At Epping Secondary College our relationships and behaviours are guided by the values RESPECT, COMMITMENT, HONESTY, FAIRNESS AND PERSEVERANCE

June 2020

Issue 4



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Remote Learning

- I am extremely proud that all members of our College community have shown a commitment and determination to meet the challenges of these unprecedented times. Congratulations to all of our students who have embraced their Remote Learning program. I would also like to take this opportunity to thank the parents/carers for their support with the remote learning.
- As the leader of the school, I am extremely proud of and I appreciate the incredible workload and tremendous learning they have undertaken to prepare and be ready for such a different Term 2. Developing knowledge and skills around XUNO/Webex/Microsoft Team in a limited time has been challenging.

Welcome Back

• Welcome back to all of our students on Tuesday 9th June 2020. It has been great to see our wonderful students return to the school and their classrooms. It was a pleasure to greet the students at the front gate and witness the excitement and joy as they interacted with their peers, teachers and educational support staff. Our whole school environment has come alive again and I have enjoyed re-visiting classrooms. I am impressed with the way our students have transitioned back into their learning. Well done.

Survey Data during Remote Learning

 The Principal and leadership teams led the development for surveys for the 3 groups within the school community – students, staff and parents, to gain feedback on remote learning. The data was very positive and also had some specific areas for the school to work on.

Staggered Start and finish times

Due to a directive from DET, the school was required to develop a staggered schedule for Weeks 9 to 11 Term 2. No home group (HG) and a late start for Years 7 to 9 students at 9.20 AM with an early finish for Years 7 to 9 students at 2.45 PM. Senior school students that have a study Period 1 and/ or Period 4 can study from home.



Student Reports

- Due to remote learning, the student reports for Semester 1 2020 will be a simplified version. Student reports for Semester 1 2020 will include:
- O A description of the areas of the Victorian Curriculum F-10 taught
- O Comments regarding student learning achievement, based on the Victorian Curriculum F-10 for the subject areas taught
- O Comment on how the student has adjusted to the remote and flexible learning environment.
- Epping Secondary College will not be including teacher judgements and a five-point scale due to the unprecedented changes to our program due to COVID-19.
- The school will return to the full report in Semester 2 2020 and will include the teacher judgements and a five-point scale.

Assemblies

• The school has continued with assemblies since returning to on-site learning. Our assemblies look slightly different. This has been done by doing assemblies with small groups or meeting as a whole year level via our online tool using Webex. I wish to thank all of our students for being respectful and patient with this new process. I look forward to the day when we can start having whole sub-school assemblies.

Senior School Building Project





Framework complete and brickwork commencing. Our new purpose built free-standing senior learning centre is well under way to be ready for the start of 2021. The building has been designed with an open flexible learning floor plan that allows for better collaborative learning activities. The flexibility of opening doors/walls will alow for larger group gatherings and/or presentations to school and community. The collaborative area opens out to a deck which is orientated and connected to the other general learning areas of the school. This enables the space to be utilised for indoor/outdoor activities. The design will create a more inviting learning environment that is both accessible and in keeping with Epping's teaching and learning practices.

Mental Health Initiative

- One in seven Victorians aged 4-17 is estimated to have experienced a mental health issue. Research indicates that mental health concerns that present during school years frequently predict more serious, lifelong mental health issues that are diagnosed later in life – half of lifelong diagnosed mental health disorders start by age 14, and three quarters by age 25.
- The Victorian Government is committed to ensuring that young people have access to the health and wellbeing supports, advice and treatment they need to reach their full potential. The Mental Health Practitioner (MHP) initiative was announced by the Minister for Education in October 2018 to expand mental health and wellbeing support in Victorian government secondary schools. Under the MHP initiative, practitioners are one of a number of Health, Wellbeing and Inclusion Workforces (HWIW) that operate to support Victorian schools and student outcomes. The MHP initiative contributes to Victoria's education system by supporting students with mental health concerns that, if left untreated, could impact on their learning outcomes.
- Mental health practitioners in secondary schools Every Victorian Government secondary school campus will have a suitably qualified mental health practitioner by 2022. Allocation of mental health practitioners is based on student enrolments. Epping SC has been allocated a full-time MHP and will commence in Term 3 2020.
- Our mental health practitioners will work flexibly, based on the needs and priorities of Epping SC and our students. The role of our mental health practitioner includes:
- provision of direct counselling support to students and other early intervention services 0
- 0 coordination of supports for students with more complex needs
- contributing to whole-school approaches to health prevention and promotion 0

COVID-19 Return to School Update

- The College has been working with the school community to support students to return to their normal school routine. We have provided a safe space for students to raise their concerns and feelings.
- It has been confirmed that the General Achievement Test (GAT) will be held on Wednesday 9th September 2020 for all students completing a VCE Unit 3/4 subject. VCE examinations will commence on Monday 9th November and be completed by Wednesday 2nd December 2020. The Senior School Team have been working closely with teachers and students to make adjustments to various timelines.
- Extended and increased cleaning arrangements have been introduced at the school and will continue throughout Terms 2 and 3. We have 4 day cleaners who progressively clean throughout the school day to ensure that risks of transmission are reduced for high-touch services. Hand sanitisers are available in every classroom and office. Students and staff are expected to use correct hand hygiene practices every classroom. **Mark Quinlan**

Principal (Acting)



Peer Support Leaders



To the 7H group

To the Year 7s reading this message I truly hope you have had a good as possible guarantine and enjoy things that we take for granted more and more with the increasing freedom we are claiming back from this horrid virus.

Amy Hooper 10J



To the 7D group

I am excited to be returning back to school because I will be able to see all my friends and I will be able to see all my Year 7D students. Stay positive everyone.

Kaitlyn Stavrevski 10J



To the 7B group

I have slowly become comfortable with remote learning by being resilient and by having to persevere. I have really missed the social aspect from school, I miss all my mates and seeing all my teachers physically. Even though I do not like remote learning, I still found a way to go on! Can't wait to see you all 7B.

Matthew Fitzgerald 10G



To the 7A group

Remote Learning was hard for me but with perseverance and the help of my family and friends it is not as hard as it used to be. Hope you guys can persevere and adapt to this new way of learning.

Jake Lu 10H



To the 7D group

My experience on remote learning for the past 3 months has been a lot different than going to school because I had to log onto Teams and do video calls with teachers and class mates. I tried not to get distracted but I did some times. I am very excited to go back to school because I will be able to see my friends and be there to help you guys with work.

Oakly Smith 10M



Hev 7H.

Hope you have all been well and keeping safe during this time. It has been tough for everyone and we have had to make lots of adjustments. I can't wait to see you all soon. Looking forward to hopefully having more activities together.

Raneen Moustapha 10D

Hi 7E.

Hope you are all safe and well. I hope you are doing ok under the current circumstances and have adapted well to online learning. Online learning will soon be over and we will be able to go back to normal. Looking forward to seeing you all back at school soon.

Bianca Tenace 10C



Hey year 7s,

I hope you are all good and have adapted to online learning. Personally I don't mind working from home but it did take some time to get used to with all the distractions around me. I hope to see you all back at school soon. Stay safe!

Shae Farquer 10E

To Their Year 7 Buddies



Dear 7E.

This remote learning experience has been hard at some point for all of us however, it's almost over! I cannot wait to go back to school as I'm sure you guys are also dying to see your friends. It's okay to feel overwhelmed and uncertain but remember to reach out to teachers, us (your peer support leaders) and your friends. See you soon!!

Lavanya Sharma 10C



Hi 7G,

I hope you are all doing well in this tough time of remote learning but just remember to stay positive during this time and focus on the good things that are happening.

Bella Fitzgerald 10D



Hey year 7's,

This global pandemic hasn't really helped out with your first year of high school but I'm so impressed with how you have all coped. Keep up the amazing work .

Aaron Paul 10J

Hi 7C,

When remote learning was announced, we all seemed a little sceptical about it. It turned out to be a much more pleasing way of learning as it was peaceful for me. It was challenging at the start but I feel as if we have all learned heaps from remote learning. I hope to see you all soon 7C.

Adam Velardi 10D



Hi 7G.

I hope isolation is treating you well, I know it's hard to keep motivated but keep thinking about the positives. This isolation will be over soon and we can get back together to play BANG!! Stay safe guys xx

Tvlah Folan 10E

Hey 7A,



The past few months have been very different to what we are used to but in the words of Billie Ocean, "When the going gets tough the tough gets going." Although it will take some time to really feel normal after this, we will get there together. You just need to remember to stay strong and hopeful that this will be over sooner or later.

Jessie Miller 10D



Hi year 7's!

I hope you are all doing well during these weird times. We will get through this together!

Susan Arifoska 10E

Dear 7F.

Thank you for being an amazing class to work with. I know it's not the ideal situation to be in, especially as this is your first year of high school but I am sure you have been pushing through the online world. There's not long left, Keep it up!! Cailtyn Stella 10C



To the 7A group

I know we are going through a tough time right now, but do not fret. Take this time to relax and unwind. You have friends, family and us supporting you along this journey. If you are ever going out of the house, please be careful and safe. Thank you :)

Harshitha Chandra Kumar 10A



Department of Education and Training

2 Treasury Place East Melbourne Victoria 3002 Telephone: 03 9637 2000 DX210083

Learning for life

Dear parents and carers,

Term 2 in 2020 has been like no other school term in Victoria's history, and so I am writing to thank you for your support.

As you know, this week Grade 3 to Year 10 students joined Prep to Grade 2, VCE and specialist school students in face to face learning. It is great to see our school communities come together again.

In responding to the coronavirus (COVID-19) pandemic over the past few months, the Department of Education and Training has asked a lot of our teachers and schools, and we have also required your support as parents and carers.

I want to acknowledge the extraordinary effort you have all made in working in partnership with your teachers and schools to support your children while they have been learning from home.

When I wrote to you a few months ago as we transitioned to remote and flexible learning, I acknowledged that it would be a challenging time for everyone, but that it was important to work closely together to provide the best possible support for students.

Many of you have since told me that there have been difficult, rewarding and challenging experiences during this unique and uncertain time that we have been through together. I thank you for your support, commitment, patience and perseverance.

But despite difficulties, I've been impressed to hear inspiring stories of education innovation. The innovative and creative approaches adopted during remote and flexible learning have been outstanding, and many schools will bring new approaches with them to on-site schooling.

Many school communities have forged even stronger relationships and partnerships — with families and teachers gaining a greater mutual appreciation of their shared contributions to school education.

Our schools now have a range of precautionary measures to protect the health and safety of your children, your family, teachers and staff, and your local community.

I hope these measures, along with the knowledge that the Victorian Chief Health Officer and Victorian Government have approached the return to on-site schooling with the utmost precaution and careful planning, have helped ease any anxiety about the return to on-site schooling.

The changes at your school are consistent with health advice, including enhanced cleaning in schools and frequent handwashing. Your school has also asked you to practice physical distancing during drop-off and pick-up times.

Your children may be feeling anxious about returning to school. Reassure your child that it's safe for them to go back to school and reinforce what they've been practicing at home around hand hygiene and coughing and sneezing. Reassure them that extensive cleaning is being carried out in schools and public transport to keep them safe.

Please remember the health advice: if you or your child is unwell, please stay at home. This is vital to ensuring the effective management of the pandemic.

Information about how to speak to your child about coronavirus (COVID-19) can be found here: https://www.education.vic.gov.au/parents/Pages/talkingtoyourchildaboutcoronavirus.aspx

Visit the Department's website for the latest information about coronavirus (COVID-19) at: https://www.education.vic.gov.au/about/department/Pages/coronavirus.aspx

Thank you once again for working with your schools to support your children while they were learning at home and for your patience during the staged return to on-site schooling.

Yours sincerely,

Jenny Atta Secretary Department of Education and Training

Epping Secondary College



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9 June 2020

Epping Secondary College Staff McDonalds Road Epping VIC 3076

Dear Epping Secondary College Staff,

Term 2 in 2020 has been like no other school term in Victoria's history. On Behalf of School Council, we want to acknowledge the extraordinary effort you have all made to continue delivering high-quality education for students through the transition to, and delivery of, remote and flexible learning.

We wish to offer our sincere thanks and appreciation for all the efforts and outstanding work with remote learning. This was an extraordinary time for the school community. As a whole staff, you were required to develop new ways of working with our students and families in a very short timeline. The many innovative and creative approaches adopted by the Epping staff during remote and flexible learning has been outstanding. This enabled our students to continue their learning at home using the various platforms. Your communication and ongoing support of all students with their learning was invaluable and demonstrated a real commitment during this remote learning period.

Thank you again for the work that you are doing and continue to do.

Yours Sincerely,

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Stuart Lord School Council President

Epping Secondary College

Learníng for lífe

It's been a crazy year so far, so why not tell a crazy story?

PRINCIPAL'S WRITING CHALLENGE 2020

> The 2020 Principal's Writing Challenge is now open and EVERYONE can enter! The application forms can be obtained from the front office and entries must be submitted by the 23/10/2020

> Students can submit creative pieces that they have written as part of their English work or develop new pieces of writing specifically for the challenge. Students can choose from a variety of writing modes including: short story, poetry, drama script, graphic novel, comic or speech.

First Prize winners at each year level receive \$100 Second Prize \$75.00 Third Prize \$50.00

Students may also receive a special commendation award of \$25.00

Stay tuned for creative writing workshops in the library



Ric Gill-Atkinson English Leader



Isolation

I'm in isolation With no play station Scared like all people Me just sitting here with a thread and needle We all agree that quarantine is boring Sleeping in and badly snoring Snip, snip you're cutting your hair Leaving the house for some air Make sure you have persistence And maintain your social distance The pollution is declining And people are smiling



By Addyson Romari-Rowan 8D

My Poem about Corona

Corona, Corona, Corona It started in China We now have to stay home No schools are open No kids at schools, no teachers Cinemas are closed No movies to see Work has been lost Money has disappeared Family is split, family can't visit We stand apart In case we cough Spit and splutter cause corona Is here and changed our lives.



By Olivia Winley 8D

Isolation

There was once a time, when people could rejoice, They could have fun and could go to a place of their choice.

However, this isolation is necessary to save people's lives, For people to save their grandfathers and their wives. Oh how great going outside would be,

But it could be a risk, for no more grandparents to see! How great it would be to go to the park and kick a footy, Or go outside to a restaurant and eat a real goodie. A lot of sporting events have sadly been delayed, No sport to be watched or to be played. Please coronavirus, please go away,

Please don't come back again any other day!



By Nathan Rumbelow 8D

Isolation

You get piled with work, but you still do the odd fun quiz My mum gives me good treats And you still get to listen to them sick beats It is a good thing the government wanted us at home Because you never know, you might turn into one of their own

The world has changed and life we have to rearrange But hopefully with the coronavirus we can all change Everyone in shops will stay 5 metres away from anyone But we know how this will be done Just stay in your homes and stay safe We know how to do this, we just behave.

By Jack Fryer 8D

Epping Secondary College is a diverse, multicultural school and we pride ourselves on promoting and teaching for equality, fairness and justice for all. We are very proud of our students who work respectfully towards adopting and enforcing these social principles to try their best to grow in to caring, kind and concerned global citizens.

As such, our curriculum often covers social and topical issues as this is useful and valuable 'hook' to engage students in their learning. This follows the long held principle that young people are more likely to learn more enthusiastically if they have or take an interest in the issue/topic. Of course, this can't always be the motivator as there are skills and bodies of knowledge that students must learn. In English/EAL, the compulsory subject for all students, 'Presenting a point of view' about an issue is a requirement at every Year Level and especially important as a SAC at Year 11 and Year 12. The following is an example from a Year 11 student expressing a point of view on a current topical issue and employing the skills of persuasive writing.

BLACK LIVES MATTER

My full name is Winifrid Ingabire but most people call me Winnie. I am a 16-year-old young black female, living in Australia and attending Epping Secondary College as a year 11 student.

I want to talk to you about a constant issue that is very close to my heart, an issue that many of you have seen tearing America and the rest of the world apart. This issue is more relevant to us in Australia than you may think. This issue is not one we like to talk about but it affects all black people around the world.

Black people have been victims of oppression by white people for generations and generations. As a young black female, it upsets me to see that even in 2020, racism is still an enormous problem and some still hold racist beliefs against black people. You may be reading this thinking "but Winnie this is only an American issue, it has nothing to do with Australia", and to that I say this issue affects Australia too. Since 1991, 432 Indigenous people (and possibly more) have died in police custody. Now I'm not saying that all white people are racists or that all white police are murderers but due to the innocent lives of black men and women that have been taken, there is an issue here. As a black community, we have lost many brothers and sisters to the injustices of the law and I will not be silent about this anymore and neither should you.

As many of you know, on 25th May 2020, George Floyd, who was a 46-year-old African American man, was murdered in Minneapolis by a white police officer named Derek Chauvin. If you look up Geroge Floyd's death on Google, you will find it says "incident", when in fact his death was a cold-blooded murder in broad daylight. Floyd was accused of forgery, I repeat ACCUSED and during his arrest, he was murdered. Floyd's death was caused by Officer Chauvin kneeling on Floyd's neck for over 8 long-agonising minutes blocking his airways.

Three other police officers stood and watched Floyd call for his mother, who had died 2 years ago. Floyd was already face-down on the ground, hands cuffed behind his back, suffocating, as he said over and over "I can't breathe" and "I am going to die". I am disgusted with the criminal justice system of America, the police need to take accountability for the deaths that they have caused and they need to be prosecuted. We need to stand together united and say enough is enough.

On Friday 29th May, the Hennepin County district attorney's office announced that Chauvin was arrested. None of the other three officers involved has been charged or taken into custody. Hennepin County Prosecutor Mike Freeman said Mr Chauvin was charged with third-degree murder and second-degree manslaughter. He also said he "anticipates charges" for the three other officers but would not offer more details. On Wednesday the 3rd of June, former Officer Chauvin was charged with a more serious count of second-degree murder. The other three officers, Thomas Lane and J. Alexander Kueng, and Tou Thao who helped restrain Floyd, were arrested and charged. Lane, 37, Kueng, 26, and Thao, 34, are now charged with aiding and abetting second-degree murder and aiding and abetting second-degree manslaughter.

George Floyd is not the only one to be lost. We have lost many more and still innocent black people die at the hands of those meant to uphold justice and the law. During this time of need, we have looked to our leaders and asked for their help and support but instead, they turn away and call us thugs for raising an issue that continues to grow. Even the President of the United States has refused to condemn police brutality, instead inflaming the country with his threats of more violence against his people. The issue of innocent black people dying has gone on long enough. There are countless stories of these tragic deaths and I will name a few. Jamarion Robinson, was shot 95 times by U.S Marshalls, with 76 bullets entering his body. He was then dragged down the stairs in handcuffs and thrown on the living floor of his girlfriend's apartment, where he was left to die for over 8 hours with no medical help. Ahmaud Arbery, who was unarmed and jogging though Brunswick, Georgia, was shot by a former police officer and his son 3 times and died at the scene. Breonna Taylor, who was a certified EMT, was shot dead by plain-clothed police officers as she opened the door in the early hours of March 13, 2020. Trayvon Martin, was only 17 years old when he was shot dead by police officer Zimmerman, during a physical fight. Lastly, the death of 12-year-old Tamir Rice who was shot by Timothy Loehmann, a 26-year-old police officer. Rice was carrying a replica toy Airsoft gun and was shot by Loehmann almost immediately after arriving on the scene. All of these people were sons, daughters, mothers, fathers, brothers, sisters. They were loved. They are not numbers but are human beings who died when they opened a door or forgetting their wallets as identification but we know the real reason they died. They died because they were black. They died because of the colour of their skin. Which makes me, a young black girl think "Am I next?", "Am I even safe to leave my house?" and "Will I make it home tonight?"

There are many protests in American now, many of you would have seen the riots in Minneapolis and around the world and maybe thinking of ways to help. Change.org has a petition that over 16 million people have signed. This petition was created to gain justice for George Floyd. If you would like to support the petition here it is: https://www.change.org/p/mayor-jacob-frey-justice-for-george-floyd

The riots and protests are a reaction to the acts of racism that have occurred against innocent black people and then tragically ended in death for many of them. What the police and media don't tell you is that the protests were peaceful until the police started shooting rubber bullets and tear gas at protesters. People are angry and they are coming together to raise their voices for the loss of those murdered and for those who will not see their families and loved ones again. These protests are to create a brighter and safer future for black people living in America and throughout the world.

I hope you as readers are now aware of why this topic is such a big issue. I also hope you will take the time to reflect on the brutal murder of George Floyd, one of hundreds of innocent black lives lost to police brutality and injustice and are able to understand why the black community is upset, angry and grieving. I am also hoping that you have learned something and will support the protests to point out the need for justice and that the police should be accountable for their actions and for the loss of our innocent black brothers and sister. In these dark times, it is important that we all remind ourselves of our humanity and come together as united allies, to fight injustice and racism that continues to exist even in 2020. Thank you for taking the time to read this. I want to leave you all with one final message: **#BLACKLIVESMATTER**.



Winnie Ingabire



"Epping Secondary College prides itself on being an inclusive school which values relationships built on respect and responsibility. Please note that this article expresses the views of a student and we would remind readers to be respectful regarding the opinions expressed in this article and this issue. If this article raises any issues or concerns for anyone in the school community, please do not hesitate to get in touch with our wellbeing team on 9401 2599 or at <u>epping.sc@education.vic.gov.au</u>"



Positive Education & Remote Learning in 2020



You did it!!!

Congratulations to our awesome students for surviving remote learning. The incredible level of responsibility that you have shown during remote learning is worth celebrating and harnessing.

We know it wasn't always easy and there were some obstacles and challenges along the way – but we are very proud of the way you faced these challenges and continued your learning from home.

And a shout out to parents/carers/guardians & teachers ...

You have all been amazing!

The goal of Positive Education in schools is to foster positive emotions and relationships in order to strengthen our students' overall wellbeing and outcomes. In Positive Education, our school works within the curriculum to teach skills and harness character strengths to improve student wellbeing and foster flourishing learners.

Growth mindset is at the heart of all learning at Epping; it is an essential key for success in all areas of students' lives.

At Epping we encourage students to be EPIC learners who:

- Engage
- Positively
- Investigate &
- Create

One of the most positive aspects of Remote Learning has been the amazing ways in which students used a growth mindset to tackle and to overcome, the challenges of RL and become EPIC learners:

They worked independently. They were flexible. They were resilient. They were creative. They were organised.



Student Voice & Agency

At Epping we aim to provide a range of platforms for students to feel engaged with their school community and the wider community beyond school, to have a voice and feel empowered to express their views as critical, creative and ethical thinkers, to feel supported in planning for the future, to develop social and personal skills to help them flourish in life and to understand that they have strength and power to create their own narratives & success.

At Epping we have always supported and championed student voice and engagement with social justice issues. When the shocking massacre of Muslims occurred in Christchurch our school held a minute of silence and prayers were read out in Arabic. When the Orlando mass shooting happened in 2016, we also had a minute of silence. As a school community we have always encouraged our students to share their feelings, their views and their understanding of issues that are important to them and the issues which can make them feel anxious or apprehensive about the future; student voice and agency is closely related to students responding to the world around them and feeling they have a role in making their school and the world a better place.

I would like to celebrate our student voice in action by congratulating Winnie Ingabire on the outstanding piece of writing she created in response to the Black Lives Matter movement sweeping the world currently. As a multi-ethnic school we are committed to school values of fairness and respect and promote a school culture of tolerance, diversity and equality. Winnie's opinion piece is not only eloquent and articulate, it is a powerful and inspiring expression of student voice in response to the devastating impact of racism on black lives. I am grateful that at Epping we support students who engage in ethical and critical thinking and I am proud of Winnie's courageous and ethical stance on this issue. So congratulations to Winnie for showing us what student voice looks like at Epping!

I will be creating a Positive education website over the coming weeks and establishing a forum for student voice and agency – so WATCH THIS SPACE. We aim to continue to develop Epping's commitment to the PERMAH model for student well-being, focusing on students' sense of connectedness, building positive relationships and encouraging meaningful engagement and interaction with the world around them.



Colleen Hart Positive Education Coordinator



We Survived Remote



The usual bustle of loud school courtyards, hallways and classrooms fell eerily silent in term 2, 2020. Everyone was at home Remote-Learning/Teaching. While fears of the COVID-19 Pandemic dominated the daily news, a few brave souls kept learning onsite. Classroom M3 in Middle Unit became the home to a group of eight junior students and their supervising teacher.

Our days grew into opportunities, opportunities grew into routine and routine grew into a balance of work, rest and play! We were never alone. We had other teachers and teachers who came in to say hello, lend a hand and do one-on-one sessions.

Leila Maddela Casual Relief Teacher

OUR WEEKLY SCHEDULE

Monday's – Mini Incursion Tuesday's - Tech Tuesday Wednesday's – Whiteboard Wednesday Thursday's – Fun Food Thursday Friday's – Mish Mash Friday

We had fun!!

Umar Alkhatib 7C, Indiana Grech 7D, Bailey Sant 7F, Kasandar Trajcev 7H, Aaron Cornwall 8B, Hunter Johns 8G, Dominik Grech 8D, Mariah Moore 8G.















Aaron Cornwall 8B, Indiana Grech 7D, Mrs. Leila Maddela with Antonio Panozzo 'Tony'.

Mini Incursion Mondays- We visited the lively Tony in the '**Hands on Learning'** area. He is so passionate about allowing students to feel welcome in this area, where they are encouraged to build communication skills, cultivate responsibility and develop new skills in the Woodwork area and beyond. We loved hammering, denailing and the chance to use a sledgehammer to break some big rocks!

t School Learning



Mrs. Maddela enjoying an eerily yet relaxing lunch in an empty shade sail area.



Mindfulness colouring breaks were essential to step away from the many hours on the laptop and to immerse themselves with 'being in the moment', taking a healthy break.



Having students all day, every day opened my eyes to making sure their wellbeing was nurtured. We had a chance to get to know each other and we focused on 'Wellbeing' and doing daily check-ins.

Yes, disasters may appear to be bad but as people, we can learn. I learned a valuable skill of resilience, so pandemics are not all bad. Bad times help me to still see the good in things. I feel grateful for the good in my life. There's a good side to everything. **Aaron Cornwall 8B**



Mrs. Maddela and her pink boxing gloves made an appearance on the last day together. 'Remember to stand firm and stay strong!' We've got this.



Fun Food Thursdays- Always a popular day! Lots of microwave popcorn/chips and 2 minute noodles. Great opportunity to eat and enjoy each other's company.





Daily exercise walking around the school oval.



Bailey Sant 7F with her gift and laminated coloured artwork showing a love of horse -riding and the army.



students who showed up, did their best, shared their joys and challenges and "survived remote learning with Mrs. Maddela."

Year 9 Community Crafts Project we're all in this together



(Left - Right) Jack Nguyen 9B, Zahra Albadran 9E, Medhat Matar 9F, Andreas Tsementzis 9F, Chiara Assaf 9C.

Remote learning was difficult for some students who found they were unable to do their Community Craft Project. The 2020 COVID-19 pandemic affected everyone in so many different ways. However, these students took on the challenge when they got back to school, to create a positive message to share with their Epping Secondary College community. Each student took responsibility for one word. It was symbolic when they put all their efforts together. It created a whole idea, a sentence of courage and strength. A statement!

"We're all in this together."



Leila Maddela Casual Relief Teacher

Macedonian Dialogue 'Profession'

Професии – Дијалог

Александра: Каде работиш и што правиш секојдневно на работа? Марјан: Јас работам во компанијата Дајсон и сум советник за здравство и безбедност. Александра: Кое е твојето секојдневно работно време? Марјан: Почнувам во 9 наутро и завршувам во 5:30 попладне. Александра: Зошто ти се допаѓа на твојата работа? Марјан: На оваа позиција, можам да направам разлика во секојдневните здравствени и безбедносни предизвици со кои се соочуваат вработените. Александра: Како го организираш твоето време на работа? Марјан: Јас користам календар за да ја планирам дневната работа однапред. Александра: Што мислиш дека е твојата најголема сила кога работиш? Марјан: Моите најголеми предности на работа се создавање врски со колегите, добри комуникациски

Profession Dialogue Interview with my Mum

вештини и стрпеливост.

Сиенна: Што правите како професија? Моника (Мајка): Јас сум продажен асистент во продавница за накит. Сиенна: Што најмногу ви се допаѓа вашата работа? Моника (Мајка): Ми се допаѓа да им помагам на луѓето да го купат вистинското парче накит што им е потребно. Ме прави да се чувствувам среќен. Сиенна: Кои се вашите главни одговорности како асистент во продажба? Моника (Мајка): Мојата главна одговорност е да им продавам накит и часовници на клиентите. Сиенна: Како се заинтересиравте за оваа работа? Моника (Мајка): Само сакав локална работа со скратено работно време. Сиенна: Колку долго работевте на оваа работа? Моника (Мајка): Јас сум на моја работа веќе шест години.



Сиена Петковска Sienna Petkovska 8F

Профессии - Дијалог

ЏејмсА: Мајка, која е твојата работа?
Мама: Јас сум фризер и имам сопствен бизнис наречен "Хартистичко студио"
Џејмс А: Каде се наоѓа вашата продавница?
Мајка: Мојот фризерски салон се наоѓа на Мекдоналдс Роуд Епинг во трговскиот ентар. Гринбрук
Џејмс А: Колку долго работите фризер?
Мајка: Јас работам како фризер веќе 25 години
Џејмс А: Како знаевте дека сакате да бидете фризер?
Мајка: Кога бев млада девојка, ја гледав мојата тетка како работа во нејзиниот салон и сакав да гледам колку е креативна кога им ги прави косите на своите клиенти, а исто така го сакав и социјалниот аспект на работата.

Џејмс Алексовски James Aleksovski 8H

Александра Милошески Aleksandra Miloseski 8F



Wellbeing Report

Welcome Back to Epping Secondary College

Our community has experienced a new way of life over the past few months and we are still transitioning "back to normal". I have observed and spoken to many students as they have returned to school. It was rewarding to meet and greet students as they walked through the gates last week. Many students felt "just happy" to return whilst some felt overwhelmed. The Wellbeing and Engagement team has put strategies in to place to support students to transition back to school.

Clinical Psychologist Andrew Fuller has an excellent article that mentions seven things for a smooth transition back to school based learning. The article mentions the cycle of trial, turbulence and transition. In summary, there is I information on seven things to consider:

- 1. Sleep cycle
- 2. Catching up with people
- 3. Taking care of each other
- 4. Re-start
- 5. Plan for success
- 6. Don't over-do things, "less is more"
- **7**. Check on how things are going after a few weeks

For more information, follow the link:

https://theparentswebsite.com.au/andrew-fuller-seven-things-for-a-smooth-transition-back-to-school-basedlearning/

Please contact Assistant Principals, Year Level Coordinators or Wellbeing staff if you need support for your child.

Positive Parenting Program

Families can now access free expert parenting advice through the online Triple P – Positive Parenting Program.

The program is relevant to families with children between 2 and 16 years and provides strategies to deal with specific challenges, such as building children's resilience and dealing with conflict.

There are courses specifically for parents of toddlers to tweens, and for parents of pre-teens to teens. It gives parents strategies to:

- raise happy, confident kids •
- manage misbehaviour so everyone in the family enjoys life more •
- set rules and routines that everyone respects and follows •
- encourage positive behaviour •
- take care of themselves as a parent •
- feel confident they're doing the right thing.

Sign up to the Triple P program via their website.

Leanne Halsall Student Wellbeing Coordinator



YEAR 8 SCIENCE Rock Cycle

Hello everyone,

We started remote learning on 15th April because of the coronavirus pandemic. The government made the right decision by making us stay at home. In my opinion, I feel staying at home was fun because you were able to spend a lot of time with your family and it benefits your health by reducing the chances of getting the symptoms of the virus.

For Science, we started the topic about rocks at school. We couldn't do the experiment at school to finish off this topic so Mr. Rifo sent us clear instructions on how to do the Starburst Rock Cycle Activity and here are some of the findings:

⇒ We used Starburst chew lollies to represent the three types of rock (sedimentary rock, metamorphic rock and igneous rock)







⇒ We had to use aluminium foil and a hot plate to create the igneous rock.
 We were very careful when we had to use the aluminium foil on the hot plate.
 ⇒ Heavy books were used to apply pressure to create the metamorphic rock.

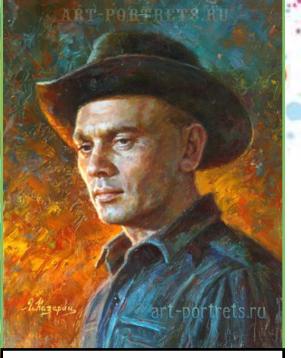
It was a lot of fun and we rarely get to eat our experiment. From this experience, I realised that remote learning can be just as fun as studying in a class room environment. Perhaps we can have a bit of both in the future. We take this opportunity to thank our teachers for guiding us throughout this remote learning process and we look forward to seeing them in person when school reopens.

Thank you.



Zaara ANWAR SUBHAN 08C

Art of Isolation Paintings of famous people



Oil on canvas by Igor Kazarin



Ahmad Ahmad 8C



Recreation of a Lady with an Ermine



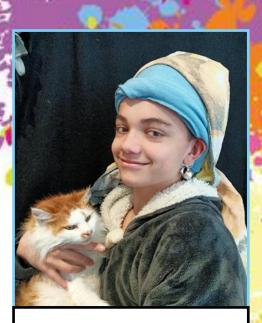
Chloe Sands 8A



The Girl with a Pearl Earing by Johannes Vermeer 1665



Portrait of a Man in a Red Turban Jan van Eyck 1433



Flynn Spenser 8C

Hamoudy Hajar 9E



The Dream



Julia Calcagno 8E

Art of Isolation Paintings of famous people



A King Charles Spaniel Edouard Manet 1866



A Shmoodle Julia Di Mauro 2020

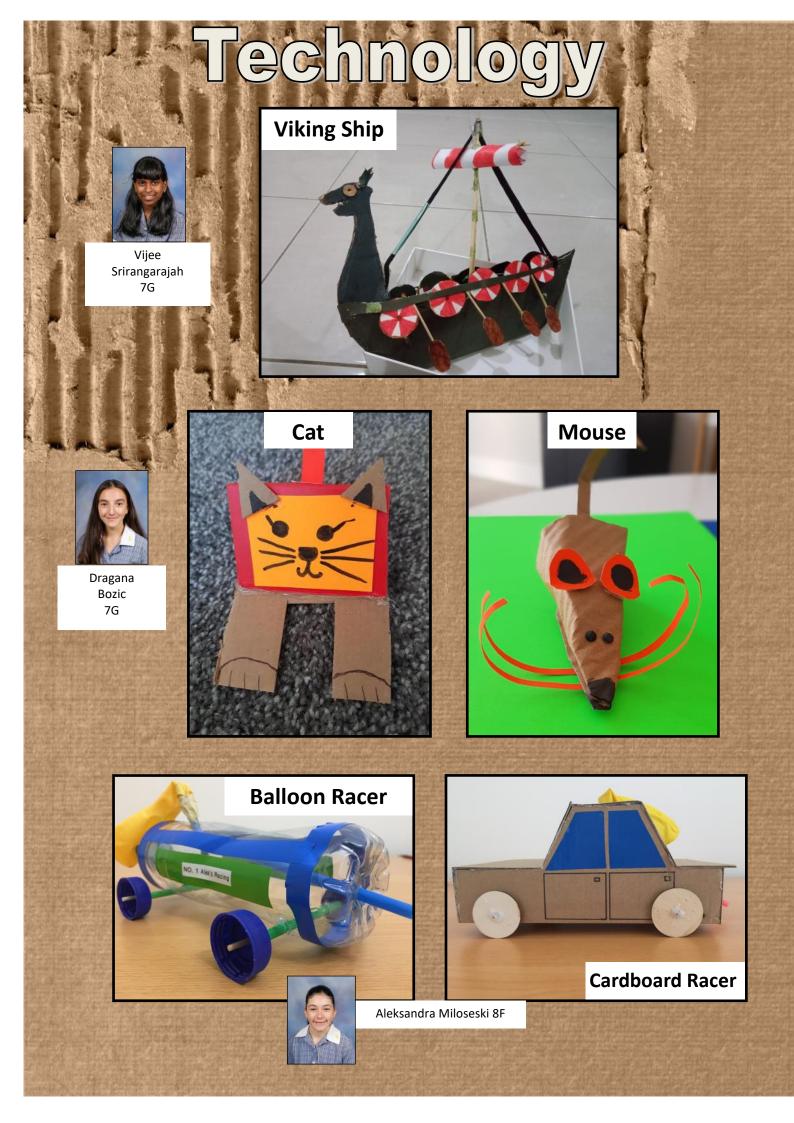


Batul Ibrahim 9C



White Vase with Flowers Odilon Redon 1916





Cardboard Challenge









Nusaibah Rana 9A



I went to buy some camouflage pants the other day, but I couldn't find any...

Did you hear about the restaurant on the moon? Great food, no atmosphere!

What do you call a fish with two knees? A two-knee fish!

What did the mummy ghost say to the baby ghost? 'Don't spook until your spooken to!'

Did you hear about the superhero with a lisp that always worked out? He's Thor.

Why do melons have weddings?

Because they cantaloupe!

Somebody stole my mood ring...I don't know how I feel about it.

My grandfather has a heart of a lion.....and a life time ban at the zoo.

I tried to catch the fog yesterday. I 'Mist'

Why are dogs like trees? Because they can bark.

Epping Secondary College

Learning for life



What did the police officer say to his belly-button? You're under a vest.

What do you call it when a group of apes start a company? Monkey business.

My wife asked me to stop singing 'Wonderwall' to her. I said maybe.

Q: Where do Astronauts like to hang out? A: At the spacebar LOLOLOLOLOL

America and Russia were arguing about who has the better astronauts. I said Australia does. They asked me why and I said, 'We're sending our astronauts to the sun'. They said, 'That's impossible'. So I said, 'We're going at night'.

Did you know the first French fries weren't actually cooked in France? They were cooked in Greece.

If a child refuses to sleep during nap time, are they guilty of resisting a rest?

Did you know that some crocodiles can grow up to 16 feet? But most only have four.

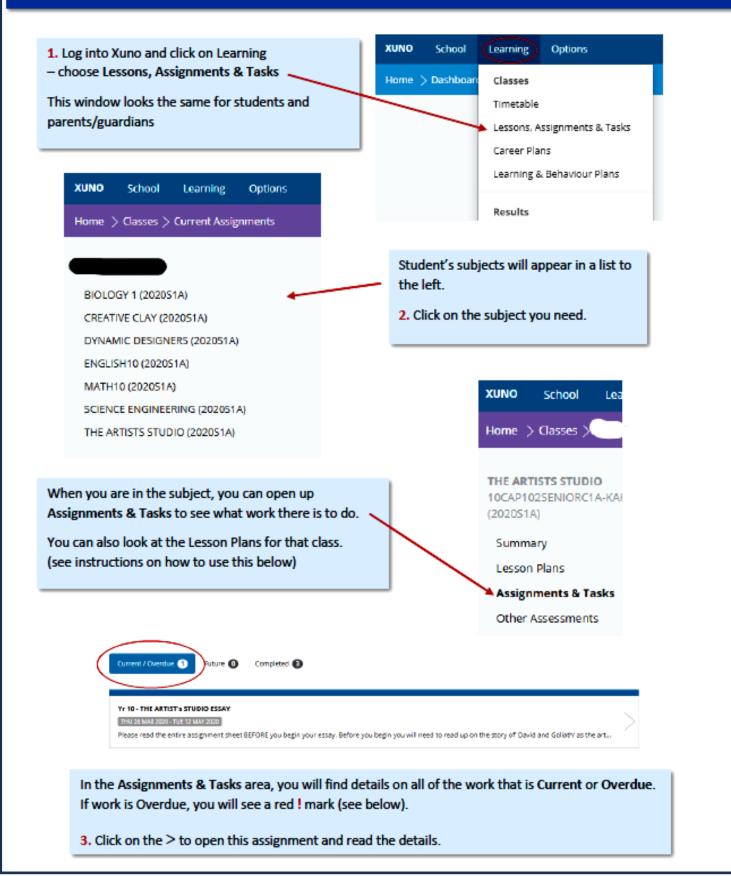
Where do dogs park? In a car bark.

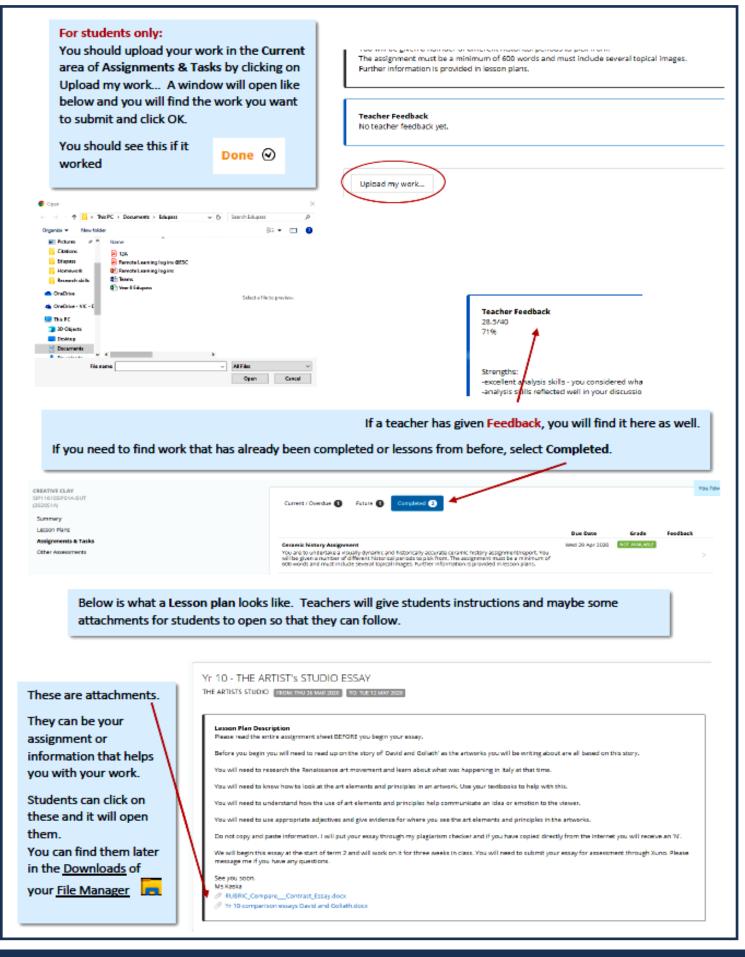
Why was the little Egyptian boy confused? Because his daddy was a mummy!

Learning for life

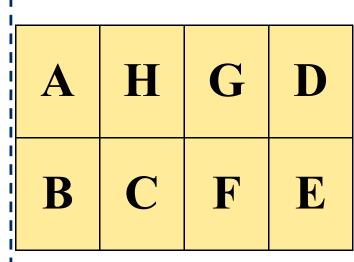
Epping Secondary College

XUNO – how to find lessons and submit work





June 2020 Folding Fun Activity



I assure you this can be done! Take an A4 piece of paper and fold it half 3 times to make 8 rectangles. Then unfold it and label the rectangles as in the diagram to the left:



G

F

B

 \square

Now fold the paper up again BUT in such a way that it has <u>ALL the letters in</u> <u>alphabetical order</u>. It does NOT matter if the letters are upside down or back to front just as long as A is followed by B, followed by C, followed by... well you get the idea. The "A" must be facing out and right way up but this does not matter for all the other letters.

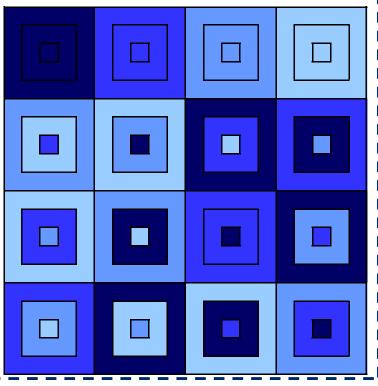
It's just like a stack of cards with A on top and H at the bottom.

Last week's solution

E

If you can do that then try this:

Last newsletter was about Greco-Latin Squares. Here is one solution in shades of blue. There are NO repeated patterns and every column and every row has exactly one of each shade of blue for every size of square. You can switch any row with another or any column with another and it is still correct.



Chris Hill Maths Learning Specialist

Epping Secondary College

Learning for life

Have your say on the Future Directions Paper for Epping Central







Are you between the age of 15-24 years? We want to hear your stories, experiences and views on gender and help you tell them through film. The workshop includes: 2 sessions of discussion on gender and the basics of filmmaking, followed by 3 filmmaking sessions and 1 film editing session. You will be awarded a certificate upon completion.

Interested? Register at dpvgenrespect2.eventbrite.com.au

Where

The workshops will be delivered virtually, via Microsoft Teams. Links to access the workshops will be sent via email.

When

Gender Equity and Basics of Filmmalang - Tuesday 30^a June 2020

130cm - 300cm

Film Workshops - Thursday 2* July 2020

- Tuesday 7* July 2020
- Wadnesday 8⁺ July 2020
 Wadnesday 8⁺ July 2020
- 130pm 230pm
- For funker information, send us an e-mail at populationheakh@dpvhaakh.org.auj

tay 1° July 2020

Film Editing Sessions

- Thursday 23* July 2020 4:00pm - 6:00pm



