiffany Dowdell	Cohen Curno	Yuveka Vickneswaran	Shaharyar Nadeem
7 th	Anika McDonald	Ethem Arifoski	Layla Kokinski	Noah Canals-McInnes	Fatima Faili	Hussain Jabbar
8 th	Luana Sabani	James Hemphill	Bianca Petrevski	Ruben Bevilacqua	Belinda Martin	Mark Carroll
9 th	Mnar Al-Mashalani	Owen Muareem	Kiara Redfern	Harris Peyiotis	Ravya Gujral	Alter Cil
10 th	Shaima Shah	Yazan Almadani	Racquel Soklev	Noah Mohammad	Tea Sale	Clayton Moulas

November 2019

Sport Report



HOUSE TOTALS

Tatlow Tigers	Carlisle Cobras	Scarborough Scorpions	Dalton Dragons	Findon Falcons	Pindari Panthers
					
13976	13697	13553	13397	12170	12030



0418
172
506

\$25 PRIVATE LESSONS

JAC MUSIC SCHOOL
824 EDGARS RD EPPING 3076

SINGING GUITAR BASS GUITAR ACOUSTIC
GUITAR ELECTRIC PIANO KEYBOARD
DRUM KIT UKULELE VIOLIN